

**Portage County
Community Health Improvement Plan
Progress Report**

Decrease Substance Abuse

Action Step	Responsible Person/Agency	Timeline	Progress
Develop & implement a community based comprehensive plan to reduce alcohol & drug abuse			
<p>Year 1: Hold an annual conference to educate the public and organizations.</p> <p>Plan community awareness campaign.</p> <p>Establish working committees for the Substance Abuse Coalition (the Oversight Committee).</p>	<p>Joel Mowrey, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p>Year 2: Hold annual conference; continue efforts from year 1.</p>		<p>October 1, 2018</p>	<p>1-17-18: Karyn (MHRB): Annual conference held October 31 with over 225 attendees. Video of the panel and two speakers are available on MHRB website. Evaluations were very positive.</p> <p>Held community awareness events in Mantua, Kent, and Streetsboro with Project DAWN naloxone distribution. Average of 25 attendees at each.</p> <p>Renee (UH Portage): Offers routine presentations to various community audiences. Will be speaking about addiction as a chronic disease to KSU students on 2/20.</p> <p>4-18-18: Karyn (MHRB): A community awareness event was held in Mantua in March with 24 attendees.</p> <p>Becky (PCHD): Next such event is being scheduled in Suffield.</p> <p>*See addendum with a listing of mental health & addiction/substance abuse community outreach events and presentations</p> <p>Becky: We are planning the annual conference for October. Also holding a family conference (after feedback from annual conference last year) this Saturday at NEOMED.</p> <p>Jean (United Way) passed out to the group a Community Impact Health dashboard, developed in alignment with the CHIP activities to guide agencies and others in the community of relevant priorities, indicators, and outcomes for proposed projects submitted to United Way requesting funding.</p> <p>7-18-18: Karyn: Family Conference on Addiction was held in April, with 75-100 attendees. Presentations were given on legal issues and the Portage County Drug Court, substance use disorder, pathways to treatment, trauma & self-care, Project DAWN, and recovery stories.</p> <p>A community awareness event (Project DAWN) was held in Ravenna in June, with 10-15 attendees.</p> <p>*See addendum with a listing of mental health & addiction/substance abuse community outreach events and presentations</p> <p>Ongoing efforts continue through established coalition and community groups.</p> <p>10-17-18: Karyn: The grassroots organization OhioCAN has organized and held several community planning sessions to develop a Portage</p>

			<p>Project to help drug addiction. Meetings are held monthly and are ongoing. The group has identified four possible projects: Portage Recovery Community Center, the Haven, issues surrounding the criminal justice system, and funding. Next meeting will be Tuesday, 10/23 at 5:00pm at Reed Memorial Library.</p> <p>MHRB participated in a Roundtable on the Opioid Epidemic with Senator Rob Portman to discuss the funding the Mental Health & Recovery Board received through the Comprehensive Addiction & Recovery Act, with representatives from the agencies and community.</p> <p>*See addendum with a listing of mental health & addiction/substance abuse community outreach events and presentations</p>
Year 3: Hold annual conference; continue efforts from years 1 and 2.		October 1, 2019	
Increase treatment options for those with substance use disorder			
<p>Year 1: Support Quest/Townhall II with the startup of their MAT clinic & ambulatory detox.</p> <p>Work with Coleman to expand their MAT program.</p> <p>Continue to explore MAT program with AxessPointe.</p> <p>Explore other treatment options for detox, recovery housing, etc.</p>	<p>Joel Mowrey, Mental Health & Recovery Board of Portage County</p>	October 1, 2017	
<p>Year 2: Collect data and monitor success rate of MAT programs.</p> <p>Continue collaborative expansion of MAT training and programming efforts.</p> <p>Explore other treatment options for detox, recovery housing, after care housing, etc. (Extended length, intense programming.)</p>		October 1, 2018	<p>1-17-18: Karyn (MHRB): Received grant from ODMHAS for medical withdrawal management services, which will establish UH Portage Medical Center as a regional provider (10 Boards serving 12 counties.) Will pay for un- or under-insured or those with high deductibles, and allow PC residents to remain in county for services (though will also serve out-of-county residents.) MHRB is currently working with UH Portage and other county boards to set the procedure-residents expected to be able to access the service and funding in early 2018. (Mahoning County has a similar program using St. Elizabeth Hospital.)</p> <p>Start Talking Portage identified a lack of Narcotics Anonymous (NA) meetings for PC residents (despite many AA meetings) and started 2 additional NA meetings: Tuesday nights in Kent; Saturday nights in Mantua.</p> <p>Renee (UH Portage): Working through a grant to field Coleman personnel at the UH ED (2-10pm) with an accompanying peer support person.</p> <p>Renee: UH received a \$100,000 gift from a private family to treat uninsured at \$25,000/year for 4 years.</p> <p>Renee: UH has hired an addictionologist, with goals to get PCPs to treat with Suboxone and Naltrexone.</p> <p>4-18-18: Karyn (MHRB): Working with Townhall II and talking to AxessPointe about MAT clinics.</p> <p>ComQuest is not going to be working with Townhall II. Talks continue with their physician for potential future partnerships.</p> <p>Groups just opened in Ravenna. Hope Recovery in Rootstown is opening today, 4/18/18.</p> <p>Renee (UH Portage): UH got a \$250,000 state grant to help uninsured patients (spans 7 counties) regarding withdrawal treatment.</p>

