

Portage County Community Health Improvement Plan 2018-2019 Annual Report



This report provides an annual update on the progress made in Year 3 of implementing the strategies of the 2016-2019 Portage County Community Health Improvement Plan (CHIP). The collective responsibility for improving the health of the people of Portage County is shared by all community partners. We would like to offer specific recognition and appreciation for the commitment of the 128 Community Health Improvement Partners listed on the following page in initially developing the 2016-2017 CHIP and in implementing it throughout the three years. The accomplishments, challenges, and lessons learned will continue to inform the development of the next 3-year plan to follow, in addressing the changing health needs of the Portage County Communities.

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Executive Summary




The 2016-2019 Portage County Community Health Improvement Plan (CHIP) detailed the goals and objectives for the community's health improvement priorities, outlining a plan of action through 2019. The CHIP was developed in partnership with the community to respond to the health priorities identified by the 2016 Community Health Assessment (CHA). This report provides a detailed synopsis of the progress (accomplishments and barriers encountered) throughout the full third year of implementation, as well as resultant revisions to the plan moving forward. The success outlined herein are encouraging and warrant pride in and among our community and partners. Likewise, the barriers encountered, and lessons learned will guide us in our collective vision to continue to improve efforts to address the identified health priorities in the county.

Overview

Year 3 Action Steps are presented in the following tables, with notations of activities performed and information reported by community partners throughout the third year of implementation from October 1, 2018 to October 1, 2019. Comprehensive notes of reported activities can be found in the CHIP quarterly progress reports located on the Portage County Health District website at www.portagehealth.net.

A ★ in the following tables indicates that Portage County has met or exceeded the target/s for that Action Step. 23 out of 34 (68%) of the CHIP Action Steps have been determined to have met this designation for year 3.

Additionally, a color-coding system to indicate the completion status at the level of each of the five overall priorities has been created. The method of designation was as follows: The number of Action Steps in a priority area that received a ★ was divided by the total number of Action steps in that priority, to yield a percentage indicator of completion. A score of 70 to 100 percent was given a green indicator. A score of 50 to 69 percent was given a yellow indicator. A score of below 50 percent was given a red indicator. The legend below indicates these determinations for each color used.

Legend:	
	A score of 70 to 100 %
	A score of 50 to 69%
	A score of below 50%



Increase Access to Healthcare

	Year 3 Action Steps	Accomplishments	Barriers
★	Increase community education on health insurance opportunities/utilization and support the implementation of Pathways Model or HUB	<ul style="list-style-type: none"> • Provided outreach to international students at resource fair for healthcare access • Touch Point survey administered for social determinants of health • Medication Assisted Treatment (MAT) programs in Portage County (AxessPointe and Townhall II) • 10-minute JFS webinars completed • Changed times of PARTA bus schedules to meet needs of workers 	<ul style="list-style-type: none"> • Need for increase of PARTA door-to-door or fixed route services
★	Support collaboration between local universities and healthcare agencies through other social service agencies and graduate opportunities	<ul style="list-style-type: none"> • Forum with LGBTQ community • Packets available around Kent to advertise health care services • Social needs assessment project implemented at SOAR clinic (student run free clinic) • SOAR expanding days to see patients 	<ul style="list-style-type: none"> • Lack of transportation services for Saturday SOAR clinic
★	Increase transportation through a county Transportation Plan	<ul style="list-style-type: none"> • Increase use of NET (non-emergency transportation) program • Training held at PARTA • PARTA launched mobile ticketing app 	
★	Develop an Access to Care Coalition	<ul style="list-style-type: none"> • Opioid awareness event in Kent • Job and Family Services (JFS) hosted Back to School Health and Wellness event • Coalition created workplan for Access to Care • NET and JFS programs growing • PCHD applying for reproductive health and wellness grant • Successful Women’s Health Day at AxessPointe 	<ul style="list-style-type: none"> • Windham Clinic (ran by Faithful Servants) closed due to lack of patient participation, hours, and location



HEAL (Healthy Eating, Active Living)

