

# Portage County

Community Health Improvement Plan

2016-2019

Progress Report: (Year 2: 2017-2018)



Improving the Health  
of Portage County

Portage County  
Community Health Improvement Plan  
Progress Report

HEAL (Healthy Eating, Active Living)

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Implement Mindful by Sodexo and other Healthier Hospitals Initiatives</b>			
<p><b>Year 1:</b> UH Portage Medical Center will research Mindful by Sodexo and other Healthier Hospitals Initiatives.</p> <p>Collaborate with nutrition services to assess the current food and beverages in the hospital cafeterias, vending, meetings, and gift shops.</p> <p>Implement the Mindful program in at least one of the following priority areas:</p> <ul style="list-style-type: none"> <li>• Healthy Cafeterias/Cafes</li> <li>• Healthy Vending Machines</li> <li>• Healthy Meetings and Events</li> </ul> <p>Use marketing materials (posters, table tents, stickers, etc.) to better brand the program</p>	<p>Mindy Gusz, University Hospitals Portage Medical Center</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Continue to implement, and monitor/assess implementation of, the Mindful program in all three priority areas within the hospital</p>		<p>October 1, 2018</p>	<p><b>1-16-18:</b> No updates at this time from Mindy regarding UH Portage Medical Center.</p> <p>Angela DeJulius (KSU): As of July 1, 2017, KSU has also switched to Sodexo as its food provider, and has implemented Mindful and many of the same initiatives across their campuses.</p> <p><b>4-17-18:</b> Mindy: With Sodexo, the hospital celebrated National Nutrition Month in March with events and sample tasting in the cafeteria, and sharing educational materials regarding nutrition, healthy food alternatives, and wellness. Goal this year has been to focus on broadening efforts to wider-spread community level awareness.</p> <p>Planning to start a farmer's market at the hospital beginning the end of June, to run through September every other week on "Wellness Wednesdays" from 11am to 2pm. Working on securing vendors. Sodexo will participate and UH Portage will include nutrition education. Interested in partnering with other agencies' involvement. Food trucks will likely also be included.</p> <p><b>7-17-18:</b> Mindy: Shared new nutrition educational cards available to anyone visiting the cafeteria at the hospital.</p> <p>This summer, sponsored by Sodexo, Monday-Friday 11am-1:30pm, any child ages 1-18 can eat for free. There is a special healthy lunch for this program. Ends August 10<sup>th</sup>.</p> <p>Farmers Market is going on at UH Portage. It is indoors in the medical arts building. Easy to identify location with the food truck outside the building. 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of the month from 11am-2pm.</p> <p>UH Portage/Sodexo will be participating in a backpack program in collaborating with Ravenna Schools, starting in January. Working with the existing program in Kent.</p> <p>Will be a Family Health &amp; Safety Community Screening day at UH Portage on July 28<sup>th</sup>.</p>

			<p>Mindy provided email update, <b>10-11-18</b>: UH Portage successfully sponsored 7 Farm Markets this summer and fall with a variety of vendors including vegetables, fruits, soaps, local bread, pickles, nut mixes, and health education materials.</p> <p>UH Portage is working with the Ravenna Schools to help support their weekend food distribution backpack program which will begin in January.</p> <p>Continues to be more health and nutrition education information provided by Sodexo in the cafeteria for employees and the community.</p> <p>Renovations are happening in the ED. Not sure if there will be any change to ED vending machines.</p> <p>Perks coffee shop will be moving to the main lobby this fall. This will provide an additional resource for healthy food and snacks more centrally located in the hospital.</p>
<b>Year 3:</b> Introduce the program into other areas of the community (businesses, schools, churches, etc.)		October 1, 2019	
<b>Partner with Portage Park District to implement various programs/policies</b>			
<p><b>Year 1:</b> Partner with local communities across the county to promote park planning, funding and development.</p> <p>Increase awareness, access and use of parks:</p> <ul style="list-style-type: none"> <li>• Improve trail quality and signage.</li> <li>• Promote and expand the "Wild Hikes Challenge."</li> <li>• Promote park and trail use through social media, Meetup groups, hiking clubs.</li> <li>• Partner with health care providers to distribute maps and brochures of parks and trails.</li> </ul> <p>Initiate partnerships for Park Rx program.</p>	Christine Craycroft, Portage Park District	October 1, 2017	
<p><b>Year 2:</b> Initiate and expand park programming for healthy recreation including walking and biking clubs.</p> <p>Distribute Parks Rx program materials to pilot groups of healthcare providers, and evaluate progress.</p> <p>Partner to create a pump track for bikes in association with the hike and bike trail.</p> <p>Add 3 miles of trails.</p>		October 1, 2018	<p><b>1-16-18:</b> Andrea (Portage Park District): Wild Hikes Challenge for 2018 is out and posted on website. Saw an increase in 2017 from prior years, including influx from Cuyahoga and Summit counties). Will be doing additional marketing in 2018.</p> <p>Introduced intern, Miranda, who will be responsible for Parks RX program, inventory of walking/hiking meet-up groups, and also help with promoting programs and parks use.</p> <p>Recently acquired more land in Streetsboro, to be open to the public in the coming years.</p> <p>There are winter activities (cross country skiing, sledding, etc.) promoted in the parks</p> <p><b>4-17-18:</b> Andrea: Getting close to launching Park Rx. Have developed rack cards that can be placed anywhere throughout the county. Have also developed activity flyers, that include comprehensive information on each park with maps, list of activities, trail info including equivalent calories burned, etc. All info will be posted on the Park District website as well (and are planning to</p>

		<p>launch a new website soon.) A poster has also been created to advertise the Parks Rx program, planned to first distribute to partner agencies and clinics. Parks Rx materials do not replace, but are in addition to, existing maps and program materials which will also be newly created and updated in the next several weeks.</p> <p>Mindy (UH Portage) offered to assist in distributing Parks Rx materials to PCPs, cardiologists, cardiac rehab offices, etc, when the Park District is ready.</p> <p>Andrea: Owlbert the mascot now has trading cards, geared toward the 4 seasons, which will be handed out during appearances, hoping to encourage participants to keep returning to collect a full set.</p> <p>“Phase II” of Morgan Park is in the planning stages, and will add just under 4 additional miles of trails, targeting completion by end of the year. This will also include an accessible trail.</p> <p>Creation of a pump track is currently on hold. Ravenna Parks applied for a grant to create one and did not receive funding.</p> <p><b>7-17-18:</b> Andrea: Park Rx program has launched. Have been working with many community agencies, distributing cards, posters, flyers to help promote the program and get people out and moving and utilizing the parks system. Cards are a general awareness campaign for all populations. The folded handout flyers are targeted for program partners implementing the program, and have all of the information people need to use the parks, including a map. Specific activity sheets for each park are forthcoming on their website. Working on how to track the users of the Park Rx program. Planning a survey with inclusion of code words on park kiosks to confirm people completing the survey are at that location and using the parks. Plan is to have complete in the next few weeks. Next year, once there is awareness of the Park Rx program, plan to arrange specific programming in collaboration with partners, to include mental health awareness .</p> <p>No update on the pump track at this time.</p> <p>Morgan Park off of SR44 is adding nearly 4 miles of additional trails, to be completed in October.</p> <p>Public planning meetings are happening for Tinkers Creek and Kent Bog this week. There is also a public feedback survey available on the website, for those unable to attend the meetings.</p> <p><b>10-16-18:</b> Andrea: Parks RX was launched, and the focus for this year was an awareness campaign. Partnered with multiple social service agencies including WIC, UH, PCHD, AxessPointe, etc., to promote and pass out materials. There are 17 kiosks at each of the parks, usually in the parking lots. These have code words for visitors of the park to contact Andrea, who will then personally contact them back with a survey about their park experience and additional information. This program has had a slow launch, as thus far Andrea has only been contacted by one person, and has received no surveys. This is not surprising as it is known there has been a slow launch for community partners. Will be increasing engagement and developing more activities at the parks to increase usage.</p>
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<p><b>Year 3:</b> Expand participation in Parks Rx, Wild Hikes Challenge and group activities.</p> <p>Partner to develop a fitness trail with outdoor exercise equipment.</p> <p>Partner to offer community gardens and associated programming on park property.</p>		<p>October 1, 2019</p>	

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**HEAL (Healthy Eating, Active Living)**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Implement Complete Streets Policies within the City of Kent</b>			
<p><b>Year 1:</b> Raise awareness of Complete Streets Policy and adopt comprehensive complete streets policies.</p> <p>Gather baseline data on all of the Complete Streets Policy objectives.</p> <p>Plan and hold a meeting with city residents, city planners and other city officials in attendance to discuss future policy changes.</p>	<p>Jeff Neistadt, Kent City Health Department</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Begin to implement the following Complete Streets Objectives:</p> <ul style="list-style-type: none"> <li>• Increase in total number of miles of on-street bicycle facilities, defined by streets and roads with clearly marked or signed bicycle accommodations.</li> <li>• Pursue Safe Routes to School status from the National Center for Safe Routes to School.</li> <li>• Pursue city council ordinance that any street needing significant repair transition to a Complete Streets model.</li> <li>• Pursue city ordinance requiring bike riders under 16 to wear a helmet.</li> </ul>		<p>October 1, 2018</p>	<p><b>1-16-18:</b> Jeff: Getting an intern to do assessment of Safe Routes to School program. Plan to apply for grant by year end.</p> <p>Will be working with city engineers office to connect some of the biking/walking trails.</p> <p>Pursing city ordinance to ensure people are wearing helmets while biking. (Many people bike in Kent all year.)</p> <p>Becky (PCHD): PCHD is working with a NEOMED student on a needs assessment for Safe Routes to School. Will share into with Kent.</p> <p><b>4-17-18:</b> Mike (Jeff): Kent City Health Department is continuing to work with city engineers in pursuit of implementing Safe Routes to School.</p> <p>Becky (PCHD): PCHD is working with Mary Ellen Liang NEOMED MPH student on Safe Routes to School. The assessment is complete and a strategic plan has been created. Information was shared with Kent City Health Department.</p> <p><b>7-17-18:</b> Jeff: Have worked on several initiatives, thanks to ODOT funding. Particularly centered around South Water Street. Are adding wider bike lanes and new sidewalks (widening for wheel chair access), targeting completion by winter. Bike lanes and sidewalks will be included in all future street renovations.</p> <p>Still pursuing Safe Routes to School, which has been pushed toward this fall due to scheduling.</p> <p>Trying to eliminate parking issues in downtown area.</p> <p>Continue pursuing city ordinance for bike riders to require helmet use. Will be giving bike helmets away. Will work on partnering with PCHD for helmets.</p> <p>City council has approved bringing in a company from Cleveland to provide 2-hour guided bike tours of Kent. Can include refreshments. Will take people to parks and other places of interest in Kent. Likely will begin in spring 2019.</p> <p><b>10-16-18:</b> Mike (Jeff): Continuing implementing more sidewalks in Kent. Working on a Transportation and Walkability Assessment with the city planner to be completed soon, which will combine well with the Safe Routes to School assessment and planning.</p>
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p>		<p>October 1, 2019</p>	

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Action Step	Responsible Person/Agency	Timeline	Progress
<b>Develop a Portage County Obesity Coalition</b>			
<p><b>Year 1:</b> Establish the basic principles of the coalition and develop evaluations for progress.</p> <p>Recruit community leaders, stakeholders, school RN's and primary care physicians to sign up and become members of the coalition.</p> <p>Announce the coalition through press releases and social media outlets. Work to establish a mailing list serv to send updates to the community.</p> <p>Complete an action plan and set 2-3 goals that the coalition will work towards implementing.</p> <p>Begin to determine resources and begin to secure funding.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Work towards completion of established action plan goals.</p> <p>Expand coalition to recruit and include all partners interested in decreasing childhood and adult obesity.</p> <p>Collaborate in development of additional goals and pursuit of funding.</p> <p>Research community bike giveaway programs.</p> <p>Partner with community agencies (and PCHD bike helmet program) to distribute bike helmets to children in need.</p>	<p>Becky Lehman, Portage County Combined General Health District</p>	<p>October 1, 2018</p>	<p><b>1-16-18:</b> Becky: No progress at this time on expanding the Obesity Coalition.</p> <p>PCHD will be partnering with Ravenna Elks Lodge and Ravenna Police Department to host a Bike Rodeo on 6/2/18. PCHD will be applying to the "Put a Lid on it" grant for the fifth year for bike helmets to be distributed at the rodeo. This will be the second year partnering with the Ravenna Elks for the bike rodeo.</p> <p><b>4-17-18:</b> Becky: Plan is to expand Obesity Coalition this summer; having first large meeting by end of summer.</p> <p>ODH MCH grant removed funding for FY19 grant cycle for obesity prevention. PCHD spoke with United Way on funding opportunities for KSU Center of Nutrition Outreach. Shared the grant funding information with Natalie Caine-Bish, to help with funding school-based programs previously funded by MCH grant.</p> <p>PCHD is on track for the bike rodeo event being held on June 2<sup>nd</sup> in partnership with Ravenna Elks.</p> <p>Maureen (United Way) passed out to the group a Community Impact Health dashboard, developed in alignment with the CHIP activities to guide agencies and others in the community of relevant priorities, indicators, and outcomes for proposed projects submitted to United Way requesting funding.</p> <p>Mindy (UH Portage): Windham Renaissance Family Center community garden is underway. Great community effort in place. Volunteer day was held end of March to bring in compost to start things up for the season.</p> <p><b>7-17-18:</b> Becky: Plan is to expand Obesity Coalition this summer; having first large meeting by end of summer. Potentially working with NEOMED project (Amy Lee) to expand coalition members, looking at who needs to be invited to the table that is not currently participating.</p> <p>Jeff (Kent City HD): Recommends involving Employee Wellness programs (Davey Tree, Parker Hanifin, Kent City Schools (all school districts), Loreal,</p>

			<p>large manufacturers in Streetsboro and Aurora), as well as faith-based organizations. Discussion included that faith based are expressing interest in wellness programming brought to their congregations.</p> <p>Mindy (UH Portage) offered that she may be able to provide a list of pastoral services for the county.</p> <p>Becky: Held bike rodeo in partnership with Ravenna Elks on 6/2/18.</p> <p>Joe (PCHD): Reported that he saw a church in Rootstown that had their parking lot closed to have a safe place for kids to ride their bikes. May be a good avenue for bike helmet giveaway partnership.</p> <p><b>10-16-18:</b> Becky: No progress at this time. Still looking to work with NEOMED students to create a list of potential coalition members to start up this coalition which will be titled the "HEAL Coalition". Due to funding and other changes, this Coalition will be developed from scratch, as opposed to expanded upon from the former Obesity Coalition.</p> <p>Angela DeJulius (KSU): Indicated that a small amount of funding may be available through a grant from the Portage Foundation to get this Coalition started.</p>
<b>Year 3:</b> Continue efforts from years 1 and 2.		October 1, 2019	
<b>Implement the Prescription for Health Program</b>			
<p><b>Year 1:</b> Research Prescription for Health program.</p> <p>Obtain baseline data to document need for Prescription for Health.</p> <p>Contact potential clinic and farmer's market partners. Schedule and attend meetings with potential partners – discuss the program and requirements for participation.</p> <p>Finalize clinic and program partners.</p> <p>Decide what program materials are needed.</p> <p>Develop program materials.</p>	<p>Jeneane Favaloro, AxessPointe Community Health Center</p>	October 1, 2017	
<p><b>Year 2:</b> Research Prescription for Health program.</p> <p>Obtain baseline data to document need for Prescription for Health.</p> <p>Contact potential clinic and farmer's market partners. Schedule and attend meetings with potential partners – discuss the program and requirements for participation.</p> <p>Finalize clinic and program partners.</p> <p>Decide what program materials are needed.</p> <p>Develop program materials.</p>	<p>Amy Lee (NEOMED) and NEOMED SOAR Clinic</p>	October 1, 2018	<p>Amy provided email update, <b>1-16-18:</b> Have initially researched Prescription for Health. Currently exploring possibility of implementing alternative program, Health Leads, with the NEOMED SOAR Clinic as a possible pilot site.</p> <p>Andrea (Portage Park District) will contact Amy to see how the Park Rx program may align with these efforts.</p> <p><b>4-17-18:</b> Amy: Have students investigating Health Leads, looking to adapt to the SOAR clinic to implement such a social needs assessment into the current clinic flow. Also exploring feasibility of stocking canned food and other items at the clinic to meet the population needs. Plan to set up a panel session. Will involve medical and public health students working together, as well as potentially bringing in social work students through collaboration with the University of Akron.</p> <p>Also looking to develop a specific service provider contact call system, so that patients at the clinic on Saturdays as well as clinic providers have specific personal direct contacts to ask questions and follow up with.</p>