		<p>UH also received a \$290,000 grant to place a Coleman employee into the UH ED to do intervention along with a peer support person. This is Portage County specific funding.</p> <p>Dr. Moleski is up and running, located in Streetsboro. Her office is also treating many alcohol related patients. She and her nurse practitioner are able to treat with Suboxone and Vivitrol. Dr. Moleski aims to further work with and train other physicians to expand these treatment services, including treating KSU students.</p> <p>7-18-18: Karyn: AxessPointe is now offering Vivitrol at their Kent office. Continue working with Townhall II and discussing MAT clinic.</p> <p>MHRB met with Groups, Inc., a Suboxone clinic that recently opened in Ravenna. They have one week prescriptions for Suboxone, following weekly therapy sessions. They are cash only. Volume is not currently high. They are working with OhioMAS to hopefully be able to accept Medicaid in the future.</p> <p>A grant was received from OhioMAS to provide payment for individuals to enter into the Medical Assisted Treatment withdrawal program at UH Portage. This is a three-day hospital stay for those who meet admission criteria. At discharge, individuals leave with an appointment with an area outpatient treatment provider.</p> <p>HOPE Village: offers outpatient treatment, but is not currently offering Vivitrol or Suboxone.</p> <p>The Haven: Hoping to open this fall. Is working towards getting people into services as needed. Will have 64 beds.</p> <p>Marihelyn (AxessPointe): Referrals are coming from Family and Community Services. Prescribing Vivitrol only, currently, but looking at Suboxone in the future. Currently have three patients. Will serve individuals who don't have Medicaid. Cost is \$1350 per shot. Just applied for an HRSA grant to help pay for Vivitrol for patients without insurance. During the first 30 days of their visit, patient is referred to Coleman for mental health services.</p> <p>AI (PSACC): Working on a reverse grant at Kent Rotary Club (through Rotary International) to establish a dedicated 6-bed unit for initial treatment and detox on the second floor of UH Portage. The hospital has the space and is committed to building it out and matching the money that is received. Focus will be on extended weekend stays and getting individuals into the healthcare system.</p> <p>10-17-18: Karyn: Increased recovery housing by 18 apartment units (3 buildings located in Ravenna) designated for people in recovery through Family & Community Services with funding from the MHRB.</p> <p>FCS applied for a state grant for housing with the purpose to reunify families with children in DJFS custody because of substance use disorders. MHRB approved to match funding if FCS receives the grant.</p> <p>Monique (AxessPointe): Received HRSA grant federal funding, enabling them to hire 2 additional behavioral health providers (one for the Kent location, and one for the Arlington location) as well</p>
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			<p>as some additional staff, to increase outreach regarding their MAT services.</p> <p>Dr. Arredondo (PCHD/KSU): Has been working with AxessPointe to send students from KSU who are in need of MAT to AxessPointe to receive treatment.</p>
Year 3: Continue efforts of years 1 and 2		October 1, 2019	
Implement and increase prevention programs			
<p>Year 1: Continue to introduce "Too Good For Drugs" to school administrators.</p> <p>Research parent program already in place with Townhall II.</p> <p>Identify groups (youth, faith community, sports, etc) and how to reach them.</p> <p>Secure funding for program.</p>	<p>Karyn Hall, Mental Health & Recovery Board of Portage County</p>	October 1, 2017	
<p>Year 2: Continue and expand "Too Good for Drugs," "Project Alert" and other drug prevention curricula to additional grade levels, preschools, aftercare programs, community groups.</p> <p>Outreach to PTA and other parent organizations.</p>	<p>Karyn Hall, Mental Health & Recovery Board of Portage County and Sarah McCully, Townhall II</p>	October 1, 2018	<p>1-17-18: Karyn: Every school district in Portage County has drug prevention programming through Townhall II confirmed for this school year. Added since last quarter report: Southeast (6th, 7th, and 8th grades), St. Patricks (7th and 8th grades), and Streetsboro (8th and 9th grades.)</p> <p>Kent City Schools and Ravenna City Schools had presentations from N.O.P.E. Task Force for their high school and middle school students and parents.</p> <p>Dr D'Abreau (KSU): Recovery Ally Training was held on 1/12/18 at KSU University Health Services led by Ashley Holt. Goal is to create a recovery community on campus.</p> <p>4-18-18: Karyn: Every school district in Portage County has drug prevention programming through Townhall II confirmed for this school year.</p> <p>Sarah: To date, 3,819 Portage County children have been served by Too Good for Drugs and/or Project Alert programming.</p> <p>Townhall II has written a grant to OMHAS to provide Too Good for Drugs in high schools. Currently doing a state program, The Truth About Drugs, but feel that Too Good for Drugs will be more engaging and effective.</p> <p>Becky (PCHD): PCHD is currently in Windham Schools providing the Say it Straight (One Life) pro-social skills building program to middle and high school students.</p> <p>AI (PSACC): Kent Rotary has its annual auction coming in May, hoping to raise \$30,000 to support Coleman-provided mental health first aid training for Kent City Schools teachers.</p> <p>7-18-18: Sarah: Every school district in Portage County had drug prevention programming through Townhall II during the 2017-2018 school year. Specifically for Too Good for Drugs and Project Alert, the total number of students served was 3,941, a greater than 20% increase over the 3,253 served during the 2016-2017 school year.</p> <p>*See addendum for additional information regarding prevention programming throughout the 2017-2018 school year</p>

