



What is Portage County Health District doing to help you **Fight the Bite Day and Night?**

Portage County Health District traps mosquitos to test if they are carrying mosquito-borne diseases such as the *Culex Pipens* mosquito which transmits West Nile Virus, *Aedes triseriatus* mosquito which transmits the La Crosse virus and the *Aedes aegypti* and *Aedes albopictus* which can transmit the Zika virus.

During the summer, seasonal workers will:

- Conduct Adult mosquito surveillance
- Conduct Larval mosquito surveillance
- Respond to and investigate mosquito complaints
- Provide educational materials to help homeowners protect themselves from mosquito bites and to decrease mosquito breeding sites around their homes.

For More Info Visit:

-  www.odh.ohio.gov/mosquitoes
-  www.cdc.gov/zika/prevention/prevent-mosquito-bites.html
-  www.columbus.gov/mosquito-program/
-  www.thoughtco.com/fascinating-facts-about-mosquitoes-1968300



Portage County Health District
705 Oakwood Street
2nd Floor
Ravenna, Ohio 44266
(330) 296-9919

Fight the BITE! Day & Night

Not all mosquitoes are the same. Different mosquitoes spread different viruses and bite at different times of the day.



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The 4D's of Mosquito Protection



DRESS

Wear protective clothes.

Wear loose fitting, long sleeved shirts and pants.



DEFEND

Use insect repellent. It works!

Use mosquito repellent registered by the EPA.



DUSK & DAWN

Mosquitoes bite day and night.

Dusk & dawn are peak times for mosquitoes to come out.

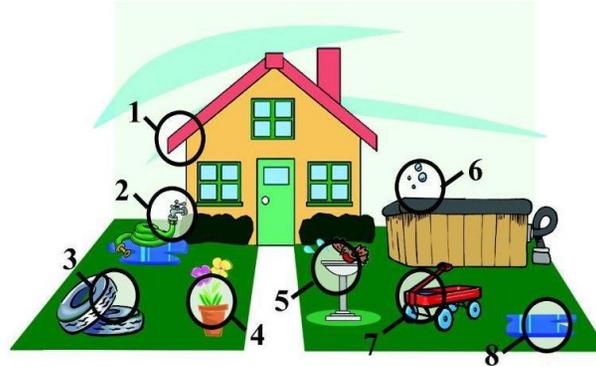


DRAIN

Mosquito-proof your home.

Drain standing water around your house.

Eliminate Mosquito Breeding Sites Where You Live



1. Keep gutters clean
2. Repair leaky faucets
3. Eliminate standing water
4. Drain excess water from plant pots
5. Change bird baths twice a week
6. Maintain pools and spas
7. Turn toys upside down to prevent water from collecting inside
8. Avoid overwatering your lawn

Diseases you can get from mosquitoes in Ohio:

- West Nile virus (WNV)
- St. Louis encephalitis (SLE)
- La Crosse encephalitis (LAC)
- Eastern equine encephalitis (EEE)

What Are the Symptoms of Mosquito-Borne Viruses?

- Most people infected with mosquito-borne viruses show no symptoms.
- Some people infected with a mosquito-borne virus have a mild fever, headache and muscle aches that will last up to a week.
- A small number of infected people require hospitalization. These people may have body aches, fever, confusion, weakness, stiff neck, tremors, convulsions and may die.
- People with existing health problems who become infected with a mosquito-borne disease are at increased risk for severe illness.