			<p>Lacey (SOAR) indicated that the Portage Park District provides information to the clinic regarding physical/recreational opportunities. Stressed the ultimate goal/need for a community liaison, to assess the patient needs and how best to address them within the primary care system.</p> <p><b>7-17-18:</b> Amy: NEOMED has students that are implementing Health Leads into the SOAR clinic. A student QI project worked on instituting the Health Leads social needs assessment without increasing patient wait time at the clinic. Also provide a bag with food, soap, personal items, and educational materials to all patients seen at the SOAR clinic, including the Portage Park District Park Rx pamphlet. A student will be further working with the Portage Park District, looking (through surveys) at "what patients are doing with the Park Rx" after they receive it, attempting to assess whether or not the program and information does drive patients to become more physically active.</p> <p>Plan to expand with additional related projects in the future, possibly to include social work students' involvement and follow-up.</p> <p><b>10-16-18:</b> Amy: The NEOMED student has finished their QI project looking at incorporating a social needs assessment into the SOAR clinic without increasing patient wait times. Had good results indicating this can be done. Now working on implementing it in the clinic, hopefully within the next few months.</p>
<b>Year 3:</b> Double the number of locations offering the Prescription for Health program.		October 1, 2019	
<b>Incorporate families and children into community physical activities</b>			
<p><b>Year 1:</b> Obtain baseline data on races and other organized physical activities in the county and if they offer a child or family component</p> <p>Provide at least one Community related program promoting physical activity and families.</p>	Natalie Caine-Bish, Kent State University Center for Nutritional Outreach & The Portage County Obesity Coalition	October 1, 2017	
<p><b>Year 2:</b> Provide five family engagement Healthy Kids Running Series events in Portage County.</p> <p>Collaborate with Sequoia on the fitness activity and nutrition programs.</p>	Natalie Caine-Bish, Kent State University Center for Nutritional Outreach and Jackie Smallridge, & Jacy Watson, Sequoia Wellness	October 1, 2018	<p><b>1-16-18:</b> Becky (PCHD): KSU will continue to host the Healthy Kids Running Series in Portage County. Are revising forms/materials to make it clearer that KSU covers all costs for participants.</p> <p>Natalie provided email update, <b>4-16-18:</b> Healthy Kids Running Series is running this month. Have had one race thus far, and have 40 participants signed up for the 5-week series. The MCH Grant with Center for Nutrition Outreach funding is paying \$30 of the registration fee for each child to participate. (Remaining cost per child is just \$5 to run the entire series.)</p> <p>KIDS Camp (the Center for Nutrition Outreach free weight management program for overweight children and adolescents) finished the 2<sup>nd</sup> session last week. 30 kids participated between the fall and spring sessions.</p> <p>Andrea (Portage Park District): Will be meeting with</p>

		<p>Jackie at Sequoia Wellness this week to work on developing a training program for preparation to participate in the Head Waters Adventure Race, collaborating on the Parks Rx program, and other activities.</p> <p><b>7-17-18:</b> Jackie: Started a hiking and walking club using the Park Rx program. Holding walks/hikes twice per month, free to everyone. Had NEOMED PD come and speak about safety. Will increase advertising to get more people involved and using parks.</p> <p>Kids summer camp is underway, and very activity oriented. Open to all. 3 themes for the 3 months: Mind, Body, and Soul. Last in August; are still openings.</p> <p>Jacy: Held a training series starting in May to prepare people for the Mantua Adventure Race (held this past weekend).</p> <p>Saturday, September 15<sup>th</sup> will host a Miles for Meals 5K with profits to benefit the Ben Curtis Foundation. Registration is open to all-\$25 (student discount \$15.) Family Fun Day will be held after the 5K.</p> <p>For Sequoia members: Youth Performance Club is available for children 10-14 years of age (too old to be in daycare but not old enough to be on their own.) Youth are supervised at all times, and work one-on-one with a personal trainer. Afternoons and weekends, catered to each child often around sports goals. Includes pre-activity screening.</p> <p>Jackie: Attended the Safety and Health Expo, and connected with multiple companies regarding interest in worksite wellness programs, and tailoring efforts specifically for their employees. Portage County just became a corporate account working with Sequoia. Seeing need in smaller companies, especially manufacturing employers. Working with UH Portage for biometric screenings, etc.</p> <p>Have a new diabetes prevention program (working with UH Portage). Looking at the prevention side of diabetes, focusing on individuals who are pre-diagnosis or have adverse lifestyle habits/at-risk. First group nearly complete, with positive results. Continuing with next group starting the last week of August. Hoping in the future to have it become a CDC accredited program.</p> <p>Angela DeJulius (KSU): Kent State of Wellness will continue hosting Wellness Summits twice per year. This is the third year, with next coming in September.</p> <p><b>10-16-18:</b> Becky (Natalie): Healthy Kids Running Series ran this past April/May. 47 families participated in the 5-week running series. The weather was a factor in the low turnout. Program was paid for by PCHD MCH grant funds. Due to lack of funding to continue the Healthy Kids Running Series, it was unable to be conducted in October. KSU Center for Nutrition Outreach is seeking funding for programming.</p> <p>There were 57 participants from January-May in the KSU Cooking Classes (program to increase family cooking skills from minimum to moderate skill level). Program was paid for by PCHD MCH grant funds.</p>
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			<p>Andrea (Portage Park District): Kick off for Sequoia's Dimensions of Wellness week was held by the Park District this past Sunday with a one-mile hike at Morgan Park, and the topic of environmental wellness. There were 14 participants. Portage Park District partnered with Sequoia on a safety talk this summer and will continue to work with them on various projects in the future.</p> <p>Jackie: Sequoia Hiking Club held safety talk with NEOMED PD in September, shared info with Portage Park District. Event was free to the public. Hiking Club hosted a hike with Portage Park District on October 14<sup>th</sup> at Morgan Park as part of Sequoia's Dimensions of Wellness Week. Planning to attend additional hike with Portage Park District through the Fall. Miles for Meals 5K was held September 15<sup>th</sup>. Over 80 participants raised funds for Ben Curtis Family Foundation.</p> <p>Discussing plans for 2019 to partner with Rootstown Township to hold a family oriented, activity-based event in the late Spring/early Summer at the newly developed area of the Rootstown Community Park.</p> <p>Had 60 children participate in Sequoia Summer Camps in June, July and August. Preparing for Winter Camps which will be held on Saturdays in December. All camps are activity based.</p> <p>Youth Performance Club (youth, age 11 to 14) has 20 participants. Participants meet with fitness staff for a workout plan and utilize the fitness equipment under the supervision of the staff.</p> <p>Continuing to meet with area businesses and companies to discuss corporate membership for their employees and worksite wellness programming.</p> <p>Sequoia's Diabetes Prevention Program (DPP) was introduced in April 2018. Is a 16-week program based on the CDC's prevention program. Sequoia added a Small Group Personal Fitness component, personalized nutritional counseling and the program is led by Licensed Dietitians. The goal of the program is disease (Diabetes) prevention. The first class included 9 participants. All achieved some measure of success with the 16-week program, including reduced weight, reduced body fat percentages, increased energy, increased flexibility and strength. Several participants who were on medications were able to reduce various dosages of medications as a result of improved overall health. The second class started at the beginning of October and has 6 participants. The program has been extended from 4 months to 6 months by including 2 months of group support through Sequoia's Next Step Program. Plans for 2019 include reaching out to physicians and medical practices to inform them of the availability of this program for their patients who are determined to be at risk of developing diabetes.</p> <p>Sequoia's First Step Weight Management Program for the Q2 2018 had 8 participants. The Q3 2018 has 11 participants. This program is similar to DPP in terms of the type of information and Nutrition and Fitness support, but is an 8-week program. The goal and purpose of this program is for weight loss and weight management.</p>
<p><b>Year 3:</b> Increase child and family participation at organized physical activity events by 10%</p>		<p>October 1, 2019</p>	

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<b>Implement a Healthier Choices Campaign</b>			
<p><b>Year 1:</b> Work with Portage County Obesity Coalition and the KSU Center for Nutrition Outreach to develop a Healthier Choices Campaign.</p> <p>Secure funding to create campaign materials.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach &amp; The Portage County Obesity Coalition</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Roll out a Healthier Choices -type campaign to schools, youth centers, local gyms, and healthcare offices as pilot centers.</p> <p>Explore potential funding opportunities (United Way Community Needs Grant, etc)</p>		<p>October 1, 2018</p>	<p><b>1-16-18:</b> Becky (PCHD): Using the Nutrition and Physical Activity Needs Assessment completed in October, an action plan (including such campaign activities) has been submitted to ODH under the Maternal Child Health grant.</p> <p><b>4-17-18:</b> Becky (PCHD): ODH MCH grant removed funding for FY19 grant cycle for obesity prevention. PCHD spoke with United Way on funding opportunities for KSU Center of Nutrition Outreach. Shared the grant funding information with Natalie to help with funding school based programs previously funded by MCH grant.</p> <p><b>7-17-18:</b> Vinod (NEOMED): is part of a 5-student group proposing a project campaign targeting school children, advertising and educating children (piloted in Windham) on adverse effects of sweetened drinks, and the benefits consumption of water. Looking to analyze buying habits of children with pre and post baseline data collection. Planning to implement September through April.</p> <p>Amy (NEOMED): Interested in having someone from the HEAL group to hear presentations such as this one and others at an event on August 4<sup>th</sup>, and to provide comments and real world suggestions on student projects. Lunch will be provided. Contact Amy Lee if interested.</p> <p><b>10-16-18:</b> Becky (PCHD): As previously discussed, MCH cut nutrition education funds from the grant. In October, PCHD was notified that all MCH funds were pulled from Portage County, due to county health rankings scores. Will need to seek alternate funding opportunities to continue education and programming efforts.</p>
<p><b>Year 3:</b> Roll out campaign to entire County</p> <p>Continue fundraising.</p>		<p>October 1, 2019</p>	
<b>Increase nutrition/physical education materials being offered to patients by primary care providers</b>			
<p><b>Year 1:</b> Work with primary care physicians and offices to assess what information and/or materials they are lacking to provide better resources for overweight and obese patients.</p> <p>Develop nutrition/physical education tool kits to provide to primary care physicians that include dietitian referral information.</p> <p>Obtain funding for toolkit printing and training.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach &amp; The Portage County Obesity Coalition</p>	<p>October 1, 2017</p>	

<p><b>Year 2:</b> Investigate collaborative opportunities for system solutions with the three major health systems.</p> <ul style="list-style-type: none"> <li>• Identify people in each system that can share the screening tools; ascertain if EMRs from each system can be collected/shared.</li> <li>• Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity).</li> <li>• Obtain EMR <b>required</b> questions from all the health care systems.</li> <li>• Determine PCP assessment criteria and follow up/referral protocols.</li> </ul>	<p>Joseph Diorio, and Mark Arrendondo Portage County Combined General Health District and Kirk Stiffler, Kent City Health Department</p>	<p>October 1, 2018</p>	<p><b>1-16-18:</b> Joe: Starting from square one in this second year, looking at having the medical directors from both health departments reach out to the medical community to determine what questions are being asked to patients in the community on their EMRs related to healthy eating/active living. (Have identified that at least 3 different systems are currently being used throughout providers in the county.) Also seeking to learn what they are doing to refer people to resources. This same concept spills over into mental health and substance abuse, with oversight/direction led by the access to healthcare coalition.</p> <p><b>4-17-18:</b> Joe: Dr. Arrendondo and Dr. Stiffler have been working with two physicians to gain information on their EMR questions and protocols (related to all relevant CHIP priorities.) Will have additional info to report next quarter.</p> <p><b>7-17-18:</b> Joe: Through the 2 medical directors, have received info from one identified physician, and need to reach out again to the other. Dr. Crystal Mosca is a UH affiliated ambulatory physician, and provided the info. The EMR system she utilizes is Allscripts Touchworks, which was indicated to be used by the majority of outpatient UH providers, with exception of hematology/oncology. There are no required questions within the EMR, with exception of the Adult Risk Screen questions which providers and staff are educated are required, yet the system will not stop if not completed. Often time constraints and discomfort with certain questions and how to follow up are limiting for individual providers in screening with certain questions. Physicians routinely focus the attention and questions asked on the specific reason the patient came in for. Well visits or new patient visits typically allow for the greatest opportunity for discussion of broader issues. Dr. Mosca indicated that in her opinion, though there are multiple options for educational materials and referrals to nutrition and weight loss programs within the EMR system, they do not provide the best information and patients are often resistant due to time and/or cost. She believes that improvement could be made with regard to exercise prescription and that an order could be created within the EMR to assist, but an adequate version does not currently exist.</p> <p>Mindy (UH Portage): Expressed that some challenges with EMR referrals are that the resources may not be in Portage County, creating access issues for residents. It is costly to get all UH systems to be integrated. UH Portage is working with the Portage Park District to get the Park Rx info into physicians' offices</p> <p>Andrea (Portage Park District): The ultimate goal is to get the Park Rx program into the EMR systems, though it is difficult to do. They have thus opted to work on a pilot program localized for Portage County.</p> <p>Angela DeJulius (KSU): Offered the suggestion to utilize Grand Rounds at the hospital as an avenue to promote the Park Rx program, as well as to promote other local resources to physicians.</p> <p><b>10-16-18:</b> Joe: Collected baseline data on several of the EMRs in use in Portage County. Bottom line is that EMRs can be found to be cumbersome by PCPs.</p>
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			<p>There are many different ones, and they are not all connected as is the intent. The educational resources connected to the EMRs are not looked at favorably by some physicians. Year 3 goal may be to put together local resources information and ensure availability and understanding by medical providers, as this seems to be the primary need from the medical community. Can explore possible implementation of resource information connected into the EMR systems.</p> <p>Ana (AxessPointe): Indicated that plain word documents will be best able to be incorporated into AxessPointe's EMR, and there is an approval process. Patient point kiosks are utilized in each exam room for potential ways to communicate with patients. TVs in waiting rooms are also used.</p>
<b>Year 3:</b> Offer additional trainings to reach at least 50% of the primary care physician offices in the county.		October 1, 2019	
<b>Expand the Personal Improvement Program (PIP) in schools</b>			
<p><b>Year 1:</b> Increase awareness among schools about the PIP program. Meet with school superintendents, after school program directors, and other school staff.</p> <p>Explore feasibility of expanding the program to other schools.</p> <p>Explore funding opportunities to expand program.</p>	William McCluskey, Edinburg Township	October 1, 2017	
<p><b>Year 2:</b> Implement the PIP program at West Main Elementary School in Ravenna.</p> <p>Recruit exercise physiologists, certified fitness instructors (ACSM), or PE students or teachers to volunteer for classes.</p> <p>Pursue sponsors and donations for healthy snacks and student t-shirts.</p> <p>Explore potential funding opportunities (United Way Community Needs Grant, etc)</p>		October 1, 2018	<p><b>1-16-18:</b> Bill: Has not heard from anyone regarding support/volunteers/sponsors. Has speakers and contacts for education. Has approval of Ravenna Schools superintendent. The primary restriction is Bill's personal time to run the program (like he has in the past). Has spoken with KSU exercise physiology department regarding interest in volunteering, but the issues is they don't yet have their student population for the fall semester (when targeting to implement the program at West Main.) Also plans to speak with Hiram College and Sequoia Wellness.</p> <p>Exploring possibility of expanding to Rootstown Schools and NEOMED STEM program.</p> <p>Bill provided email update, <b>4-17-18:</b> Has not been able to coordinate a fill-in from the Ravenna Board. Has also not been able to gain commitments from others to help form a core volunteer team for the program. Speakers and activity participants have been established, but the physical activity instructors for the 2 days a week classes have not been established.</p> <p>Bill provided email update, <b>7-17-18:</b> Has been no further action. He attended a webinar for a Robert Woods Foundation grant to support the program, but the application was rejected.</p> <p><b>10-16-18:</b> No updates at this time.</p>
<b>Year 3:</b> Continue efforts from years 1 and 2.		October 1, 2019	