			<p>Crestwood schools, who had not previously participated, reached out to Townhall II toward the end of the school year for programming. Funding is available to have a person serve Crestwood, which provides a busy schedule.</p> <p>This next school year, Too Good for Drugs will be expanding into high schools, replacing the Truth About Drugs</p> <p>Townhall II does Body Safety at Safety Towns for the school districts' preschool programs. This includes a truncated Too Good for Drugs ½ hour presentation appropriate for the preschoolers.</p> <p>Townhall II does a tobacco lesson for students who have been found to use tobacco products. Vaping is addressed in this and all of the other lessons as well. Vaping is what is being seen as most commonly used among teens currently. ODH has good vaping videos on the Start Talking You Ought to Know website, which are a great resource for parents.</p> <p>Karyn: Family classes on addiction were offered at the Garrettsville library.</p> <p>10-17-18: Sarah: Every school district in Portage County has scheduled prevention programming through Townhall II for the 2018-2019 school year. Many are already completely booked. Too Good for Drugs is now being implemented in high schools, with four schools already on board.</p> <p>*See addendum for additional information regarding prevention programming throughout the 2018-2019 school year</p> <p>The Project Alert program for middle school students in the Garfield School district is piloting incentive cards given to the students who complete the program, with community businesses offering "perks" such as free bowling, food items, etc. If successful, hope to expand into other school districts/communities in the future.</p> <p>Karyn: The Portage County Commissioners approved funding from the sales and use tax began in August for two programs:</p> <ul style="list-style-type: none"> • Drug prevention education services provided by Townhall II for two additional prevention specialists • Six case managers through Children's Advantage to be shared with the twelve school districts. <p>This has enabled expansion of prevention program efforts. Joe (PCHD) asked if this funding is sustainable. Karyn indicated that it is expected to be.</p>
<p>Year 3: Increase the number of schools and grade levels offering "Too Good For Drugs" by 25%.</p>		<p>October 1, 2019</p>	