Year 3 Action Steps	Accomplishments	Barriers
★ Implement Mindful by Sodexo and other Healthier Hospitals Initiatives	<ul style="list-style-type: none"> • 7 successful Indoor Farmer’s Market held at UH Portage • Sodexo nutrition materials distributed in cafeteria • Free lunch for kids’ program at hospital • Windham Garden at Renaissance Center received grant from AMETEK for wheelchair accessibility • Diabetes classes and support group restarted • Weekend food programs in place in several schools 	
★ Partner with Portage Park District to implement various programs/policies	<ul style="list-style-type: none"> • Parks RX had 11 successful events • Morgan Park received 3 miles of trail • New parks trail in Streetsboro 	<ul style="list-style-type: none"> • Scheduling and transportation issues
★ Implement Complete Streets Policies within the City of Kent	<ul style="list-style-type: none"> • Transportation walking assessment in Kent • Replaced unsafe sidewalks in town 	<ul style="list-style-type: none"> • Kent Law Department put a hold on bike helmet policy
Develop a Portage County Obesity Coalition		<ul style="list-style-type: none"> • Lack of funding and time • Crossover with HEAL group • Residents lost SNAP benefits
★ Incorporate families and children into community physical activities	<ul style="list-style-type: none"> • Diabetes prevention programs • First Step weight loss program 	
Increase nutrition/physical education materials being offered to patients by primary care providers	<ul style="list-style-type: none"> • Social media marketing materials for public health use shared across agencies • Partnered with physicians 	
Implement postpartum weight loss education program at WIC	<ul style="list-style-type: none"> • 20 Steps to a Healthier You • Partner with Parks RX 	<ul style="list-style-type: none"> • WIC reported problem with “how to lose weight” information • Challenge having moms engage in Parks RX • Lack of funding to incentivize participation



Increase Injury Prevention

Year 3 Action Steps	Accomplishments	Barriers
★ Increase the Use of Safe Sleep Practices	<ul style="list-style-type: none"> • Provided pack n’ plays to families without safe sleep environment • Continually trained JFS/CPS employees on car seat and safe sleep • Outreach with Akron Children’s for safe sleep partnership 	<ul style="list-style-type: none"> • Loss of ODH grant funding for pack n’ plays and safe sleep education
★ Implement a Safe Kids Coalition	<ul style="list-style-type: none"> • Safe Kids table at Ravenna’s Back to School Health Fair • Safety Around Water program through Sequoia Wellness 	<ul style="list-style-type: none"> • Lack of consistent Safe Kids meetings while trying to form executive board
Implement Safe Routes to School	<ul style="list-style-type: none"> • Transportation walkability assessment in Kent • New crosswalks and stoplights 	<ul style="list-style-type: none"> • Need to partner with schools to implement program
★ Expand the evidence-based Fall Risk Reduction Program	<ul style="list-style-type: none"> • Matter of Balance completed at Aurora Senior Center • Survey at Senior Center assess risk for falls • Matter of Balance class at Kent Tower • Sequoia Wellness holding Matter of Balance class 	
★ Expand the Child Passenger Safety Program	<ul style="list-style-type: none"> • Car seat check events • Distributed convertible car seats • Distributed booster seats • Trained Safer Futures and Children’s Services employees on car seats 	<ul style="list-style-type: none"> • Hosting own car seat training course could be costly and may lose people to other counties • Low number of certified car seat techs in Portage County
★ Expand Activities of Safe Communities Fatal Crash Review	<ul style="list-style-type: none"> • Idea for Senior Driving Refresher Course • Idea for “Save by the Helmet” • OVI checkpoints • Decrease in number of fatal crashes since 2018 	
★ Expand Activities of Child Fatality Review	<ul style="list-style-type: none"> • Distributed gun locks in variety of community settings • Suicide Prevention Coalition • 9 law enforcement agencies gave out gun locks 	