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HEAL (Healthy Eating, Active Living)

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Implement postpartum weight loss educational program at WIC</b>			
<p><b>Year 1:</b> Initiate "Healthier You" program to provide targeted nutrition education, breastfeeding support, recipes and physical activity recommendations to encourage healthy weight reduction to postpartum WIC mothers.</p> <p>Establish a Facebook group to appeal to millennials.</p>	Amy Cooper, WIC Director	October 1, 2017	
<p><b>Year 2:</b> Expand "Healthier You" to include involvement of community partners.</p> <ul style="list-style-type: none"> <li>• Collaborate with Portage Parks District to promote family (Mom and Me) walks in the park</li> </ul> <p>Offer quarterly meet-ups of WIC mothers – offer education by community partners such as car seats, smoking cessation, stress management, safe sleep and baby wearing, as well as cooking demonstrations, breastfeeding education and mom-to-mom support.</p>		October 1, 2018	<p><b>1-16-18:</b> Amy: Distributed 116 "Healthier You" brochures (October-December) to new moms. Facebook group continues to have limited participation. Ordering from state WIC "Mothers in Motion" DVDs with strategies for improving health.</p> <p>Hope to partner with Portage Park District for work on year 2 goals.</p> <p>Joe (PCHD) asked if there is any talk regarding home visits for new moms. Amy reported that HMG does the home visiting program through a contract with Mahoning County. Joe would like to see the home visiting program for new moms reinvigorated through use of public health nurses.</p> <p>Amy provided email update, <b>4-9-18:</b> Distributed "Healthier You" brochures to 65 women (Jan-March)</p> <p>Referred 21 women who expressed interest to "Mothers in Motion" program on <a href="http://www.wichealth.org">www.wichealth.org</a> and issued 3 Mothers in Motion DVDs to mothers who requested them. ("Mothers in Motion" is an 11-lesson series developed by Michigan WIC to help mothers who often struggle with stress, time management, parenting, meal planning and exercise. Lessons include real WIC mothers who successfully incorporate the lessons to improve their health as well as the health of their families.)</p> <p><b>7-17-18:</b> Amy: Distributed 67 materials (April-June) to moms who have been identified as having excessive weight gain during pregnancy. 56 "Healthier You" brochures, and 11 "Mothers in Motion" DVDs or online links. Have garnered a lot of interest from an educational poster in the WIC lobby.</p> <p>Farmers Market starts next week. 330 booklets to be given out.</p> <p>August is Breast Feeding Awareness month, and will host an event at Chestnut Hills Park, near the walking trails.</p> <p><b>10-16-18:</b> Amy: Distributed 59 "Healthier You" brochures (July-September). May have been more distributed than documented by staff. Referred 7 women to the "Mothers in Motion" program on <a href="http://www.wichealth.org">www.wichealth.org</a>. WIC has the Park Rx brochures as well and is looking forward to further partnering and programming with Park Rx in the spring.</p> <p>Portage Park District attended WIC's breastfeeding event in August to promote parks and walks.</p>
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p>		October 1, 2019	

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**Increase Mental Health Services**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Increase awareness and accessibility of available mental health services</b>			
<p><b>Year 1:</b> Educate school personnel and social workers in at least three local school districts on the availability of mental health services</p> <p>Create a presentation on available mental health services and present to Portage County area churches, Law Enforcement, Chamber of Commerce, City Councils, Portage College students majoring in social work, etc.</p> <p>Support and disseminate an informational brochure that highlights all organizations in Portage County that provide mental health services.</p>	<p>Karyn Hall, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Educate school personnel and social workers in all local school districts on the availability of mental health services.</p> <p>Continue presentations on available mental health services to Portage County groups.</p>		<p>October 1, 2018</p>	<p><b>1-17-18:</b> Karyn: Held Crisis Team Intervention training for Portage County police officers. 11 officers completed the 40-hour training.</p> <p>Held the "International Survivors of Suicide Loss" Day event on November 18. Four community members attended. (Low turnout---thinking due to Stow having an event the same day.)</p> <p>Are advertising services and the crisis line regularly in the Record Courier and through social media.</p> <p><b>4-18-18:</b> Karyn: Continue routinely advertising services and crisis lines in Record Courier and on social media. Crisis text line allows individuals to text 741741 and (in Ohio) text "for hope" to connect with assistance. Have received positive feedback from individuals who have used it. This line will contact local 911 directly if text is suicide focused.</p> <p>Dr. D'Abreau (KSU) indicated that she will include this crisis text line information in revised University materials.</p> <p>*See addendum with a listing of mental health &amp; addiction/substance abuse community outreach events and presentations</p> <p>Jean (United Way) passed out to the group a Community Impact Health dashboard, developed in alignment with the CHIP activities to guide agencies and others in the community of relevant priorities, indicators, and outcomes for proposed projects submitted to United Way requesting funding.</p> <p><b>7-18-18:</b> Karyn: Increased mental health awareness advertising in May for Mental Health Month – eblasts, newspapers, social media.</p> <p>Interviewed by WKYC in April about mental health issues in children and resources, following local tragedy.</p> <p>Had a Mental Health Month display focusing on children, at the Streetsboro Library during May.</p> <p>*See addendum with a listing of mental health &amp; addiction/substance abuse community outreach events and presentations</p> <p><b>10-17-18:</b> Karyn: *See addendum with a listing of mental health &amp; addiction/substance abuse community outreach events and presentations</p>
<p><b>Year 3:</b> Continue efforts of years 1 and 2 and expand outreach</p>		<p>October 1, 2019</p>	

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**Increase Mental Health Services**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Increase the number of primary care physicians screening for depression during office visits</b>			
<p><b>Year 1:</b> Collect baseline data on the number of primary care physicians that currently screen for depression during office visits.</p> <p>Research screening tool with other 4 priorities.</p>	<p>Paul Dages, Suicide Prevention Coalition and Joel Mowrey, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Investigate collaborative opportunities for system solutions with the three major health systems.</p> <ul style="list-style-type: none"> <li>• Identify people in each system that can share the screening tools; ascertain if EMRs from each system can be collected/shared.</li> <li>• Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity).</li> <li>• Obtain EMR <b>required</b> questions from all the health care systems.</li> <li>• Determine PCP assessment criteria and follow up/referral protocols.</li> </ul>	<p>Joseph Diorio, and Mark Arrendondo Portage County Combined General Health District and Kirk Stiffler, Kent City Health Department</p>	<p>October 1, 2018</p>	<p><b>1-17-18:</b> Joe (Becky): Starting from square one in this second year, looking at having the medical directors from both health departments reach out to the medical community to determine what questions are being asked to patients in the community on their EMRs related to mental health. (Have identified that at least 3 different systems are currently being used throughout providers in the county.) Also seeking to learn what they are doing to refer people to resources. This same concept spills over into substance abuse and nutrition/physical activity, with oversight/direction led by the access to healthcare coalition.</p> <p><b>4-18-18:</b> Kevin (Joe): Dr. Arrendondo and Dr. Stiffler have been working with two physicians to gain information on their EMR questions and protocols (related to all relevant CHIP priorities.) Will have additional info to report next quarter.</p> <p>Dr. D'Abreau (KSU) shared that KSU used to use the PRQ3 but stopped doing so because they didn't have the time/resources to handle the answers at the time of the visit.</p> <p>Renee (UH Portage): Working with UH Institute to implement a screening tool with physicians for substance abuse and mental health, which will be connected with the UH EMR. If concerns are identified, the patient will be referred to the appropriate services. Aiming to work with Coleman and Townhall II counselors, implementing their services into the physicians' offices.</p> <p>Wendy (KSU College of Nursing): shared info about a student project done in another county, where nursing staff conducted the screenings and were trained to score the responses. The score was then shared with the physician to handle the referral process. SAMSA has good guidance available on how to integrate services into physician offices.</p> <p><b>7-18-18:</b> Joe: Through the 2 medical directors, have received info from one identified physician, and need to reach out again to the other. Dr. Crystal Mosca is a UH affiliated ambulatory physician, and provided the info. The EMR system she utilizes is Allscripts Touchworks, which was indicated to be used by the majority of outpatient UH providers, with exception of hematology/oncology. There are no required questions within the EMR, with exception of the Adult Risk Screen questions which providers and staff are educated are required, yet the system will not stop if not completed. Often time constraints and discomfort with certain questions and how to follow up are limiting for individual providers in</p>

			<p>screening with certain questions. Physicians routinely focus the attention and questions asked on the specific reason the patient came in for. Well visits or new patient visits typically allow for the greatest opportunity for discussion of broader issues. Dr. Mosca indicated that attempts have been made to code depression screening in notes and forms, to enable pulling additional information from the EMR reports.</p> <p><b>10-17-18:</b> Joe: Collected baseline data on several of the EMRs in use in Portage County. Bottom line is that EMRs can be found to be cumbersome by PCPs. There are many different ones, and they are not all connected as is the intent. The educational resources connected to the EMRs are not looked at favorably by some physicians. Year 3 goal may be to put together local resources information and ensure availability and understanding by medical providers, as this seems to be the primary need from the medical community. Can explore possible implementation of resource information connected into the EMR systems.</p>
<b>Year 3:</b> Increase the number of primary care physicians using the screening tool by 25% from baseline.		October 1, 2019	
<b>Expand evidence-based suicide prevention and bullying programs targeting youth and families</b>			
<b>Year 1:</b> Research Life Skills, QPR, ROX, Strengthening Families, and the Incredible Years programs.  Continue the implementation of Red Flags to the Portage County School Districts.	Karyn Hall, Mental Health & Recovery Board of Portage County	October 1, 2017	
<b>Year 2:</b> Increase awareness and participation of available programs. (Red Flags, Life Skills, PBIS, and Start with Hello.)  Continue researching the PAX program.  Collect data on Red Flags and other programs being utilized.  Implement at least 1 of the programs in 1 new location or school and/or in additional grade levels.		October 1, 2018	<p><b>1-17-18:</b> Karyn: Distributed crisis text line and mental health resource material to Kent City Schools following a student death by suicide.</p> <p>Lots of planning going on for this next quarter.</p> <p><b>4-18-18:</b> Karyn: A Mental Health Roundtable for school counselors and administrators was held on 2/6/18. Had 31 attendees, with 19 school employees representing every district in Portage County. Were two presentations -one on Red Flags by founder Penny Frese, and one on Actively Caring for People by Streetsboro counselor Ira Campbell. Following the presentations was a group discussion to share ideas, with discussion notes as follows: <u>Program ideas:</u></p> <ul style="list-style-type: none"> <li>• Actively Caring 4 People (Streetsboro)</li> <li>• Start with Hello (Streetsboro, Rootstown)</li> <li>• "Mix it up" day – during lunch period (Kent, Streetsboro)</li> <li>• Project Love (Streetsboro)</li> <li>• Re-entry process for suspensions/hospitalizations (Kent)</li> <li>• Christopher Mylo (speaker) (Field)</li> <li>• Positive Pals – tootsie roll idea (Rootstown)</li> <li>• Stick Together</li> <li>• Mission Impossible (Aurora)</li> <li>• PRIDE program (Aurora)</li> <li>• Positive Behavioral Intervention Strategies (PBIS)</li> <li>• Small groups w/ teacher involvement (Aurora)</li> <li>• Positive post-it notes on lockers (Streetsboro)</li> <li>• Compliment cards to staff / teachers (Ravenna)</li> <li>• "Happy" letters home – from children to family members (Ravenna)</li> <li>• Train the trainer – trauma-informed care (Crestwood)</li> <li>• Self-care programs for teachers (Crestwood)</li> <li>• Crisis Intervention Training (CIT) Education Collaborative being held July 16-20, 2018</li> </ul> <p><u>Challenges:</u></p> <ul style="list-style-type: none"> <li>• Academic emphasis</li> </ul>

			<ul style="list-style-type: none"> <li>• Resistance to “mix it up” day</li> <li>• No direct lines to consult personnel at CA</li> <li>• Teacher attitudes about mental health</li> <li>• How do we get the word out on trainings, especially in schools?</li> </ul> <p>The committee would like to plan another Roundtable in the fall at a larger venue.</p> <p>Teachers have concerns with taking kids out of the classroom, given limited time and resources.</p> <p>Had 2 completed suicides of children under 18 in 2017. This was rare for Portage County. (Had a total of 13 completed suicides in 2017 across all ages.)</p> <p>Discussed potential addition of programs focused on LGBTQ/sexuality stigma training and education.</p> <p><b>7-18-18:</b> Karyn: Presented information on mental health programs and resources available to the school districts at the April Superintendent meeting (MHRB, Coleman, Children’s Advantage, Townhall II). Provided a listing of the presentations offered for school staff training. Goal is to train more staff to know warning signs and resources. Several superintendents expressed interest.</p> <p>Presented similar information to the Crestwood School Staff administrator meeting in May. After the meeting, the school district scheduled an all-staff training for this August. Crestwood Schools also signed up for student school programming.</p> <p>The Portage County Commissioners approved funding from the sales and use tax for two programs: drug prevention education services provided by Townhall II for two additional prevention specialists, and six case managers through Children’s Advantage to be shared among the 11 school districts and Maplewood Career Center.</p> <p>Discussion was held regarding concern over Portage County experiencing an increase in suicides by individuals under the age of 18.</p> <p><b>10-17-18:</b> Karyn: Held the Crisis Intervention Training for Educators in July. During this week-long training, approximately 26 participating school personnel learned about mental health issues, substance use disorders, child abuse, trauma, human trafficking, and crisis management classroom skills. MHRB &amp; agency staff, community partners, and law enforcement officers gave presentations.</p> <p>Trainings provided for school staff (during their professional development days) in August:</p> <ul style="list-style-type: none"> <li>• Maplewood: Mindfulness in the Classroom</li> <li>• Crestwood: Mental Health Issues in Children, Trauma, &amp; Handling Children in Crisis</li> <li>• JAG Middle School: Red Flags Protocol and Mental Health Issues in Children</li> </ul> <p>Additional school staff training are being scheduled for this fall.</p>
<p><b>Year 3:</b> Continue efforts to implement the program(s) in at least one grade level in each school district</p>		<p>October 1, 2019</p>	

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Increase Mental Health Services

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Provide mental health first aid trainings</b>			
<p><b>Year 1:</b> Obtain baseline data on the number of trainings that have taken place.</p> <p>Market the training to Portage County area churches, schools, Rotary Clubs, Law Enforcement, Chamber of Commerce, City Councils, Kent State University students majoring in social work/mental health, Coleman services, non-clinician departments and organizations, etc.</p> <p>Provide at least 2 trainings</p>	<p>Karyn Hall, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Provide 2 additional trainings and continue marketing efforts to expand reach of trainings through community partners.</p>		<p>October 1, 2018</p>	<p><b>1-17-18:</b> Karyn: Mental Health First Aid class held in November by Coleman Professional Services and the MHRB. Was first class open to the public. 11 community members attended. Another class is scheduled for March 5<sup>th</sup> and 6<sup>th</sup>. Will begin advertising for it soon.</p> <p>KSU also does Mental Heath First Aid training.</p> <p><b>4-18-18:</b> Karyn: Mental Health First Aid class held in March with Coleman Professional Services and the MHRB. 13 community members attended.</p> <p>KSU held a class in January and trained 17 people.</p> <p>AI (PSACC): Kent Rotary has its annual auction coming in May, hoping to raise \$30,000 to support Coleman-provided mental health first aid training for Kent City Schools teachers.</p> <p><b>7-18-18:</b> Karyn: A Mental Health First Aid class was held and open to the public in June with Coleman Professional Services and the Mental Health &amp; Recovery Board. 20 community members attended. Next training open to the public will be in September.</p> <p>Hiram College (with Coleman) held a Mental Health First Aid training in April with 21 people.</p> <p>Kent State University held one class in June and trained 18 people.</p> <p>The aim of these programs is to train people to effectively offer "CPR" for mental health issues.</p> <p><b>10-17-18:</b> Karyn: A Mental Health First Aid class was held in September with Coleman Professional Services and the Mental Health &amp; Recovery Board. 16 community members attended. Project DAWN was added to this training. These trainings remain popular, and the next will likely be held after the holiday season.</p> <p>KSU held a training in August with 15 attendees.</p>
<p><b>Year 3:</b> Continue efforts from year 2.</p>		<p>October 1, 2019</p>	