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Action Step	Responsible Person/Agency	Timeline	Progress
Implement and increase harm reduction initiatives			
<p>Year 1: Increase Naloxone kit distribution.</p> <p>Research needle exchange.</p> <p>Promote the drug drop off locations</p>	<p>Becky Lehman, Portage County Combined General Health District and Karyn Hall, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p>Year 2: Collect data from law enforcement on where Narcan is needed in the community via GIS project between PCHD and KSU.</p> <p>Investigate increasing the number of drug drop off locations (NEOMED, Rootstown, etc.).</p> <p>Investigate incorporating quick response teams in Portage County.</p> <p>Continue to explore feasibility of implementing a needle exchange and/or needle collection program.</p> <p>Promote drug take-back days.</p>	<p>Joseph Diorio & Becky Lehman, Portage County Combined General Health District and Karyn Hall, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2018</p>	<p>1-17-18: Becky: PCHD is partnering with Dr. Curtis from KSU GIS program on a system that uses law enforcement experts to highlight and map areas with drug activity. Have worked with Streetsboro PD, Brimfield PD and Ravenna PD. Working with Kent PD today.</p> <p>Becky: PCHD will be meeting with Stark County HD regarding their needle exchange program in a few weeks. Will report back lessons learned.</p> <p>Drug take back day was held and promoted in October.</p> <p>4-18-18: Becky: Becky and Kat toured the Canton City Health Department needle exchange program on 2/2/18. They shared that it took about a year to get started. Ohio law allows for needle exchange programs under the injury prevention umbrella. There is limited, non-sustainable, state funding available to help with set-up costs. Were able to see the process of how the program worked. Additional information on how to set up needle exchange programs can be found from the Indiana Harm Reduction Coalition.</p> <p>Project DAWN program is still working well (community and law enforcement.) There are new updated laws for service entities. Example policies are available.</p> <p>Karyn: Explored placing a new drug drop off box at the police station in Rootstown at NEOMED. Discovered that the location and associated laws prevent this as an option.</p> <p>4795 pounds of medication were collected from the drop boxes in Portage County in 2017.</p> <p>Currently in the process of officially hiring the peer support recovery coaches for the quick response teams. Streetsboro and Atwater/Randolph communities have expressed the greatest interest, and are likely where these response teams will start. Atwater had 16 overdose calls involving 8 individuals in 2017.</p> <p>7-18-18: Joe: Professor Curtis at KSU GIS Lab continues working with law enforcement agencies to detail and GIS map drug activities, overdoses, etc. Includes ride-a-longs and information from subject matter experts. Completed projects with Ravenna PD. Streetsboro PD, and Brimfield PD. Half complete with Kent PD, with plans to complete in the fall. Continues working with Ravenna PD to</p>

		<p>expand usage of GIS mapping beyond drug activity and to include 5 years of data on every dispatch call and issue. Joe indicated that the mapping results show that each area is different for drug activity/overdoses. In Streetsboro, most occurs in the hotels. In Brimfield, the first stop is often the Walmart. Most drugs are coming in from Akron on SR76.</p> <p>Becky: Project DAWN program is still working well (community and law enforcement.) Overall use of Narcan has gone down in law enforcement.</p> <p>Portage County Health District Project DAWN for Community from April 1-June 30, 2018: People in attendance: 175 Kits distributed: 40</p> <p>Community Discussion on Heroin and Opioid Epidemic include: Family Conference on Addiction Portage Community Chapel Bryn Mawr NEOMED medical students Hope Village Leadership Portage Groups Center Job and Family Services staff</p> <p>Renee (UH Portage): (Kevin-PCHD): UH Portage in the Pain Institute are developing standard operating procedures for pill counts throughout the UH system and will be utilizing the Detera bags.</p> <p>Group discussion included that Acme has the Detera bags available, and they are also available at MHRB and AxessPointe.</p> <p>Karyn: Community Coalition has been working with Streetsboro PD and Fire Dept to pilot the quick response teams, to be titled "Recovery Outreach." Peer recovery supporters (who have lived experience and been trained) have been hired to participate from Coleman, Townhall II, and Family & Community Services; and will alternate weeks. Hoping to meet with more than just those overdosing with opioids, including alcohol and other drug use. They are ready to start. When responding to an overdose, a packet with resource info will be given to someone on the scene, along with a letter indicating that this recovery outreach team will be visiting the following week. Plan to make multiple attempts to follow-up, and will leave resource packets, and handwritten notes and contact info from the peer supporter, if not answer at the door.</p> <p>UH Portage has a peer supporter from Coleman to address individuals already in the hospital for overdoses, treatment, etc.</p> <p>Becky: Looked at needle exchange programs in other counties (see previous report). Summit County has started a "drug testing" (to determine how much fentanyl is in a drug) in their needle exchange program.</p> <p>Monique (AxessPointe): Will look into the possibility of accessing some of the needle exchange funds from Summit County, to potential extend services into Portage County.</p> <p>10-17-18: Joe: Met with Professor Curtis at KSU GIS Lab on continuing the law enforcement project tracking overdoses. Ride-alongs with Ravenna, Kent, and Brimfield PD were completed last year, with</p>
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Year 3: Continue efforts of years 1 and 2.		October 1, 2019	
Increase the number of health care providers screening for drugs and alcohol			
<p>Year 1: Collect baseline data on the number of emergency departments, primary care and specialty care providers that currently screen for drug and alcohol abuse.</p> <p>Research a screening tool.</p>	Joel Mowrey, Mental Health & Recovery Board of Portage County (to coordinate with the other CHIP committees working with primary care providers)	October 1, 2017	
<p>Year 2: Investigate collaborative opportunities for system solutions with the three major health systems.</p> <ul style="list-style-type: none"> Identify people in each system that can share the screening tools; ascertain if EMRs from each system can be collected/shared. Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity). Obtain EMR required questions from all the health care systems. Determine PCP assessment criteria and follow up/referral protocols. 	Joseph Diorio, and Mark Arrendondo Portage County Combined General Health District and Kirk Stiffler, Kent City Health Department	October 1, 2018	<p>1-17-18: Joe (Becky): Starting from square one in this second year, looking at having the medical directors from both health departments reach out to the medical community to determine what questions are being asked to patients in the community on their EMRs related to substance abuse. (Have identified that at least 3 different systems are currently being used throughout providers in the county.) Also seeking to learn what they are doing to refer people to resources. This same concept spills over into mental health and nutrition/physical activity, with oversight/direction led by the access to healthcare coalition.</p> <p>Renee (UH Portage): CEO of UH has declared that Psychiatry and Addiction is now part of the Pain Institute at UH. Renee is the co-chair. Reviewing prescribing practices of all physicians, putting</p>