Increase Mental Health Services

	Year 3 Action Steps	Accomplishments	Barriers
★	Increase awareness and accessibility of available mental health services	<ul style="list-style-type: none"> • Training provided for nursing students on how to communicate with vulnerable populations focusing on LGBTQ population • Pod cast promoted to provide parent training and Prevention Case Management services and referrals • Multiple outreach events available for mental health and addiction services • PARTA provides transportation to many providers in the county 	
★	Increase the number of primary care physicians screening for depression during office visits	<ul style="list-style-type: none"> • Cherokee training provides training that changes patient appointments to include mental health/substance for every treatment 	
★	Expand evidence-based suicide prevention and bullying programs targeting youth and families	<ul style="list-style-type: none"> • Trainings for school staff in Crestwood, Ravenna, and Waterloo • PAX program with Children’s Advantage and Crestwood Schools • Kent State of Wellness Summit • Portage County School District held education sessions for parents for mental health and addiction • Too Good For Drugs • Funding for Neuro-sequential Model and Education • Stand Up Program funded by ODH • SAVE Program implemented • Schools provided “wellness money” from state 	
★	Provide mental health first aid trainings	<ul style="list-style-type: none"> • Mental Health First Aid class hosted by Portage Safety Council • Kent State provided Mental Health First Aid training • ACESSPointe trained employees in Mental Health First Aid training 	
★	Increase awareness of trauma informed care	<ul style="list-style-type: none"> • Trauma presentation to Leadership Portage County Class • PAX training in schools • Neuro-sequential Model and Education funding • Board of DD forming trauma informed care collaborative 	
★	Establish a youth-focused community center at the former Mantua Center School	<ul style="list-style-type: none"> • Started after school program with a variety of activities to engage students 	



Decrease Substance Abuse

	Year 3 Action Steps	Accomplishments	Barriers
★	Develop & implement a community based comprehensive plan to reduce alcohol and drug abuse	<ul style="list-style-type: none"> Portage Substance Abuse Coalition Conference Community Awareness presentation Family Conference on Addiction 	
★	Increase treatment options for those with substance use disorder	<ul style="list-style-type: none"> Board sponsored training for certified peer supporters to increase workforce Cherokee training for mental health/substance Townhall II MAT running PCHD received grant for Project DAWN 	
★	Implement and increase prevention programs	<ul style="list-style-type: none"> “Save a Life, Maybe Yours” published Townhall II Substance Abuse Prevention program funded from MHRB and Commissioner’s Office Too Good for Drugs in classrooms Sales and Use tax money help facilitate Substance Abuse Prevention program Project Alert through Townhall II 	<ul style="list-style-type: none"> Loss of funding for school-based education programs
★	Implement and increase harm reduction initiatives	<ul style="list-style-type: none"> Project DAWN Law enforcement/first responders distributed Project DAWN kits Recovery Outreach Team Safe medicine disposal video on MHRB website Drug take back boxes promoted PCHD received IN20/IN21 grant 	
	Increase the number of health care providers screening for drugs and alcohol	<ul style="list-style-type: none"> Cherokee training for mental health/substance for every treatment Touch Point completed by KSU students 	<ul style="list-style-type: none"> Difficult to get hospital systems to change screening tools
	Advocate for substance abuse and criminal justice issues	<ul style="list-style-type: none"> Coalition and the Mental Health & Recovery Board took neutral position on “Neighborhood Safety, Drug Treatment, ad Rehabilitation Amendment Advocate Ohio Senate Bill 3 Working with sheriff on Vivitrol issues in jail 	
★	Implement a Tobacco and Smoke Free Policy on Kent State University campuses	<ul style="list-style-type: none"> Tobacco 21 compliance checks State of Ohio implement T21 Tobacco cessation program New bus stop at The Haven 	<ul style="list-style-type: none"> 7 establishments inside of Kent City were not compliant with T21

Conclusion

Having completed the third year of this first-ever comprehensive Community Health Improvement Plan in Portage County, the successes outlined herein are encouraging and warrant pride in and among our community and partners. Likewise, the barriers encountered, and lessons learned will guide us in our collective vision to continue to improve efforts to address the identified health priorities in the county.

The next steps include the completion of the 2019 Community Health Needs Assessment and 2020-2022 Community Health Improvement Plan. The priorities identified for the 2020-2022 CHIP include Substance Abuse/Mental Health; Chronic Disease; and Maternal, Infant, and Child Health. Cross cutting factors have also been identified as Access to Care, Social Determinants of Health, and Health Equity.

As we continue forward into the next 3-year plan and beyond, we will continue quarterly progress reporting and focus on strengthened achievement of the identified strategies and cross cutting factors to address our community health improvement priorities.