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**Increase Mental Health Services**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Increase awareness of trauma informed care</b>			
<p><b>Year 1:</b> Continue community trainings on trauma informed care and adverse childhood experiences (ACEs).</p> <p>Continue to train clinicians on evidence-based trauma programs.</p>	<p>Joel Mowrey and Karyn Hall, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Continue efforts of year 1.</p> <p>Provide agency clinician training on Eye Movement Desensitization and Reprogramming psychotherapy treatment in spring 2018.</p>		<p>October 1, 2018</p>	<p><b>1-17-18:</b> Karyn: Dr. Jamie Marich spoke on the relationship between trauma and addiction at the Portage Opiate Conference held October 31 to over 225 attendees.</p> <p>Trainings are being scheduled for the agency counselors in Eye Movement Desensitization and Reprocessing (EMDR) for March 2018.</p> <p>Dr. D'Abreau (KSU): From Coleman, Dr. Pacer is now at KSU ½ day per week, and Heather Shehan is now at KSU one day per week. All psychologists are becoming trained in trauma informed care.</p> <p><b>4-18-18:</b> Karyn: 29 of agency counselors were trained in EMDR at a 3-day training in March, funded by MHRB. They will receive the second part of the training in the fall.</p> <p>Dr D'Abreau (KSU): Doing a group webinar today on Victim Services through the Trauma Informed Lens at the KSU Women's Center, focused on multi-discipline sexual assault response services.</p> <p>Gave a brief presentation on trauma informed care to their clinicians, focused on how to not re-traumatize patients in pursuit of answers.</p> <p><b>7-18-18:</b> Karyn: A trauma presentation was included among the presentations given at the Family Conference on Addiction in April.</p> <p>Becky (PCHD): PCHD sent Kim Plough (health educator) to a 3-day Trauma Informed Yoga training held in Kent in June. This allowed Kim to be trained on different strategies to offer those who have experienced trauma in her Yoga is For Everyone classes that she holds at Safer Futures and Miller House. Discussion has begun to include this programming at Children's Advantage during their group classes.</p> <p><b>10-17-18:</b> Karyn: A trauma presentation was provided in August by Nicole Thomas from Children's Advantage for Crestwood Schools staff with approximately 150 staff in attendance.</p> <p>The second session of the EMDR (Eye Movement Desensitization and Reprocessing) was provided in September by Dr. Jamie Marich, funded by MHRB. 25 counselors from the agencies completed the training. This was the second part of the training, the first part of which was provided in March.</p> <p>Becky (PCHD): Kim Plough has implemented the trauma training in her Yoga is For Everyone classes. She provided these classes to Safer Futures</p>

			residents/staff June-August. They will do the program again next summer. She also provides the program at Miller House each week.
<b>Year 3:</b> Continue efforts of years 1 and 2.		October 1, 2019	
<b>Establish a youth-focused community center at the former Mantua Center School</b>			
<b>Year 1:</b> Explore options, community partnerships, and funding sources for renovation and development of the former Mantua Center School into a "Center Café" community center offering teens and young adults a healthy community space to build positive peer and mentor relationships and explore new opportunities, hobbies, and career paths	Jeff Jackson, Hilltop Christian Church – Mantua and Chad Delaney, Mantua Center Christian Church	October 1, 2017	
<b>Year 2:</b> Identify location for after-school program for 7 <sup>th</sup> and 8 <sup>th</sup> graders,  Identify advisory board and volunteer coordinator  Implement a 3-week trial after-school program for target age group at location in the first quarter of 2018.  Plan for full program implementation in the fall of 2018 (to include snacks, homework assistance, leisure activities, and drug prevention education.)	Chad Delaney, Mantua Center Christian Church and Chris McCreight, Hiram Christian Church	October 1, 2018	<b>1-17-18:</b> Chad: Hiram College and its Educational Dept. are not able to take on the after-school program due to liability insurance coverage issues. FCS was then asked and interested, but were also unable to support the insurance requirements. The church could house it, but is not an ideal location. Crestwood middle school has offered a room to covert for the program. This would reduce the transportation barriers. Hoping to pilot the program there. Aim to include fun as well as educational (especially drug prevention) components. Possibly also bring in speakers for career path discussions, etc. Hiram College still wants to be involved with student volunteers, etc.  Mantua Center School task force is meeting with county and township officials and lawyers to gain a 10 year lease on the building, which would allow the Board under the task force to make decisions as needed.  Holding an event (Sweetheart Cookie Walk and Art Auction) on 2/10 in the Mantua Center School building to serve as an intro to the building in the community (as long as the contract goes through in time). Hope to host a tutoring program here in the future as well.  <b>4-18-18:</b> Chad: The after-school program for youth will be held at Crestwood Middle School. Have 2 empty class rooms and the library available for use. 1 teacher, Hiram College staff, and church members are on board. Plan to hold Monday-Thursday after school. Goal is to set up room/s before this school year ends, to be ready to implement the program in the fall, for the entire school year. Targeting 7 <sup>th</sup> and 8 <sup>th</sup> graders. Capacity will be around 30 students. Would like a gaming room (TV, couches, pool/ping pong tables) and have Hiram College educational department students and staff assist with homework. Need to form a leadership team with youth to help set things up.  Becky (PCHD) suggested looking to Hiram and/or KSU students in the grant writing class(es) for assistance with grant fund seeking and writing.  Chad: Still in conversation with lawyers to acquire a 3-year lease for the former Mantua Center School building, to then be able to move forward there.

			<p>Disciples Churches are also sponsoring an "After Purity" program event on April 24<sup>th</sup> at Hiram College. The speaker is poet/lecturer Emily Joy. The event is free and open to the public, with donations welcome. It focuses on the 90's-fueled stigma around sexuality and the resultant trauma suffered, includes acknowledgement of the role faith-based institutions play, and aims at empowering people suffering from this type of trauma.</p> <p><b>7-18-18:</b> No updates at this time.</p> <p>Chad provided email update, <b>10-16-18:</b> After-School Program for Crestwood Middle School is almost up and running. Have a planning meeting scheduled on October 24, and are planning to take the remainder of the semester to get volunteers and plans together and start the program on December 7<sup>th</sup>. Excited, as have been getting lots of community and school buy-in.</p> <p>Mike (Kent City HD): Shared that it was recently discussed at the Kent City Council meeting that there is a need for more after school activities available to kids within the city. This has been referred to Kent Community Development who is being asked to work on this initiative.</p>
<p><b>Year 3:</b> Expand programming</p> <p>Establish a community meeting room and offer additional community-wide programming including all CHIP priorities</p> <p>Incorporate a Social Enterprise Incubator</p>		<p>October 1, 2019</p>	

**Portage County  
Community Health Improvement Plan  
Progress Report**

**Decrease Substance Abuse**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Develop &amp; implement a community based comprehensive plan to reduce alcohol &amp; drug abuse</b>			
<p><b>Year 1:</b> Hold an annual conference to educate the public and organizations.</p> <p>Plan community awareness campaign.</p> <p>Establish working committees for the Substance Abuse Coalition (the Oversight Committee).</p>	<p>Joel Mowrey, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Hold annual conference; continue efforts from year 1.</p>		<p>October 1, 2018</p>	<p><b>1-17-18:</b> Karyn (MHRB): Annual conference held October 31 with over 225 attendees. Video of the panel and two speakers are available on MHRB website. Evaluations were very positive.</p> <p>Held community awareness events in Mantua, Kent, and Streetsboro with Project DAWN naloxone distribution. Average of 25 attendees at each.</p> <p>Renee (UH Portage): Offers routine presentations to various community audiences. Will be speaking about addiction as a chronic disease to KSU students on 2/20.</p> <p><b>4-18-18:</b> Karyn (MHRB): A community awareness event was held in Mantua in March with 24 attendees.</p> <p>Becky (PCHD): Next such event is being scheduled in Suffield.</p> <p>*See addendum with a listing of mental health &amp; addiction/substance abuse community outreach events and presentations</p> <p>Becky: We are planning the annual conference for October. Also holding a family conference (after feedback from annual conference last year) this Saturday at NEOMED.</p> <p>Jean (United Way) passed out to the group a Community Impact Health dashboard, developed in alignment with the CHIP activities to guide agencies and others in the community of relevant priorities, indicators, and outcomes for proposed projects submitted to United Way requesting funding.</p> <p><b>7-18-18:</b> Karyn: Family Conference on Addiction was held in April, with 75-100 attendees. Presentations were given on legal issues and the Portage County Drug Court, substance use disorder, pathways to treatment, trauma &amp; self-care, Project DAWN, and recovery stories.</p> <p>A community awareness event (Project DAWN) was held in Ravenna in June, with 10-15 attendees.</p> <p>*See addendum with a listing of mental health &amp; addiction/substance abuse community outreach events and presentations</p> <p>Ongoing efforts continue through established coalition and community groups.</p> <p><b>10-17-18:</b> Karyn: The grassroots organization OhioCAN has organized and held several community planning sessions to develop a Portage</p>

			<p>Project to help drug addiction. Meetings are held monthly and are ongoing. The group has identified four possible projects: Portage Recovery Community Center, the Haven, issues surrounding the criminal justice system, and funding. Next meeting will be Tuesday, 10/23 at 5:00pm at Reed Memorial Library.</p> <p>MHRB participated in a Roundtable on the Opioid Epidemic with Senator Rob Portman to discuss the funding the Mental Health &amp; Recovery Board received through the Comprehensive Addiction &amp; Recovery Act, with representatives from the agencies and community.</p> <p>*See addendum with a listing of mental health &amp; addiction/substance abuse community outreach events and presentations</p>
<b>Year 3:</b> Hold annual conference; continue efforts from years 1 and 2.		October 1, 2019	
<b>Increase treatment options for those with substance use disorder</b>			
<p><b>Year 1:</b> Support Quest/Townhall II with the startup of their MAT clinic &amp; ambulatory detox.</p> <p>Work with Coleman to expand their MAT program.</p> <p>Continue to explore MAT program with AxessPointe.</p> <p>Explore other treatment options for detox, recovery housing, etc.</p>	<p>Joel Mowrey, Mental Health &amp; Recovery Board of Portage County</p>	October 1, 2017	
<p><b>Year 2:</b> Collect data and monitor success rate of MAT programs.</p> <p>Continue collaborative expansion of MAT training and programming efforts.</p> <p>Explore other treatment options for detox, recovery housing, after care housing, etc. (Extended length, intense programming.)</p>		October 1, 2018	<p><b>1-17-18:</b> Karyn (MHRB): Received grant from ODMHAS for medical withdrawal management services, which will establish UH Portage Medical Center as a regional provider (10 Boards serving 12 counties.) Will pay for un- or under-insured or those with high deductibles, and allow PC residents to remain in county for services (though will also serve out-of-county residents.) MHRB is currently working with UH Portage and other county boards to set the procedure-residents expected to be able to access the service and funding in early 2018. (Mahoning County has a similar program using St. Elizabeth Hospital.)</p> <p>Start Talking Portage identified a lack of Narcotics Anonymous (NA) meetings for PC residents (despite many AA meetings) and started 2 additional NA meetings: Tuesday nights in Kent; Saturday nights in Mantua.</p> <p>Renee (UH Portage): Working through a grant to field Coleman personnel at the UH ED (2-10pm) with an accompanying peer support person.</p> <p>Renee: UH received a \$100,000 gift from a private family to treat uninsured at \$25,000/year for 4 years.</p> <p>Renee: UH has hired an addictionologist, with goals to get PCPs to treat with Suboxone and Naltrexone.</p> <p><b>4-18-18:</b> Karyn (MHRB): Working with Townhall II and talking to AxessPointe about MAT clinics.</p> <p>ComQuest is not going to be working with Townhall II. Talks continue with their physician for potential future partnerships.</p> <p>Groups just opened in Ravenna. Hope Recovery in Rootstown is opening today, 4/18/18.</p> <p>Renee (UH Portage): UH got a \$250,000 state grant to help uninsured patients (spans 7 counties) regarding withdrawal treatment.</p>

		<p>UH also received a \$290,000 grant to place a Coleman employee into the UH ED to do intervention along with a peer support person. This is Portage County specific funding.</p> <p>Dr. Moleski is up and running, located in Streetsboro. Her office is also treating many alcohol related patients. She and her nurse practitioner are able to treat with Suboxone and Vivitrol. Dr. Moleski aims to further work with and train other physicians to expand these treatment services, including treating KSU students.</p> <p><b>7-18-18:</b> Karyn: AxessPointe is now offering Vivitrol at their Kent office. Continue working with Townhall II and discussing MAT clinic.</p> <p>MHRB met with Groups, Inc., a Suboxone clinic that recently opened in Ravenna. They have one week prescriptions for Suboxone, following weekly therapy sessions. They are cash only. Volume is not currently high. They are working with OhioMAS to hopefully be able to accept Medicaid in the future.</p> <p>A grant was received from OhioMAS to provide payment for individuals to enter into the Medical Assisted Treatment withdrawal program at UH Portage. This is a three-day hospital stay for those who meet admission criteria. At discharge, individuals leave with an appointment with an area outpatient treatment provider.</p> <p>HOPE Village: offers outpatient treatment, but is not currently offering Vivitrol or Suboxone.</p> <p>The Haven: Hoping to open this fall. Is working towards getting people into services as needed. Will have 64 beds.</p> <p>Marihelyn (AxessPointe): Referrals are coming from Family and Community Services. Prescribing Vivitrol only, currently, but looking at Suboxone in the future. Currently have three patients. Will serve individuals who don't have Medicaid. Cost is \$1350 per shot. Just applied for an HRSA grant to help pay for Vivitrol for patients without insurance. During the first 30 days of their visit, patient is referred to Coleman for mental health services.</p> <p>AI (PSACC): Working on a reverse grant at Kent Rotary Club (through Rotary International) to establish a dedicated 6-bed unit for initial treatment and detox on the second floor of UH Portage. The hospital has the space and is committed to building it out and matching the money that is received. Focus will be on extended weekend stays and getting individuals into the healthcare system.</p> <p><b>10-17-18:</b> Karyn: Increased recovery housing by 18 apartment units (3 buildings located in Ravenna) designated for people in recovery through Family &amp; Community Services with funding from the MHRB.</p> <p>FCS applied for a state grant for housing with the purpose to reunify families with children in DJFS custody because of substance use disorders. MHRB approved to match funding if FCS receives the grant.</p> <p>Monique (AxessPointe): Received HRSA grant federal funding, enabling them to hire 2 additional behavioral health providers (one for the Kent location, and one for the Arlington location) as well</p>
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			<p>as some additional staff, to increase outreach regarding their MAT services.</p> <p>Dr. Arredondo (PCHD/KSU): Has been working with AxessPointe to send students from KSU who are in need of MAT to AxessPointe to receive treatment.</p>
<b>Year 3:</b> Continue efforts of years 1 and 2		October 1, 2019	
<b>Implement and increase prevention programs</b>			
<p><b>Year 1:</b> Continue to introduce "Too Good For Drugs" to school administrators.</p> <p>Research parent program already in place with Townhall II.</p> <p>Identify groups (youth, faith community, sports, etc) and how to reach them.</p> <p>Secure funding for program.</p>	<p>Karyn Hall, Mental Health &amp; Recovery Board of Portage County</p>	October 1, 2017	
<p><b>Year 2:</b> Continue and expand "Too Good for Drugs," "Project Alert" and other drug prevention curricula to additional grade levels, preschools, aftercare programs, community groups.</p> <p>Outreach to PTA and other parent organizations.</p>	<p>Karyn Hall, Mental Health &amp; Recovery Board of Portage County and Sarah McCully, Townhall II</p>	October 1, 2018	<p><b>1-17-18:</b> Karyn: Every school district in Portage County has drug prevention programming through Townhall II confirmed for this school year. Added since last quarter report: Southeast (6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> grades), St. Patricks (7<sup>th</sup> and 8<sup>th</sup> grades), and Streetsboro (8<sup>th</sup> and 9<sup>th</sup> grades.)</p> <p>Kent City Schools and Ravenna City Schools had presentations from N.O.P.E. Task Force for their high school and middle school students and parents.</p> <p>Dr D'Abreau (KSU): Recovery Ally Training was held on 1/12/18 at KSU University Health Services led by Ashley Holt. Goal is to create a recovery community on campus.</p> <p><b>4-18-18:</b> Karyn: Every school district in Portage County has drug prevention programming through Townhall II confirmed for this school year.</p> <p>Sarah: To date, 3,819 Portage County children have been served by Too Good for Drugs and/or Project Alert programming.</p> <p>Townhall II has written a grant to OMHAS to provide Too Good for Drugs in high schools. Currently doing a state program, The Truth About Drugs, but feel that Too Good for Drugs will be more engaging and effective.</p> <p>Becky (PCHD): PCHD is currently in Windham Schools providing the Say it Straight (One Life) pro-social skills building program to middle and high school students.</p> <p>AI (PSACC): Kent Rotary has its annual auction coming in May, hoping to raise \$30,000 to support Coleman-provided mental health first aid training for Kent City Schools teachers.</p> <p><b>7-18-18:</b> Sarah: Every school district in Portage County had drug prevention programming through Townhall II during the 2017-2018 school year. Specifically for Too Good for Drugs and Project Alert, the total number of students served was 3,941, a greater than 20% increase over the 3,253 served during the 2016-2017 school year.</p> <p>*See addendum for additional information regarding prevention programming throughout the 2017-2018 school year</p>