		<p>together protocols, building into EMRs, having physicians review OARS reports (tracking individuals' receipt of prescription drugs.)</p> <p>4-18-18: Kevin (Joe): Dr. Arrendondo and Dr. Stiffler have been working with two physicians to gain information on their EMR questions and protocols (related to all relevant CHIP priorities.) Will have additional info to report next quarter.</p> <p>7-18-18: Joe: Through the 2 medical directors, have received info from one identified physician, and need to reach out again to the other. Dr. Crystal Mosca is a UH affiliated ambulatory physician, and provided the info. The EMR system she utilizes is Allscripts Touchworks, which was indicated to be used by the majority of outpatient UH providers, with exception of hematology/oncology. There are no required questions within the EMR, with exception of the Adult Risk Screen questions which providers and staff are educated are required, yet the system will not stop if not completed. Often time constraints and discomfort with certain questions and how to follow up are limiting for individual providers in screening with certain questions. Physicians routinely focus the attention and questions asked on the specific reason the patient came in for. Well visits or new patient visits typically allow for the greatest opportunity for discussion of broader issues. Dr. Mosca indicated that reports can be pulled on drug and alcohol screening that is completed from discrete fields within the EMR system.</p> <p>LaTrice (AxessPointe): PQ2 and 9 questions are required to be asked once per year in the AxessPointe system. Ana from AxessPointe will obtain additional information and provide it at the next quarter meeting.</p> <p>Group discussion included that the initial action step objective may not be attainable, due to existing systems and information, and physician discontent and discomfort with screening questions and follow-up protocols and referral resources. May need to revise goals toward ensuring provision of consistent information regarding local resources.</p> <p>10-17-18: Joe: Collected baseline data on several of the EMRs in use in Portage County. Bottom line is that EMRs can be found to be cumbersome by PCPs. There are many different ones, and they are not all connected as is the intent. The educational resources connected to the EMRs are not looked at favorably by some physicians. Year 3 goal may be to put together local resources information and ensure availability and understanding by medical providers, as this seems to be the primary need from the medical community. Can explore possible implementation of resource information connected into the EMR systems. Joe indicated we will also need to track and evaluate the resources' effectiveness.</p> <p>Group discussion included possibly holding a mini-conference with PCP office managers to provide resource information, and working with retail pharmacists/pharmacies and/or the NEOMED pharmacy school to help distribute local resource information to the public.</p>
<p>Year 3: Increase the number of primary care physicians using the model by 25% from baseline.</p>		<p>October 1, 2019</p>