			<p>Crestwood schools, who had not previously participated, reached out to Townhall II toward the end of the school year for programming. Funding is available to have a person serve Crestwood, which provides a busy schedule.</p> <p>This next school year, Too Good for Drugs will be expanding into high schools, replacing the Truth About Drugs</p> <p>Townhall II does Body Safety at Safety Towns for the school districts' preschool programs. This includes a truncated Too Good for Drugs ½ hour presentation appropriate for the preschoolers.</p> <p>Townhall II does a tobacco lesson for students who have been found to use tobacco products. Vaping is addressed in this and all of the other lessons as well. Vaping is what is being seen as most commonly used among teens currently. ODH has good vaping videos on the Start Talking You Ought to Know website, which are a great resource for parents.</p> <p>Karyn: Family classes on addiction were offered at the Garrettsville library.</p> <p><b>10-17-18:</b> Sarah: Every school district in Portage County has scheduled prevention programming through Townhall II for the 2018-2019 school year. Many are already completely booked. Too Good for Drugs is now being implemented in high schools, with four schools already on board.</p> <p>*See addendum for additional information regarding prevention programming throughout the 2018-2019 school year</p> <p>The Project Alert program for middle school students in the Garfield School district is piloting incentive cards given to the students who complete the program, with community businesses offering "perks" such as free bowling, food items, etc. If successful, hope to expand into other school districts/communities in the future.</p> <p>Karyn: The Portage County Commissioners approved funding from the sales and use tax began in August for two programs:</p> <ul style="list-style-type: none"> <li>• Drug prevention education services provided by Townhall II for two additional prevention specialists</li> <li>• Six case managers through Children's Advantage to be shared with the twelve school districts.</li> </ul> <p>This has enabled expansion of prevention program efforts. Joe (PCHD) asked if this funding is sustainable. Karyn indicated that it is expected to be.</p>
<p><b>Year 3:</b> Increase the number of schools and grade levels offering "Too Good For Drugs" by 25%.</p>		<p>October 1, 2019</p>	

Portage County  
Community Health Improvement Plan  
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Decrease Substance Abuse

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Implement and increase harm reduction initiatives</b>			
<p><b>Year 1:</b> Increase Naloxone kit distribution.</p> <p>Research needle exchange.</p> <p>Promote the drug drop off locations</p>	<p>Becky Lehman, Portage County Combined General Health District and Karyn Hall, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Collect data from law enforcement on where Narcan is needed in the community via GIS project between PCHD and KSU.</p> <p>Investigate increasing the number of drug drop off locations (NEOMED, Rootstown, etc.).</p> <p>Investigate incorporating quick response teams in Portage County.</p> <p>Continue to explore feasibility of implementing a needle exchange and/or needle collection program.</p> <p>Promote drug take-back days.</p>	<p>Joseph Diorio &amp; Becky Lehman, Portage County Combined General Health District and Karyn Hall, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2018</p>	<p><b>1-17-18:</b> Becky: PCHD is partnering with Dr. Curtis from KSU GIS program on a system that uses law enforcement experts to highlight and map areas with drug activity. Have worked with Streetsboro PD, Brimfield PD and Ravenna PD. Working with Kent PD today.</p> <p>Becky: PCHD will be meeting with Stark County HD regarding their needle exchange program in a few weeks. Will report back lessons learned.</p> <p>Drug take back day was held and promoted in October.</p> <p><b>4-18-18:</b> Becky: Becky and Kat toured the Canton City Health Department needle exchange program on 2/2/18. They shared that it took about a year to get started. Ohio law allows for needle exchange programs under the injury prevention umbrella. There is limited, non-sustainable, state funding available to help with set-up costs. Were able to see the process of how the program worked. Additional information on how to set up needle exchange programs can be found from the Indiana Harm Reduction Coalition.</p> <p>Project DAWN program is still working well (community and law enforcement.) There are new updated laws for service entities. Example policies are available.</p> <p>Karyn: Explored placing a new drug drop off box at the police station in Rootstown at NEOMED. Discovered that the location and associated laws prevent this as an option.</p> <p>4795 pounds of medication were collected from the drop boxes in Portage County in 2017.</p> <p>Currently in the process of officially hiring the peer support recovery coaches for the quick response teams. Streetsboro and Atwater/Randolph communities have expressed the greatest interest, and are likely where these response teams will start. Atwater had 16 overdose calls involving 8 individuals in 2017.</p> <p><b>7-18-18:</b> Joe: Professor Curtis at KSU GIS Lab continues working with law enforcement agencies to detail and GIS map drug activities, overdoses, etc. Includes ride-a-longs and information from subject matter experts. Completed projects with Ravenna PD. Streetsboro PD, and Brimfield PD. Half complete with Kent PD, with plans to complete in the fall. Continues working with Ravenna PD to</p>

		<p>expand usage of GIS mapping beyond drug activity and to include 5 years of data on every dispatch call and issue. Joe indicated that the mapping results show that each area is different for drug activity/overdoses. In Streetsboro, most occurs in the hotels. In Brimfield, the first stop is often the Walmart. Most drugs are coming in from Akron on SR76.</p> <p>Becky: Project DAWN program is still working well (community and law enforcement.) Overall use of Narcan has gone down in law enforcement.</p> <p>Portage County Health District Project DAWN for Community from April 1-June 30, 2018: People in attendance: 175 Kits distributed: 40</p> <p>Community Discussion on Heroin and Opioid Epidemic include: Family Conference on Addiction Portage Community Chapel Bryn Mawr NEOMED medical students Hope Village Leadership Portage Groups Center Job and Family Services staff</p> <p>Renee (UH Portage): (Kevin-PCHD): UH Portage in the Pain Institute are developing standard operating procedures for pill counts throughout the UH system and will be utilizing the Detera bags.</p> <p>Group discussion included that Acme has the Detera bags available, and they are also available at MHRB and AxessPointe.</p> <p>Karyn: Community Coalition has been working with Streetsboro PD and Fire Dept to pilot the quick response teams, to be titled "Recovery Outreach." Peer recovery supporters (who have lived experience and been trained) have been hired to participate from Coleman, Townhall II, and Family &amp; Community Services; and will alternate weeks. Hoping to meet with more than just those overdosing with opioids, including alcohol and other drug use. They are ready to start. When responding to an overdose, a packet with resource info will be given to someone on the scene, along with a letter indicating that this recovery outreach team will be visiting the following week. Plan to make multiple attempts to follow-up, and will leave resource packets, and handwritten notes and contact info from the peer supporter, if not answer at the door.</p> <p>UH Portage has a peer supporter from Coleman to address individuals already in the hospital for overdoses, treatment, etc.</p> <p>Becky: Looked at needle exchange programs in other counties (see previous report). Summit County has started a "drug testing" (to determine how much fentanyl is in a drug) in their needle exchange program.</p> <p>Monique (AxessPointe): Will look into the possibility of accessing some of the needle exchange funds from Summit County, to potential extend services into Portage County.</p> <p><b>10-17-18:</b> Joe: Met with Professor Curtis at KSU GIS Lab on continuing the law enforcement project tracking overdoses. Ride-alongs with Ravenna, Kent, and Brimfield PD were completed last year, with</p>
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			<p>video and conversation recordings during the ride, then translated onto interactive maps. Interested in doing second-round ride-alongs one year later for comparability. Would also like to do public outreach in these communities at targeted locations. The Computer Science school had funding to create a software program and worked with Ravenna PD to transcribe 5 years of call data into mapping.</p> <p>Becky: Working with Summit County Public Health to provide a drug take back box in Mogadore at a station located on the Portage County side with funding from SCPH to install the box.</p> <p>Next drug take back day is October 27, 2018.</p> <p>Project DAWN program continues working well (community and law enforcement.) A community event will be held at Suffield United Church of Christ on Wednesday, 10/24 from 6-8pm.</p> <p>Karyn: A Recovery Outreach Team was formed with the peer support specialists from Townhall II, Coleman, and Family &amp; Community Services. The plan is for a peer supporter to visit the home of someone who is struggling with addiction, typically a few days after the police/EMS are called to the scene for an overdose or incident. The Recovery Outreach Team will consist of the peer supporter, EMS personnel, and possibly a police officer. The participating communities are Streetsboro, Brimfield, and Aurora. The team will begin to make visits in fall 2018.</p> <p>The Safe RX Regional Collaborative (includes Portage) secured through another grant 14,000 additional drug disposal pouches to distribute in the region. In Portage, the pouches are distributed at health fairs and senior centers. They are also available at Acme stores, Discount Drug Mart, AxxessPointe and PCHD.</p>
Year 3: Continue efforts of years 1 and 2.		October 1, 2019	
<b>Increase the number of health care providers screening for drugs and alcohol</b>			
<p><b>Year 1:</b> Collect baseline data on the number of emergency departments, primary care and specialty care providers that currently screen for drug and alcohol abuse.</p> <p>Research a screening tool.</p>	Joel Mowrey, Mental Health & Recovery Board of Portage County (to coordinate with the other CHIP committees working with primary care providers)	October 1, 2017	
<p><b>Year 2:</b> Investigate collaborative opportunities for system solutions with the three major health systems.</p> <ul style="list-style-type: none"> <li>Identify people in each system that can share the screening tools; ascertain if EMRs from each system can be collected/shared.</li> <li>Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity).</li> <li>Obtain EMR <b>required</b> questions from all the health care systems.</li> <li>Determine PCP assessment criteria and follow up/referral protocols.</li> </ul>	Joseph Diorio, and Mark Arrendondo Portage County Combined General Health District and Kirk Stiffler, Kent City Health Department	October 1, 2018	<p><b>1-17-18:</b> Joe (Becky): Starting from square one in this second year, looking at having the medical directors from both health departments reach out to the medical community to determine what questions are being asked to patients in the community on their EMRs related to substance abuse. (Have identified that at least 3 different systems are currently being used throughout providers in the county.) Also seeking to learn what they are doing to refer people to resources. This same concept spills over into mental health and nutrition/physical activity, with oversight/direction led by the access to healthcare coalition.</p> <p>Renee (UH Portage): CEO of UH has declared that Psychiatry and Addiction is now part of the Pain Institute at UH. Renee is the co-chair. Reviewing prescribing practices of all physicians, putting</p>

		<p>together protocols, building into EMRs, having physicians review OARS reports (tracking individuals' receipt of prescription drugs.)</p> <p><b>4-18-18:</b> Kevin (Joe): Dr. Arrendondo and Dr. Stiffler have been working with two physicians to gain information on their EMR questions and protocols (related to all relevant CHIP priorities.) Will have additional info to report next quarter.</p> <p><b>7-18-18:</b> Joe: Through the 2 medical directors, have received info from one identified physician, and need to reach out again to the other. Dr. Crystal Mosca is a UH affiliated ambulatory physician, and provided the info. The EMR system she utilizes is Allscripts Touchworks, which was indicated to be used by the majority of outpatient UH providers, with exception of hematology/oncology. There are no required questions within the EMR, with exception of the Adult Risk Screen questions which providers and staff are educated are required, yet the system will not stop if not completed. Often time constraints and discomfort with certain questions and how to follow up are limiting for individual providers in screening with certain questions. Physicians routinely focus the attention and questions asked on the specific reason the patient came in for. Well visits or new patient visits typically allow for the greatest opportunity for discussion of broader issues. Dr. Mosca indicated that reports can be pulled on drug and alcohol screening that is completed from discrete fields within the EMR system.</p> <p>LaTrice (AxessPointe): PQ2 and 9 questions are required to be asked once per year in the AxessPointe system. Ana from AxessPointe will obtain additional information and provide it at the next quarter meeting.</p> <p>Group discussion included that the initial action step objective may not be attainable, due to existing systems and information, and physician discontent and discomfort with screening questions and follow-up protocols and referral resources. May need to revise goals toward ensuring provision of consistent information regarding local resources.</p> <p><b>10-17-18:</b> Joe: Collected baseline data on several of the EMRs in use in Portage County. Bottom line is that EMRs can be found to be cumbersome by PCPs. There are many different ones, and they are not all connected as is the intent. The educational resources connected to the EMRs are not looked at favorably by some physicians. Year 3 goal may be to put together local resources information and ensure availability and understanding by medical providers, as this seems to be the primary need from the medical community. Can explore possible implementation of resource information connected into the EMR systems. Joe indicated we will also need to track and evaluate the resources' effectiveness.</p> <p>Group discussion included possibly holding a mini-conference with PCP office managers to provide resource information, and working with retail pharmacists/pharmacies and/or the NEOMED pharmacy school to help distribute local resource information to the public.</p>
<p><b>Year 3:</b> Increase the number of primary care physicians using the model by 25% from baseline.</p>		<p>October 1, 2019</p>

Portage County  
Community Health Improvement Plan  
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Decrease Substance Abuse

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Advocate for substance abuse and criminal justice issues</b>			
<p><b>Year 1:</b> Organize methods for sharing information and call in/email campaigns to legislators.</p> <p>Support and promote the effectiveness of the Portage County Mental Health &amp; Drug Courts.</p> <p>Advocate for Medicaid for people in jail</p>	<p>Joel Mowrey, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Continue efforts of year 1.</p> <p>Build relationships between Portage Substance Abuse Community Coalition Advocacy subgroup and criminal justice department representatives (judicial, prosecution, probation, etc.)</p>		<p>October 1, 2018</p>	<p><b>1-17-18:</b> Karyn (MHRB): Investigating the issue of inmates at the Portage County jail current inability to receive Suboxone at the jail if already being prescribed by a physician. (Can receive other chronic disease medications at the jail.) Joel is discussing with Community Health Solutions, the company contracted by the jail to serve the medical needs of inmates. UH addictionologist Dr. Moleski is also supporting this initiative.</p> <p>Working with Coleman to provide Vivitrol injections after being incarcerated.</p> <p>Ongoingly advocate with representatives for Medicaid expansion.</p> <p><b>4-18-18:</b> Karyn (MHRB): The Portage Substance Abuse Community Coalition is concerned about the fact that individuals at the Portage County jail may continue their medications (e.g. heart, diabetes, medications for mental illness) when they are incarcerated, but if they are on medications like Suboxone, Methadone and Vivitrol, those medications are typically not continued. Joel has spoken with the Portage County jail medical clinic (that is run by a private company) and is still waiting to receive the promised documentation of federal standards that they state they are following, thus believing they are complying with current standards and are not required to provide MAT. The Kent League of Women's Voters has joined in support of the use of MAT in the jails/prisons.</p> <p>Continually advocating for Medicaid expansion.</p> <p><b>7-18-18:</b> Karyn: No activity this quarter.</p> <p><b>10-17-18:</b> Karyn: No activity this quarter.</p> <p>Dr. Arredondo (PCHD/KSU): Hope Village is working on an anti-stigma campaign to combat the issues of substance abuse, working with the Portage County Jail, local agencies, and Senator Portman.</p>
<p><b>Year 3:</b> Continue efforts of years 1 and 2.</p>		<p>October 1, 2019</p>	

**Portage County  
Community Health Improvement Plan  
Progress Report**

**Decrease Substance Abuse**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Implement a Tobacco and Smoke Free Policy on Kent State University campuses</b>			
<b>Year 1:</b> Kent State University will implement a Tobacco and Smoke Free Campus Policy as a component of the Healthy Campus Initiative.	Shay Davis Little, Kent State University	October 1, 2017	
<p><b>Year 2:</b> Continue education and intervention efforts of the Tobacco and Smoke Free Campus Policy. Ensure signage, flyers and individuals are available to address issues that occur around campus to remind individuals still unaware or non-compliant with the rule.</p> <p>Increase promotion of tobacco cessation initiatives for both students and employees.</p> <p>Monitor for issues of non-compliance and complaints, as well as reduction in tobacco use across the campus population.</p> <p>Implement Tobacco Free Parks and Recreation areas initiatives in Kent City Parks</p> <p>Implement tobacco free community festivals throughout the broader population within Kent City</p>	Melissa Celko, Kent State University and Jeff Neistadt, Kent City Health Department	October 1, 2018	<p><b>1-17-18:</b> Mike (Kent City HD): There had been talk of ODH changing the type of grant for tobacco cessation programming, but they have not. Jeff would like to partner with KSU to assist with compliance of smoke free campus.</p> <p><b>4-18-18:</b> Melissa: KSU continues to expand programming and communication for tobacco free education. Building curators at each campus facility help provide resources and information for students, faculty, and outside vendors to assist with any questions or issues that arise or continue. Campus policy is smoke and tobacco free, which includes electronic cigarettes. Efforts are expanding beyond campuses in collaboration with the Kent City Health Department.</p> <p>Mike (Kent City HD): In March, The Kent City Board of Health approved pursuing "Tobacco 21" in the city of Kent, to raise the legal age to 21 for tobacco use. Aiming to have a city ordinance passed by July 2019. Tobacco grant was filed with ODH for funding.</p> <p><b>7-18-18:</b> Melissa (Kevin-PCHD): Reports no update... campus program continues with typical compliance issues.</p> <p>Mike (Kent City HD): Tobacco 21 went to a vote last Wednesday; passed 6 to 1 to be officially voted on tonight. Will raise the purchase age of tobacco to 21. Has the support of the American Heart Association. The ordinance says the Kent City Health Department will handle enforcement. It does include vaping products/shops.</p> <p>Group discussion included whether or not anyone in Portage County is working with faith-based entities regarding tobacco policies. KCHD does inside Kent City. PCHD offers tobacco cessation classes around Portage County, providing them at UH Portage and also working with PMHA.</p> <p><b>10-17-18:</b> Mike (Kent City HD): Tobacco 21 is in effect, after working through city council to ensure no exemptions for vaping shops. Enforcement activities began October 1<sup>st</sup>. "Secret shoppers" will be used. Signage has been distributed, and signs will be placed on PARTA buses promoting no smoking or vaping. Some KSU students are opposed to Tobacco 21, and KHD has fielded many requests for information. Believe will eventually be adopted statewide.</p> <p>Becky (PCHD): PCHD continues to partner with UH Portage to provide tobacco cessation classes. Are a 5-week series held Thursdays 3:30-4:30 at UH Portage. 14 people have completed the series in 2018.</p>
<b>Year 3:</b> Continue efforts of years 1 and 2.		October 1, 2019	

Portage County  
Community Health Improvement Plan  
Progress Report

Increase Healthcare Access

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Increase community education on health insurance opportunities/utilization and support the implementation of Pathways Model or HUB</b>			
<p><b>Year 1:</b> Utilize Federal Navigator grantees and other sources to provide an in-person resource for educating and enrolling community members in health insurance plans throughout the county</p> <p>Explore the feasibility of using health kiosks.</p> <p>Explore opportunities for employees to become certified application counselors.</p> <p>Create a list of physicians that accept Medicaid products.</p> <p>Research the Community Pathways Model which addresses social determinants of health and increase access and health outcomes.</p> <p>Contact the Northwest Ohio Pathways HUB to present information on the Pathways Model to community stakeholders.</p>	<p>Jeneane Favaloro, AxessPointe Community Health Center</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Research the Community Pathways Model which addresses social determinants of health and potential implementation mechanisms to increase access and health outcomes.</p>	<p>Joseph Diorio, Portage County Combined General Health District</p>	<p>October 1, 2018</p>	<p><b>1-16-18:</b> Joe: Summit County has a HUB model in place. SCPH houses some of the CHWs, administered through Summit County Community Action Council.</p> <p>Exploring options of operating as an extension of Summit County model (as opposed to starting our own.) JFS expressed interest in partnership possibility, perhaps housing CHWs in Portage and billing through SCPH. Will see if any changes in new year.</p> <p>Melinda (AxessPointe): Has 1 CHW in place at Kent location (focused on North Hill Nepali population). Do well with outreach aspects (and connection to Medicaid), but limited clinical due to regulations.</p> <p><b>4-17-18:</b> Joe: No progress to report at this time. Will be attending 2 upcoming related conferences, and will have more information to report at next quarterly CHIP meeting.</p> <p>Amy (NEOMED): Have students investigating Health Leads, looking to adapt to the SOAR clinic to implement such a social needs assessment into the current clinic flow. Also exploring feasibility of stocking canned food and other items at the clinic to meet the population needs. Plan to set up a panel session. Will involve medical and public health students working together, as well as potentially bringing in social work students through collaboration with the University of Akron.</p> <p>Also looking to develop a specific service provider contact call system, so that patients at the clinic on Saturdays as well as clinic providers have specific personal direct contacts to ask questions and follow up with.</p> <p>Lacey (SOAR) indicated that the Portage Park District provides information to the clinic regarding physical/recreational opportunities. Stressed the ultimate goal/need for a community liaison, to assess the patient needs and how best to address them within the primary care system.</p> <p><b>7-17-18:</b> Joe: Still looking at the possibility of connecting with the Summit County HUB, but as gain more info, not sure how we can fit in and be sustainable within their HUB model. This HUB, and</p>

		<p>Mahoning County's HUB, is geared specifically toward infant mortality, with Summit's targeting minority populations and pregnant women in West Akron. Due to Portage County's low minority population and significantly lower infant deaths, we do not receive the same level of funding. Summit County has 2 CHWs paid for by JFS, but this program/funding will be ending soon. There are a variety of different HUB pathways, and Joe will continue looking toward appropriate avenues for Portage County given the services we are providing. Summit County will welcome us joining their HUB if applicable.</p> <p>Amy (NEOMED): NEOMED has students that are implementing Health Leads into the SOAR clinic. A student QI project worked on instituting the Health Leads social needs assessment without increasing patient wait time at the clinic. Also provide a bag with food, soap, personal items, and educational materials to all patients seen at the SOAR clinic, including the Portage Park District Park Rx pamphlet. A student will be further working with the Portage Park District, looking (through surveys) at "what patients are doing with the Park Rx" after they receive it, attempting to assess whether or not the program and information does drive patients to become more physically active.</p> <p>Plan to expand with additional related projects in the future, possibly to include social work students' involvement and follow-up.</p> <p>A cost-benefit analysis for transportation options will be done this summer by a student for the SOAR clinic.</p> <p>Ana (AxessPointe): Working with KSU College of Public Health on a "Touchpoints" social determinants of health assessment. Will be conducted on Tuesdays and Thursdays (AxessPointe's busiest days.)</p> <p><b>10-16-18:</b> Joe: Met with AxessPointe and discussed their CHW and CAC.</p> <p>Summit County has the CHWs ingrained in their HUB model, housed at SCPH, but funding may be cut and unsure how they will recoup costs.</p> <p>Portage County can still explore a HUB model, but current focus is on the potential for PCHD to work with UH Portage to specifically target decreasing hospital readmittance rates related to chronic diseases. PCHD has been granted access to UH Portage data to assess greatest chronic disease readmittance rates. Congestive heart failure and COPD are currently known primary issues. Possibly use PCHD outreach educators and nurses to do home visits or phone contacts. Intend to maintain collaboration with AxessPointe for how this model may fit with their current processes and future plans.</p> <p>Amy (NEOMED): The NEOMED student has finished their QI project looking at incorporating a social needs assessment into the SOAR clinic without increasing patient wait times. Had good results indicating this can be done. Now working on implementing it in the clinic, hopefully within the next few months.</p>
<p><b>Year 3:</b> Continue efforts from years 1 and 2 Increase the number of sites and CHWs</p>		<p>October 1, 2019</p>

**Portage County  
Community Health Improvement Plan  
Progress Report**

**Increase Healthcare Access**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Support collaboration between local universities and healthcare agencies through other social service agencies and graduate opportunities</b>			
<p><b>Year 1:</b> Create a task force with local universities and healthcare providers to discuss workforce needs and gaps in the community.</p> <p>Create a formal arrangement between universities and providers to provide external internships and graduate assistantships.</p> <p>Universities can use these opportunities to recruit more students into their programs.</p>	<p>Asha Goodner, Hiram College and Heather Beaird, Kent State University College of Public Health and Amy Lee, NEOMED and CHIP steering committee</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Share relevant student projects (undergrad, MPH, PhD)</p> <p>Continue to develop the Kent City Academic health department through projects related to access to care needs and opportunities.</p> <p>Expand the use of NEOMED SOAR (student run free clinic) for community education and outreach.</p>	<p>Chris Mundorf, Hiram College and Ken Slenkovich, Kent State University and Amy Lee, Northeast Ohio Medical University</p>	<p>October 1, 2018</p>	<p>Amy provided email update, <b>1-16-18:</b> Reps from KSU, Hiram, and CEOMPH have meeting scheduled for the end of January.</p> <p>Melinda (AxessPointe): Bringing in 3<sup>rd</sup> year medical students from NEOMED and KSU nurse practitioner students to shadow.</p> <p>Jeff (Kent City HD): Had 12 student interns last semester. Grouped into 3 sets of 4, on various projects. Conducted vaccination perception interviews and focus groups. Continuing this semester with 8-12 interns. Melinda suggested a 40-minute vaccine documentary called "Invisible Threat" as another resource. Dr. D'Abreau (KSU) advised of a study being conducted by Dr. Gonstead at KSU on the perception of HPV on college students. Health Center was a recruitment site for the study.</p> <p><b>4-17-18:</b> Amy: Met with Ken (KSU) and Chris (Hiram) in January. If agencies have desired projects, send email to all 3 of them. Have various frameworks where students at differing levels and projects can be appropriately matched. Beginning next meeting, Amy will share list of all relevant student projects from all 3 schools. This will help inform county agencies of the types of efforts students can take part in/assist with. Some projects may be able to be built upon in subsequent semesters.</p> <p>Mike (Kent City HD): Currently have 2 interns working on a GIS mapping project of health care facilities in the city of Kent. Presented first draft to the BOH last night. Will continue through summer, hoping to push out to the community and expand beyond the city, working with partners like NEOMED.</p> <p>Lacey (SOAR): Just completed business plan projecting growth, hoping to expand to 3 Saturdays per month by year end. Have had great support by NEOMED faculty and providers, also sending residents to serve in clinic as part of their residency training. Assembling a community advisory board of diverse expertise to guide further growth, hoping to have first meeting by end of May. Stressed community liaison importance, and emulating comprehensive primary care addressing the whole patient/family needs.</p> <p>Uber Health is available for potential grant funding to provide Uber rides related to health care needs.</p> <p>Maureen (United Way) passed out to the group a Community Impact Health dashboard, developed in alignment with the CHIP activities to guide agencies and others in the community of relevant priorities, indicators, and outcomes for proposed projects submitted to United Way requesting funding.</p>

		<p>Dr. Weisblat (NEOMED) provided additional email information, <b>4-21-18</b>: NEOMED received funding from AmeriCorps to support 30 full-time members to create a rural volunteer health corps to implement the Health Professions Affinity Community (HPAC) program, which helps youth (students from middle school through the med school) identify pressing health concerns in their community and seek, obtain and combine resources to formulate health improvement programs while advancing themselves toward health care careers.</p> <p>First year NEOMED medical and pharmacy students participate in the HPAC program and/or projects through the Community Experience class co-taught by Dr. Gina Weisblat and Dr. Amy Lee.</p> <p>Much of the HPAC work will be highlighted through posters and presentations at the Scholar's Day on April 29<sup>th</sup>.</p> <p><b>7-17-18</b>: Amy: Contacted other public health programs in the county. Handouts from each school (NEOMED, KSU, Hiram) were distributed, showing a wide range of projects. Will be emailed out to the collective CHIP Partners group. Discussed different "levels" of types of projects. Undergrads tend to do pieces of projects to support other efforts.</p> <p>Mike (Kent City HD): Has a meeting scheduled with KSU next Monday to propose a plan for undergrad students to implement data collection, analysis, and usage efforts in support of the KCHD tobacco grant work plan initiatives.</p> <p>Maria (SOAR): Improving patient wait times is the focus at the SOAR clinic. Working on getting interprofessional into the clinic: med and pharmacy students.</p> <p>Elizabeth (NEOMED) will be giving a presentation today following this meeting on the NEOMED Health Professions Affinity Community (HPAC) youth program and exciting associated projects being implemented in the Portage County community.</p> <p><b>10-16-18</b>: Amy: Determined best way to connect students to needed projects is to contact each designated university liaison. They work together and are aware of various types and levels of students appropriate for different projects. They've also discussed potentially partnering undergrads with graduate level students across schools, to complete projects appropriately and provide the best student experiences. No Portage County agencies have yet contacted any of the liaisons for community projects.</p> <p>Group discussion involved difficulty in pairing students with projects within UH Portage. PCHD may explore a more "open door" policy with UH Portage for interns and student rotations within the hospital as move forward with next cycle collaborative CHA/CHIP.</p> <p>Haley (SOAR): Expanding to 3 Saturdays per month in January. Usually scheduled, but seeing more walk-ins. Interest in evaluating chronic disease data at SOAR.</p> <p>Mike (Kent City HD): will be featured in an October 24<sup>th</sup> Public Health Foundation webinar discussing how the academic health department has assisted in their accreditation pursuit efforts.</p>
<p><b>Year 3:</b> Continue efforts of years 1 and 2.</p>		<p>October 1, 2019</p>

**Portage County  
Community Health Improvement Plan  
Progress Report**

**Increase Healthcare Access**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Increase transportation through a county Transportation Plan</b>			
<p><b>Year 1:</b> Establish collaborative effort between public health, transportation, community service, and local health care organizations to assess and address transportation needs.</p> <p>Identify existing public health data relating social determinants of health and transportation. Plan and conduct a Transportation Needs Assessment to gather public input.</p> <p>Analyze survey results, including successes, challenges, and recommendations for future projects.</p> <p>Release data to public.</p>	<p>Becky Lehman, Portage County Combined General Health District and Karen Towne, Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Invite community stakeholders to attend a meeting to discuss transportation issues in Portage County.</p> <p>Create strategies to address gaps and increase efficiency in transportation.</p> <p>Address strategies to increase the use of public transportation and reduce stigma.</p> <p>Begin implementing strategies identified.</p>		<p>October 1, 2018</p>	<p><b>1-16-18:</b> Becky: A press release was sent out by PCHD (with approval by transportation coalition) to release data from the Transportation Needs Assessment in October. The Needs Assessment was open for public comment in November. No comments were submitted. The final Transportation Needs Assessment was complete on 1/2/18.</p> <p>Using data from the Transportation Needs Assessment, an intervention plan is being created to address the gaps identified. This plan will be submitted to ODH by 2/1/18 for approval.</p> <p>A transportation coalition meeting was held on 11/16/17 to discuss an action plan for programming to train agencies on public transportation usage, to increase the use of and reduce the stigma of using public transportation. Public Health will engage to stress the public health and access to care relationship. The ODH grant would cover cost of training MCH-related agencies, with hopes that once the plan is created the trainings can be expanded to other agencies. Per request by KSU, Becky will share with the coalition that they should be included on the list of providers to be trained.</p> <p><b>4-17-18:</b> Becky (Kevin): After the completion of the Transportation Assessment (January 2018), through ODH MCH funding, an agency training is being developed through the partnership between PCHD and PARTA. This training will be available to healthcare organizations and social service agencies to train staff on how to utilize public transportation and how front line staff can assist clients/patients in transportation needs. The plan is to do this training in a conference setting partnering with managed care organizations, JFS, and PARTA.</p> <p>Rebecca (JFS): Working with partners (PARTA, Emerald, etc.) to increase NET program awareness. Can provide gas cards, and public transportation rides to &amp; from pharmacy or medical appointments through Medicaid. WIC clients are not eligible, unless they have a managed care plan (which many do), because WIC does not bill to Medicaid. NET may be able to fill in gaps after managed care plans for some individuals.</p> <p><b>7-17-18:</b> Becky: An agency training has been developed through partnership between PCHD and PARTA, to be held July 19<sup>th</sup> from 10am to 3pm at PARTA in Kent. This training will be provided to</p>