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Action Step	Responsible Person/Agency	Timeline	Progress
Advocate for substance abuse and criminal justice issues			
<p>Year 1: Organize methods for sharing information and call in/email campaigns to legislators.</p> <p>Support and promote the effectiveness of the Portage County Mental Health & Drug Courts.</p> <p>Advocate for Medicaid for people in jail</p>	<p>Joel Mowrey, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p>Year 2: Continue efforts of year 1.</p> <p>Build relationships between Portage Substance Abuse Community Coalition Advocacy subgroup and criminal justice department representatives (judicial, prosecution, probation, etc.)</p>		<p>October 1, 2018</p>	<p>1-17-18: Karyn (MHRB): Investigating the issue of inmates at the Portage County jail current inability to receive Suboxone at the jail if already being prescribed by a physician. (Can receive other chronic disease medications at the jail.) Joel is discussing with Community Health Solutions, the company contracted by the jail to serve the medical needs of inmates. UH addictionologist Dr. Moleski is also supporting this initiative.</p> <p>Working with Coleman to provide Vivitrol injections after being incarcerated.</p> <p>Ongoingly advocate with representatives for Medicaid expansion.</p> <p>4-18-18: Karyn (MHRB): The Portage Substance Abuse Community Coalition is concerned about the fact that individuals at the Portage County jail may continue their medications (e.g. heart, diabetes, medications for mental illness) when they are incarcerated, but if they are on medications like Suboxone, Methadone and Vivitrol, those medications are typically not continued. Joel has spoken with the Portage County jail medical clinic (that is run by a private company) and is still waiting to receive the promised documentation of federal standards that they state they are following, thus believing they are complying with current standards and are not required to provide MAT. The Kent League of Women's Voters has joined in support of the use of MAT in the jails/prisons.</p> <p>Continually advocating for Medicaid expansion.</p> <p>7-18-18: Karyn: No activity this quarter.</p> <p>10-17-18: Karyn: No activity this quarter.</p> <p>Dr. Arredondo (PCHD/KSU): Hope Village is working on an anti-stigma campaign to combat the issues of substance abuse, working with the Portage County Jail, local agencies, and Senator Portman.</p>
<p>Year 3: Continue efforts of years 1 and 2.</p>		<p>October 1, 2019</p>	

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Action Step	Responsible Person/Agency	Timeline	Progress
Implement a Tobacco and Smoke Free Policy on Kent State University campuses			
Year 1: Kent State University will implement a Tobacco and Smoke Free Campus Policy as a component of the Healthy Campus Initiative.	Shay Davis Little, Kent State University	October 1, 2017	
<p>Year 2: Continue education and intervention efforts of the Tobacco and Smoke Free Campus Policy. Ensure signage, flyers and individuals are available to address issues that occur around campus to remind individuals still unaware or non-compliant with the rule.</p> <p>Increase promotion of tobacco cessation initiatives for both students and employees.</p> <p>Monitor for issues of non-compliance and complaints, as well as reduction in tobacco use across the campus population.</p> <p>Implement Tobacco Free Parks and Recreation areas initiatives in Kent City Parks</p> <p>Implement tobacco free community festivals throughout the broader population within Kent City</p>	Melissa Celko, Kent State University and Jeff Neistadt, Kent City Health Department	October 1, 2018	<p>1-17-18: Mike (Kent City HD): There had been talk of ODH changing the type of grant for tobacco cessation programming, but they have not. Jeff would like to partner with KSU to assist with compliance of smoke free campus.</p> <p>4-18-18: Melissa: KSU continues to expand programming and communication for tobacco free education. Building curators at each campus facility help provide resources and information for students, faculty, and outside vendors to assist with any questions or issues that arise or continue. Campus policy is smoke and tobacco free, which includes electronic cigarettes. Efforts are expanding beyond campuses in collaboration with the Kent City Health Department.</p> <p>Mike (Kent City HD): In March, The Kent City Board of Health approved pursuing "Tobacco 21" in the city of Kent, to raise the legal age to 21 for tobacco use. Aiming to have a city ordinance passed by July 2019. Tobacco grant was filed with ODH for funding.</p> <p>7-18-18: Melissa (Kevin-PCHD): Reports no update... campus program continues with typical compliance issues.</p> <p>Mike (Kent City HD): Tobacco 21 went to a vote last Wednesday; passed 6 to 1 to be officially voted on tonight. Will raise the purchase age of tobacco to 21. Has the support of the American Heart Association. The ordinance says the Kent City Health Department will handle enforcement. It does include vaping products/shops.</p> <p>Group discussion included whether or not anyone in Portage County is working with faith-based entities regarding tobacco policies. KCHD does inside Kent City. PCHD offers tobacco cessation classes around Portage County, providing them at UH Portage and also working with PMHA.</p> <p>10-17-18: Mike (Kent City HD): Tobacco 21 is in effect, after working through city council to ensure no exemptions for vaping shops. Enforcement activities began October 1st. "Secret shoppers" will be used. Signage has been distributed, and signs will be placed on PARTA buses promoting no smoking or vaping. Some KSU students are opposed to Tobacco 21, and KHD has fielded many requests for information. Believe will eventually be adopted statewide.</p> <p>Becky (PCHD): PCHD continues to partner with UH Portage to provide tobacco cessation classes. Are a 5-week series held Thursdays 3:30-4:30 at UH Portage. 14 people have completed the series in 2018.</p>
Year 3: Continue efforts of years 1 and 2.		October 1, 2019	