			<p>healthcare organizations and social service agencies to train staff on how to utilize public transportation, and on how front-line staff can assist clients/patients with transportation needs.</p> <p><b>10-16-18:</b> Becky: Transportation training was held on 7/19/18. Trained 31 participants from 20 health/social service agencies and assisted the implementation of policy/protocol to help connect clients with healthcare services using local public transportation.</p> <p>PCHD is working with PARTA for next steps for the continuation of providing the training to additional agencies. MCH funding (which funded the initial assessment and training) is no longer available.</p> <p>Katherine (PARTA): NET use increased after the training. JFS had to hire an additional person due to increased NET use.</p>
<p><b>Year 3:</b> Increase efforts of years 1 and 2.</p> <p>Facilitate follow-up surveys to gauge the public's response to strategies that have been addressed and collect outcome measures.</p>		October 1, 2019	
<b>Develop an Access to Care Coalition</b>			
<p><b>Year 1:</b> Collaborate with community organizations, local health care organizations, churches, schools, and other community groups to create an access to care coalition.</p> <p>Raise awareness of the coalition and recruit volunteers to carry out action steps listed in the Portage County Community Health Improvement Plan.</p> <p>Gather baseline data on access to care gaps in the community. Use this information to create additional action steps as needed.</p>	<p>Jeneane Favalaro, AxessPointe Community Health Center and Joseph Diorio Portage County Combined General Health District</p>	October 1, 2017	
<p><b>Year 2:</b> Develop strategies collaboratively to address gaps/barriers.</p> <p>Begin implementing strategies.</p> <p>Continue to expand partnership of the coalition.</p> <p>Review baseline data and gaps of services (dental needs).</p> <p>Assist in coordination of efforts across HEAL, Mental Health, and Substance Abuse priorities in reference to primary care office screenings to investigate collaborative opportunities for system solutions with the three major health systems regarding the following:</p> <ul style="list-style-type: none"> <li>Identify people in each system that can share the screening tools; ascertain if EMRs from each system can be collected/shared.</li> <li>Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity).</li> <li>Obtain EMR <b>required</b> questions from all the health care systems.</li> <li>Determine PCP assessment criteria and follow up/referral protocols.</li> </ul>	<p>Joseph Diorio Portage County Combined General Health District and Jeff Neistadt, Kent City Health Department</p>	October 1, 2018	<p><b>1-16-18:</b> Joe: Collecting data specifically from the medical community to get an accurate assessment of where we are as a community. Will use this assessment to identify gaps and barriers for access to care, and develop strategies to address them. Already recognizing through the transportation assessment that there are transportation barriers... plan to combine this info and the transportation coalition into the larger picture by next quarter report.</p> <p>Cancelled 4<sup>th</sup>-quarter coalition meeting scheduled in December due to awaiting further desired information.</p> <p>Currently focusing work with medical community. Jeff suggested including Mental Health on coalition and through activities, which Melinda (AxessPointe) voiced support for. She shared they are planning to start a Vivitrol Clinic including at the Kent site.</p> <p>Melinda also shared that Better Health Partnerships had a summit in Summit County with Dr. Andrew Curtis on GIS programming on health services.</p> <p>Becky (PCHD) Working with Hiram College to develop an updated medical provider contact list. Dr. D'Abreau (KSU) wants to ensure that KSU Medical Center is included.</p> <p>Rose (PCHD): Regarding the Windham Free Clinic, there is a meeting scheduled at 4pm this Friday, 1/19 as a "mini open house" to bring community members and local pharmacies, churches, etc. to view the progress thus far and see how they can participate. Looking at Wednesday and Thursday evenings to initially open. Will be run entirely by volunteers, led by Faithful Servants, Dr. Sue Meyer. This clinic is to serve un- and under-insured individuals.</p> <p>Brittany (AxessPointe): Shared her past experience</p>

		<p>with access to care and available home health care resources that many are unaware of. E-visits and tele-health can be utilized to address the lack of transportation.</p> <p><b>4-17-18:</b> Joe: Access to Care coalition had a meeting on April 3<sup>rd</sup>. Developed a community health resource and capacity assessment, which has since been updated, and serves as a guide to further address access to care. Includes major players, contact info, fees/costs, etc.</p> <p>Continuing working with Hiram College to develop updated reliable physician list, ensuring numbers are viable for communicable disease contact, etc.</p> <p>Rose (PCHD): Windham free clinic opened on 2/5/18. PCHD nurses are there offering immunizations every Monday from 4-7 pm, as well as altering schedule Wednesdays. Joe clarified we've altered are previous scheduling at the Renaissance Center to align with wrap-around services with the clinic.</p> <p>Has been a slow start, but expected to pick up as awareness is increased. Will be sending letters to area churches, as well as schools in and around Windham/Garrettsville to tie into sports physicals.</p> <p>Clinic is working with local pharmacy for access to medications, and with UH Portage for X-ray services and discussions regarding expanding to offer dental and mental health services.</p> <p>Lacey (SOAR): Inquired about this clinic possibly coordinating mental and dental health services with SOAR and partners. NEOMED is seeking to further integrative opportunities for psychiatry students.</p> <p><b>7-17-18:</b> Joe: Coalition last met April 3<sup>rd</sup>, and had identified gap of services in the eastern portion of the county, due to most of population being on the western portion. One strategy was to open the free clinic in Windham with Faithful Servants. Was open two days per week, but due to lack of use and volunteer issues has reduced to one day per week on Mondays. Data shows the need, and want the clinic to be a success, but issue is getting people to come. May be a stigma, or lack of trust in it being free. PCHD and Faithful Servants will meet this month to discuss strategies to promote the clinic. Will also meet with Dr. Peng, the soon-to-retire only physician in Windham, to discuss patient load and care and gain his insight regarding this community population. Rose (PCHD) indicated that they have worked with the high school to gain clinic patients for sports physicals, including heart checks. Joe discussed possible strategic need to revisit provision of dental services, and/or coordinating clinic times with other busy activities at the Renaissance Center (though coordinating care providers may be an issue.)</p> <p>Ana (AxessPointe): Will look into sending a certified application counselor to assist at the clinic.</p> <p>Joe: Through the 2 medical directors, have received info from one identified physician, and need to reach out again to the other. Dr. Crystal Mosca is a UH affiliated ambulatory physician, and provided the info. The EMR system she utilizes is Allscripts Touchworks, which was indicated to be used by the majority of outpatient UH providers, with exception of hematology/oncology. There are no required questions within the EMR, with exception of the Adult Risk Screen questions which providers and staff are educated are required, yet the system will not stop if not completed. Often time constraints and</p>
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			<p>discomfort with certain questions and how to follow up are limiting for individual providers in screening with certain questions. Physicians routinely focus the attention and questions asked on the specific reason the patient came in for. Well visits or new patient visits typically allow for the greatest opportunity for discussion of broader issues.</p> <p><b>10-16-18:</b> Joe: Coalition met October 12<sup>th</sup>, with a focus on transportation and bringing in PARTA. Discussed issues with access to NEOMED SOAR clinic. If able to "stage" patients at one location (to collectively be picked up from and dropped back off to), PARTA may be able to use their demand response trip. There is already a contract in place between PARTA and UH Portage to use the demand response route. Further discussions between PARTA, UH Portage and NEOMED SOAR may be beneficial.</p> <p>Katherine (PARTA): Another project is developing educational maps to show community health organizations available and how to access them via PARTA, particularly fixed route services (low cost or possibly free if Medicaid billable). Possible targeted categories for maps: mental health/substance, seniors, WIC and early childhood social service agencies. Also hoping to influence agencies to include public transit directions to their facilities on their websites. PARTA travel training is also available upon request for social service agency staff.</p> <p>Joe: AxessPointe is offering free prescription drop off service (like mail order prescription drop off for home based). This is done in Summit County and the Kent location. Believe may not be covering all of Portage County.</p> <p>The SOAR clinic advisory committee indicated there is consideration of establishing a contracted dental practice at NEOMED, which could connect with the SOAR clinic.</p> <p>UH Portage has reported that the new urgent care clinic in Kent is seeing an expectedly high number of KSU students.</p> <p>Met with Dr. Scott at AxessPointe regarding their EMR. They use E-Clinic Works, which includes a subset screening tool for social determinants of health as well as additional costly add-on modules. Populates an internal auto-reminder system. Have an existing relationship with FCS for resources, a referral process for mental health/substance, and internal resources for prescriptions and some nutrition education for patients with diabetes. Screenings are easier with new patients afforded extra time, as opposed to existing patients coming in with a specific problem.</p> <p>EMRs can be found to be cumbersome by PCPs. There are many different ones, and they are not all connected as is the intent. The educational resources connected to the EMRs are not looked at favorably by some physicians. Year 3 goal may be to put together local resources information and ensure availability and understanding by medical providers, as this seems to be the primary need from the medical community. Can explore possible implementation of resource information connected into the EMR systems.</p> <p>Rose (PCHD): Have seen an increase in PCHD-provided immunizations at the Windham Clinic, due to back-to-school and flu shots.</p> <p>Another clinic (urgent care only) has been opened in Windham by a private Medicaid company.</p>
<p><b>Year 3:</b> Continue and expand upon efforts from years 1 and 2.</p>		<p>October 1, 2019</p>	

**Portage County  
Community Health Improvement Plan  
Progress Report**

**Increase Injury Prevention**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Increase the Use of Safe Sleep Practices</b>			
<p><b>Year 1:</b> Work with local partnering agencies to train staff on Safe Sleep practices.</p> <p>Collaborate with trained organizations to implement infant Safe Sleep policy/system level changes within their organizations.</p> <p>Provide Portage County agencies serving families with children under the age of 1 year with Safe Sleep education materials to be distributed to their clients/customers/patients.</p> <p>Provide pack n' plays to families who are in need of a safe sleep environment for their infant.</p>	<p>Becky Lehman, Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Train additional community members to serve as Safe Sleep ambassadors.</p> <p>Implement a community wide Safe Sleep campaign.</p> <p>Continue to provide pack n' plays to families who are in need of a safe sleep environment.</p> <p>Explore collaborations with the UH Portage Medical Center birthing center targeting the 48-72 hour hospital stay following birth.</p>		<p>October 1, 2018</p>	<p><b>1-16-18:</b> Becky: Provided agency training on Safe Sleep to Children's Advantage staff on 10/23/17 and to PMHA on 1/10/18.</p> <p>PCHD provided 18 pack n' plays from October-December 2017 to community residents.</p> <p><b>4-17-18:</b> Becky (Kevin): 48 pack n' plays were distributed from January 1- March 31.</p> <p>Working with Amanda's Garden to provide training to daycare staff on safe sleep practices.</p> <p>Met with UH Portage Medical Center birthing center to ensure that they are up-to-date on PCHD's Cribs for Kids program. Provided a Safe Sleep framed poster for the birthing center.</p> <p><b>7-17-18:</b> Becky: PCHD continues to work with community partners to distribute pack n' plays. In June, Becky followed up to all the partnering agencies to make sure the trained staff was still in place, see if they needed any additional training on safe sleep, and to ensure they were still using the Cribs for Kids program to serve clients as identified.</p> <p>33 pack n' plays were distributed from April 1 –June 30. PCHD (Ali) also provides follow up calls to participants who received a pack n' play. This allows the opportunity to ensure the client is able to use the pack n' play, as well as to ensure they are receiving all services they need. This proves to be a successful program since a relationship with the client has already been established during the safe sleep class.</p> <p><b>10-16-18:</b> Becky: The 2018 MCH grant was completed on 9/30/18. The grant ran from 10/1/17-9/30/18. 146 Portage County residents were educated on safe sleep and received pack n' plays. In October, PCHD was notified that Portage County would not be receiving funding for the Cribs for Kids program due to high county health ranking scores (Portage County is 41 out of 88 in infant mortality in the state of Ohio). PCHD is looking for funding to continue the Cribs for Kids program.</p>
<p><b>Year 3:</b> Work with Portage County Commissioners to create a resolution to ban bumper pad sales in Portage County.</p>		<p>October 1, 2019</p>	

**Portage County  
Community Health Improvement Plan  
Progress Report**

**Increase Injury Prevention**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Implement a Safe Kids Coalition</b>			
<b>Year 1:</b> Research implementation of a Safe Kids Coalition.	Becky Lehman, Portage County Combined General Health District and Kim Trowbridge, Northeast Ohio Medical University	October 1, 2017	
<b>Year 2:</b> Create a Safe Kids Coalition: include partnering agencies, (ex: Healthcare agencies, fire and police departments, county-wide agencies and organizations.)  Explore gun safety programming.		October 1, 2018	<p><b>1-16-18:</b> Becky: Talking with Summit County Safe Kids Coalition and Safe Kids Ohio to learn more about coalition expectations, objectives, etc. for the purpose of establishing a Safe Kids Coalition in Portage County. Goal is to have first coalition meeting by July 1.</p> <p>Kim: Has email prepared to send out to potential coalition members. Working on list of contacts to invite. Heather (Akron Children's/Safe Kids) will send Portage County individuals (who have been attending Summit County Safe Kids) to our coalition.</p> <p>Becky: Researching existing gun safety educational materials. Heather has some Akron Children's resources to share, including pamphlets with gun safety questions to ask child care providers.</p> <p>Kim indicated some EMRs include the question of whether there is a gun in the home.</p> <p>Anne (PCHD): Ravenna City PD donated gun locks to PCHD to be given to families who need them.</p> <p><b>4-17-18:</b> Becky (Kevin): Becky and Ali met with Kim Trowbridge to discuss next steps in the implementation of the Safe Kids Coalition. Additional meetings will be held.</p> <p>Kim: Are compiling contact/partner lists, to combine next meeting. Will then begin developing coalition by-laws and position descriptions. (Have Ohio and Summit County examples to work from.) Aiming to hold the first coalition meeting in July.</p> <p>Rose (PCHD): PCHD received gun locks from the Ravenna PD, and distributed to multiple county representatives along with gun safety info/educational materials at the District Advisory Council meeting on 3/21/18. Looking to obtain more, and distribute and promote gun safety at multiple upcoming activities/events.</p> <p>Jean (United Way) passed out to the group a Community Impact Health dashboard, developed in alignment with the CHIP activities to guide agencies and others in the community of relevant priorities, indicators, and outcomes for proposed projects submitted to United Way requesting funding.</p> <p><b>7-17-18:</b> Becky: PCHD has completed the very scripted process of beginning a Safe Kids Coalition. Becky, Ali, and Kim will be meeting next week to discuss next steps toward building the coalition.</p> <p>There are 10 focus areas Safe Kids addresses. Portage County will identify relevant topics of interest to focus on, through collaboration and</p>