CHIP Report – Karyn Hall, Mental Health & Recovery Board
Mental Health & Addiction/Substance Abuse Community Outreach Events/Presentations
2018

Date	Event	Agency	Attendees
1/10	NEOMED Community Awareness day table	Townhall II	
1/25	Nursing Presentation on Addiction Services Oncology room	UH Portage	17
1/29	Addiction Services Presentation Portage Judges Meeting	UH Portage	10
2/6	Mental Health Roundtable for School Counselors & Administrators	MHRB, Coleman, Children's Adv, Townhall II	30
2/9	Mental Health Health Class Presentation Streetsboro High School	Coleman	85
2/10	21 st Century/Brown Middle School Parent and Student presentation on addiction	Townhall II	
2/15	Opiate Presentation for Health Class Streetsboro High School	MHRB	85
2/16	Waterloo School Staff presentation Addiction	Townhall II	
2/16	Ravenna School Staff presentation Mindfulness and Child Abuse	Coleman & Townhall II	
2/20	Kent State presentation	UH Portage	65
2/28	Prevention Service & Programming in the Community presentation KSU Professional Development Class	Townhall II	
3/1	Leadership Portage County Health Day Presentation	UH Portage	25
3/5	Mental Health First Aid	Coleman & MHRB	13
3/6	Mental Health First Aid	Coleman & MHRB	13
3/7	Youth Leadership Fair	MHRB & Children's Advantage	500
3/10	Community Awareness on Addiction with Project DAWN Mantua Center Christian Church	MHRB, Townhall II, Health District, Start Talking Portage	25
3/13	Aurora Women's Wellness Fair	MHRB	25
3/15	Opiate Presentation for Health Class Windham High School	MHRB	30
3/16	Operation Street Smart	Kent State	50
3/17	NEOMED Body and Beyond Health Fair	Townhall II	
3/17	Kent Chamber of Commerce Expo	Townhall II	
4/11	Addiction presentation – Aurora Chamber luncheon	UH Portage	75-100
4/11	Mental Health & Addiction discussion United Church of Christ Women's Fellowship	MHRB	15-20
4/11	Community Safety Meeting – Windham Schools	Children's Advantage	
4/12	Mental Health & Addiction presentation Kent Chamber Luncheon	MHRB	50
4/12	Mental Health & Addiction signs & symptoms, resources KSU Class presentation	Townhall II, Children's Advantage	
4/17	None for Under 21 high school senior presentation	Safe Communities, UH Portage	1800
4/19	Care Coalition Panel on Addiction	UH Portage, Townhall II, PCHD	30
4/19	Aurora High School Staff Training on mental health	Children's Advantage	
4/20	Portage Superintendent presentation on services	MHRB, Children's Advantage, Coleman, Townhall II	12
4/20	Skeels Community Health Fair	MHRB, PCHD	30

Date	Event	Agency	Attendees
4/21	Family Conference on Addiction	MHRB, PCHD, Townhall II	75-100
4/26	Recovery Awareness Walk	MHRB, Townhall II	30
5/2	Windham Resource Fair	MHRB, Townhall II	75-100
5/2	Portage Senior Center Addiction Presentation	Townhall II	30-50
5/16	Maplewood Staff Training	Children's Advantage, Townhall II	75-100
5/17	Portage Learning Center Superhero event	Townhall II	
5/19	Steps of Change	MHRB, Townhall II	150-200
5/30	Crestwood Administrator presentation on services	MHRB & Children's Advantage	15
6/14	Community Awareness	MHRB, Townhall II, Health District	20
6/22	Workplace Health & Safety Expo	MHRB, Townhall II, PCHD	100
6/26	Mental health & addiction issues & resources KSU Medical Student class	MHRB	35
6/28	Senior Forum	MHRB, Townhall II, PCHD	100+
6/30	Kent Heritage Festival	MHRB	500+
7/16-20	Crisis Intervention Team Training for Educators	MHRB, Police, Agencies	30
8/4	Charlestown Festival	MHRB	200
8/16	Buckeye Resource Fair	MHRB, agencies	30
8/18	UH Streetsboro Health Fair	MHRB	200
8/20	Maplewood Staff Training	MHRB, Coleman	80
8/22-27	Randolph Fair	MHRB, Health District	1000
8/24	Crestwood School Staff Training	MHRB, Children's Advantage	150
8/27	JAG Middle School Staff Training	MHRB, Children's Advantage	30
8/31	Overdose Awareness Day	OhioCAN, MHRB, Townhall II	50
9/1	Hope Illuminated	Family & Community Services	
9/10-11	Mental Health First Aid	MHRB, Coleman, PCHD	20
9/14	OhioMAS training for physicians	MHRB, UH Portage	30
9/15	Ravenna Balloon A Fair	MHRB, Townhall II, FCS	1000
9/20	KSU Opiate Conference	Townhall II	50
9/29	NAMI Walk	MHRB & agencies	50
10/3	United Way Kick Off Event	Townhall II	50
10/6	Child Support Fall Festival	Townhall II	100

Substance Abuse Prevention Programming Provided in Portage County

2017/2018 SCHOOL YEAR

Aurora

Too Good for Drugs: 1, 4

Crestwood

Project Alert: 6, 7, 8

Field

Project Alert: 6

James A Garfield

Too Good for Drugs: K, 3, 5

Project Alert: 7, 8

Kent

Project Alert: 6

Ravenna

Project Alert: 7, 8;

Rootstown

Too Good For Drugs: 1, 2

Southeast

Too Good For Drugs: 3

Project Alert: 6, 7, 8

Streetsboro:

Too Good for Drugs: K, 1

Project Alert: 8

Truth About Drugs: 9

Waterloo:

Too Good for Drugs: K, 1, 4, 5

Windham:

Too Good for Drugs: K, 1, 2, 3, 4, 5, 6, 8

Truth About Drugs: 9

St. Patrick's

Project Alert: 7, 8

Families First

Aurora (Craddock Elementary), 7 weeks in Fall 2017 with 16 families

Portage Learning Centers, 4 weeks, 15 parents (no children)

Rootstown United Methodist Church, 4 weeks in Spring 2018 with 8 families

Families Understanding Addiction

3 sessions, 10 attendees

Substance Abuse Prevention Programming Provided in Portage County

2018/2019 SCHOOL YEAR

Aurora

Too Good for Drugs: 1, 4

Crestwood

Too Good for Drugs: K, 1, 2, 3, 4, 5

Project Alert: 6, 7, 8

Field

Too Good for Drugs: 4 (Suffield), 9

Project Alert: 6

James A Garfield

Too Good for Drugs: K, 3, 5, 10

Project Alert: 7, 8

Kent

Project Alert: 6

Ravenna

Project Alert: 7, 8,

Too Good for Drugs: 10

Rootstown

Too Good For Drugs: 1, 2, 4

Southeast

Too Good For Drugs: 3

Project Alert: 6, 7, 8

Streetsboro:

Too Good for Drugs: K, 10

Project Alert: 8

Waterloo:

Too Good for Drugs: K, 1, 2

Windham:

Too Good for Drugs: K, 1, 2, 3, 4, 5, 9

Project Alert: 6, 8

St. Patrick's

Project Alert: 8

Additional Information Regarding Substance Abuse Prevention Programming Provided in Portage County:

Elementary Grades: Too Good For Drugs

Too Good for Drugs is an evidence-based, skill-building program promoting positive attitudes and behavior, while fostering healthy relationships, resistance to substance abuse and conflict, and resistance to negative peer pressure and influence.

Students develop skills in

- Goal setting
- Decision making
- Conflict resolution
- Effective communication
- Social and emotional competency

Developed by the Mendez Foundation, the program is taught in 10 sessions and offered to grades kindergarten-5.

Additional Information Regarding Substance Abuse Prevention Programming Provided in Portage County:

Middle School: Project ALERT

Through a series of 10 comprehensive lessons, Project ALERT motivates students against drug use, cultivates new non-use attitudes and beliefs, and equips teens with the skills and strategies they will use to resist drugs.

The course is offered to grades 6-8 and was developed by the RAND Corporation.

High School: Truth About Drugs & Life Skills

The Truth About Drugs provides effective, fact-based drug education for students in grades 9-10 in up to 6 sessions.

The LifeSkills program teaches prevention-related information, promotes anti-drug norms, teach drug refusal skills, and foster the development of personal self-management skills and general social skills for grades 11-12.

High School: Too Good For Drugs & Violence

The evidence-based Too Good For Drugs & Violence High School prepares students with the skills they need for academic, social, and life success. Lessons and activities provide practical guidance on dating and relationships, the impact of social media on decision making, resolving conflicts, and refusing negative peer pressure.

This course is offered for one grade level in each school district.

Families First

Parent and child education through themes such as parenting styles, communication, self-esteem, discipline, parent/child needs, stress management, problem solving, building supports and school readiness.

Families Understanding Addiction

Educates and informs family members and loved ones about addiction and the recovery process.