			<p>discussion of current efforts, during the first few meetings of the coalition.</p> <p>Jackie (Sequoia): Expressed interest in Sequoia participating on the coalition. Sequoia will be hosting the Safety Around Water program at their facility in partnership with Akron YMCA and Rootstown Elementary School in the fall, beginning with 2<sup>nd</sup> graders. Educating on basic safety around water, then further promoting swimming lessons.</p> <p>Rose (PCHD): Working with NEOMED undergrad students to develop a handout on gun safety, to be provided to physicians to assist them in talking with their patients/families about gun safety. Gun locks are also available. Would like to expand to offer the information to all agencies.</p> <p>Kim: This student gun safety group is very motivated to make this project successful. The students will give proposals to legislators from 3 counties for possible funding. Poster presentations will be this Friday at NEOMED.</p> <p>Laura (JFS): 4H just started a new shooting club. They are often looking for community projects, and may be able to help with the promotion of the safety materials. Laura will get the info to Rose.</p> <p><b>10-16-18:</b> Ali (PCHD): Sent out invitation letter for initial Safe Kids Coalition meeting to be held 10/25, to multiple community partners. Only 10 respondents thus far. Will send a follow-up email this week. Will also meet with Kim Trowbridge this week to finalize agenda and plan.</p> <p>Becky: PCHD distributed gun locks during the Randolph Portage County fair in partnership with Ravenna City PD. A brochure was made with assistance from NEOMED students and shared with Ravenna City PD who passed them out with gun locks at the Ravenna Balloon Affair.</p> <p>Jackie (Sequoia): Safety Around Water program first round is in progress in partnership with the YMCA. 100 2<sup>nd</sup> graders at Rootstown Schools are participating. This is the same program held at Barberton Schools.</p>
<p><b>Year 3:</b> Host at least 2 community events that offer community awareness and education on childhood injury prevention strategies.</p>		<p>October 1, 2019</p>	
<b>Implement Safe Routes to School</b>			
<p><b>Year 1:</b> Collect baseline data on current Safe Routes programs in Portage County. Gather information on what types of activities are offered, how many people attend the activities, how often activities take place, and location.</p> <p>Identify key stakeholders to collaborate and develop a plan to start or expand Safe Routes Programs. Develop program goals and an evaluation process for tracking outcomes.</p> <p>Look for funding sources to incentivize participation in the Safe Routes program.</p>	<p>Kim Trowbridge, Northeast Ohio Medical University</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Collect baseline data on current Safe Routes programs in Portage County. Gather information on what types of activities are offered, how many people attend the activities, how often activities take place, and location.</p> <p>Identify key stakeholders to collaborate and develop a plan to start or expand Safe Routes Programs. Develop program goals and an evaluation process</p>		<p>October 1, 2018</p>	<p><b>1-16-18:</b> Mary Ellen (NEOMED): Completed county needs assessment in December. Sent surveys to all school administration and transportation departments in the county. Next step is to create a strategic plan, beginning today, to be completed by May.</p> <p>Kim indicated that the plan will be completed before the first Safe Kids Coalition meeting, with</p>

<p>for tracking outcomes.</p> <p>Look for funding sources to incentivize participation in the Safe Routes program.</p>			<p>intent that this will be one of the first activating the coalition will be working on. Hope is to implement in schools this September.</p> <p><b>4-17-18:</b> Kim: Safe Routes will be the first initiative of the coming Safe Kids Coalition. Now have a strategic plan (to be presented with the assessment by Mary Ellen today following this meeting.) Includes timelines to follow along with ODOT resources and guidelines for implementation. Will be a Safe Routes task force. Planned to roll programs out school district by district, and will need a lot of school and community participation for greatest success. Current plan is to begin with initial implementation at Kent City schools, in collaboration with the Kent City HD and city engineers Complete Streets endeavor.</p> <p><b>7-17-18:</b> Kim: Have the excellent Safe Routes to School assessment and strategic plan completed by Mary Ellen. These will be used by the Safe Kids Coalition to get this initiative off the ground, as one of the first activities of the coalition.</p> <p>Mike (Kent City HD): Jeff plans to move forward with discussions with Kent City Schools beginning in the fall toward implementation of Safe Routes to School. Kent City Schools were identified as highest risk/greatest need through the assessment and strategic plan.</p> <p><b>10-16-18:</b> Ali (PCHD): Safe Routes will be one of the initial components discussed and worked toward through the Safe Kids Coalition.</p> <p>Mike (Kent City HD): The Kent City walkability assessment that will be completed soon will pair with the Safe Routes to School assessment and lead toward development of the initial Safe Routes to School project with Kent City School district.</p>
<p><b>Year 3:</b> Recruit individuals to serve as walking/biking leaders.</p> <p>Decide on the locations, walking routes and number of walking/biking groups.</p> <p>Link the walking/biking groups with existing organizations to increase participation. Consider faith-based organizations, schools, community-based organizations, and health care providers.</p> <p>Begin implementing the program with 1 new school district.</p> <p>Raise awareness and promote the Safe Routes programs.</p> <p>Evaluate program goals.</p> <p>Increase the number of Safe Routes programs by 25%.</p> <p>Look for funding sources to incentivize participation in the Safe Routes program.</p>		<p>October 1, 2019</p>	

Portage County  
Community Health Improvement Plan  
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Increase Injury Prevention

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Expand the evidence based Fall Risk Reduction Program</b>			
<p><b>Year 1:</b> Research STEADI balance assessment tools. Determine best locations to hold the Matter of Balance program (ex: Senior Centers, churches, etc.)</p>	<p>Ali Mitchell, Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Work with physicians for referrals to Matter of Balance program. Increase number of Matter of Balance programs offered throughout the county.</p>		<p>October 1, 2018</p>	<p><b>1-16-18:</b> Ali: No progress to report at this time. 3 total MOB programs were conducted in 2017 by PCHD.</p> <p>Becky (PCHD): Hiram intern currently working on updated physician list. Once complete, will enable opportunity to work with them for referrals to MOB.</p> <p><b>4-17-18:</b> Becky (Kevin – PCHD): PCHD is working on scheduling MOB classes now to be held in the summer and fall. Goal is to have 3 sessions complete by end of 2018.</p> <p><b>7-17-18:</b> Becky (PCHD): No MOB classes thus far, as had been awaiting receipt of updated curriculum. PCHD will work with Sequoia and UH Portage to host classes this fall. All 3 have trained MOB coaches.</p> <p>Will work on updating brochure to include the 3 agencies, and will send out information on MOB to physicians as soon as the contact list for physicians in Portage County is updated and finalized.</p> <p>Lynnette (PCHD) indicated that Colleen from Aurora Senior Center contacted her and would like to schedule a MOB class this fall.</p> <p>Jim Bucks from Streetsboro Fire was identified as an additional community resource regarding fall risk reduction efforts.</p> <p><b>10-16-18:</b> Becky (PCHD): PCHD is holding a MOB program at Aurora Senior Center in October. There are 25+ participants.</p> <p>PCHD mailed out letters in September to Portage County physicians to promote the Matter of Balance program. Lynette has received calls from physicians and discussed potentially hosting MOB classes in those offices if the physicians can provide the needed 6 to 15 participants for the program.</p> <p>Jackie (Sequoia): Sequoia is currently holding a MOB class with 15 participants. 10 are members, and 5 are non-members, so they are excited that the word is getting out. Have been receiving very positive feedback from participants. Have 4 people currently on the wait list for the next scheduled class. In their strategic plan they are aiming to have 2 to 3 classes next year.</p>
<p><b>Year 3:</b> Continue to increase Matter of Balance program in multiple locations.</p>		<p>October 1, 2019</p>	

Portage County  
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Increase Injury Prevention

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Expand the Child Passenger Safety Program</b>			
<p><b>Year 1:</b> Continue to implement the Car Seat Program at Portage County Health District.</p> <p>Continue to participate in the Ohio Buckles Buckeye program.</p> <p>Raise awareness of the program and the importance of car seat safety.</p> <p>Research additional funding to increase the number of available car seat technicians.</p>	<p>Ali Mitchell, Portage County Combined General Health District and Becky Lehman, Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Continue efforts from year 1.</p> <p>Provide car seat check events throughout the county throughout the year.</p>		<p>October 1, 2018</p>	<p><b>1-16-18:</b> Ali: 112 convertible car seats and 16 booster seats were distributed in 2017.</p> <p>PCHD had a site visit from OBB Program Coordinator from ODH in November. Reported that PCHD ran a quality OBB program with no changes needed. Heather (Akron Children's) reiterated that those positive comments and excellent PCHD site visit were reported to ODH.</p> <p>One car seat check event was held in October during JFS Health Fair.</p> <p>New additional trained car seat tech on PCHD staff (Kim Plough).</p> <p><b>4-17-18:</b> Becky (Kevin): 41 convertible car seats and 10 booster seats were distributed from January 1- March 31, 2018.</p> <p>Car seat event is scheduled on May 19<sup>th</sup> at the Click it or Ticket event in Aurora. PCHD is also scheduled for a car seat check event at Portage Learning Centers Family Day on May 17<sup>th</sup> at Portage County fairgrounds, and KSU Child Development Center on May 23<sup>rd</sup>.</p> <p>PCHD wrote and received a grant from Ravenna Elks Lodge for \$2000 for the purchase of car seats and to hold an event at the Ravenna Elks Lodge.</p> <p><b>7-17-18:</b> Becky: PCHD provided 31 convertible car seats and 6 booster car seats to Portage County residents from April 1 - June 30, 2018.</p> <p>Three car seat check events were conducted from April 1 - June 30, 2018.</p> <p>PCHD provides ongoing training to JFS staff on car seat safety.</p> <p><b>10-16-18:</b> Becky/Ali: PCHD distributed 20 convertible car seats and 11 booster seats from July 1- September 30, 2018.</p> <p>One car seat check event was held in July at UH Portage. Four car seat check events have been held from January 1-September 30, 2018.</p> <p>PCHD is working with Akron Children's Hospital to hold a child passenger safety technician course here in Portage County. More info to follow.</p>

			<p>Ali held a car seat education class at Atwater Early Head Start for parents and kids. Head Start has 2 certified car seat technicians, but it is unclear how they are utilized.</p> <p>Jackie (Sequoia): Expressed interest in implementing a car seat check event at one of Sequoia's family events.</p>
<p><b>Year 3:</b> Continue efforts from year 2.</p> <p>Collaborate with other organizations to offer off-site car seat clinics in various locations of the community.</p>		October 1, 2019	
<b>Expand Activities of Safe Communities Fatal Crash Review</b>			
<p><b>Year 1:</b> Collaborate with county-wide partners to review fatal crash reports, identify trends, and recommend countermeasures to reduce preventable crashes and increase public awareness of Portage County traffic-related deaths through media releases.</p>	Lynette Blasiman, Portage County Combined General Health District	October 1, 2017	
<p><b>Year 2:</b> Continue efforts from year 1 to meet Fatal Crash Review Board requirements.</p>		October 1, 2018	<p><b>1-16-18:</b> Lynette: Ended 2017 with 9 total fatal crashes, many involving non seatbelt use. (Second lowest in 50 years... 3 years ago has just 8.)</p> <p>0 fatal crashes from 4<sup>th</sup> quarter October-December. (Second year in a row this has been the case.)</p> <p>Had a front page report in Record Courier this past weekend on fatal review for the year. Heather (Akron Children's) reported that it was in the Akron Beacon as well.</p> <p>Next awareness events will be focused around the Super Bowl.</p> <p><b>4-17-18:</b> Lynette (Kevin): Had 1 fatal crash in the 1<sup>st</sup> quarter January-March. Reviewed on 4/11/18.</p> <p>Awareness events: None for Under 21 program going on today, 4/17/18, at Hiram College, and coming up is the Click it or Ticket kickoff event on 5/19/18.</p> <p><b>7-17-18:</b> Lynette: Portage County's "ceiling number" for annual fatal crashes is 12. Have had 2 thus far in 2018. Had had 5 at this point in 2017. "Failure to yield" was indicated as cause of both this year. Last fatality was motorcycle related and involved alcohol. The Motorcyclist was not at fault.</p> <p>The associated media release was issued July 12<sup>th</sup>.</p> <p>In 2017, Portage County was ranked 10<sup>th</sup> in Ohio for volume of total crashes, yet currently have had just 2 fatalities this year. Funding for the program is based upon the number of fatal crashes occurring.</p> <p>Through OSU Extension, as a new member of Safe Communities, there is a new program in collaboration with the juvenile court system, where if a teen goes through juvenile court with any minor violation, they will be required to go through additional driver safety training.</p> <p>The 2019 Safe Communities grant will place a focus on commercial vehicles.</p> <p><b>10-16-18:</b> Lynette: Had 3 fatal crashes this quarter. Year-to-date is 5 total fatal crashes. Are on track for a low year... in 2014 had a record low 8 fatal crashes</p>

			<p>for the year. The associated media release was issued but has not yet gone to print.</p> <p>Trends are considerably different from last year. Contributing causes range from failure to control, failure to yield (3 of them), and unsafe speed. All at-fault drivers were age 55 and older. (Last year, only 2 of the total 9 were 55 and older.) 3 of the 5 were motorcycle related. (Last year none were.) None were wearing helmets. 60% involved alcohol and or drugs. 80% occurred on rural roads.</p> <p>Ohio does not have a primary law for seat belt usage, thus drivers must be pulled over for other reasons in order to then be cited for not wearing a seat belt.</p> <p>There is a primary law in Ohio for drivers under 18 prohibiting cell phone usage while driving. For drivers over 18, it is a secondary law and the fines are less severe.</p>
<b>Year 3:</b> Continue efforts from years 1 and 2 to meet Fatal Crash Review Board requirements.		October 1, 2019	
<b>Expand Activities of Child Fatality Review</b>			
<b>Year 1:</b> Collaborate with county-wide partners to review child fatality reports, identify trends, and recommend countermeasures to reduce preventable deaths and increase public awareness of Portage County child fatalities through media releases.	Rosemary Ferraro, Portage County Combined General Health District	October 1, 2017	
<b>Year 2:</b> Continue efforts from year 1 to meet Child Fatality Review Board requirements.		October 1, 2018	<p><b>1-16-18:</b> Rose: Last quarter saw 5 deaths (1 under 1 year of age.) 19 total deaths in 2017.</p> <p>Will be meeting with UH Portage next week to determine what education is being provided to new parents before leaving the hospital, and how it is delivered.</p> <p>Interested in exploring possibility of PCHD nurses providing newborn screening home visits 1 to 2 months after birth.</p> <p>Anne (PCHD): Next child fatality review meeting is scheduled for early February.</p> <p><b>4-17-18:</b> Rose: Had 5 child deaths last quarter (January-March.)</p> <p>Met with UH Portage maternal and child health nurse manager, Cheryl Daily, on 1/22/18, to learn of services offered. UH does not have funding to do in-home nursing, but provides a lot of information and consultation regarding breastfeeding, baby care, safe sleep and car seat education, and heart and depression screenings. They also assist with referrals (and will set up appointments for mothers), and obtaining birth certificates and social security numbers. They have mothers sign contracts committing to never shaking the baby. They offer their cell phone numbers for all-hour correspondence, and they do post-partum follow-up calls after about a month.</p> <p>PCHD would still like to work toward being able to offer in-home nursing visits after moms and babies have been home for a month or 2.</p>

			<p><b>7-17-18:</b> Rose: Had 7 (all natural) child deaths this quarter (April-June) that will be reviewed by the CFRB coalition, along with 5 carry-over cases with additional information to review from the previous quarter.</p> <p>Have followed up with UH Portage to ensure continuing services for new moms as reported previously.</p> <p>Laura (JFS): Recommended steps be taken by the CFRB to look at specific populations that seem to have high rates of child death, even if/though those populations are not high in Portage County.</p> <p><b>10-16-18:</b> Rose: Had 3 child deaths this quarter (July-September.) CFRB coalition met in September. Total child deaths thus far for the year is 15. CFRB has reviewed 8 of those, with the additional 7 to be reviewed likely in January, due to holiday schedules and awaiting additional needed information for many cases, 2 of which are court pending.</p> <p>Of the 15 total child deaths, causes have been classified as: 8 natural, 2 suicide, 2 accident, 2 homicide, and 1 pending autopsy for determination.</p> <p>2017 Child Fatality Report is available on the PCHD website.</p> <p>Gun awareness programs and provision of gun locks have been conducted. Discussions of expanding suicide awareness programs have commenced.</p>
<p><b>Year 3:</b> Continue efforts from years 1 and 2 to meet Child Fatality Review Board requirements.</p>		<p>October 1, 2019</p>	

**CHIP Report – Karyn Hall, Mental Health & Recovery Board**  
**Mental Health & Addiction/Substance Abuse Community Outreach Events/Presentations**  
**2018**

<b>Date</b>	<b>Event</b>	<b>Agency</b>	<b>Attendees</b>
1/10	NEOMED Community Awareness day table	Townhall II	
1/25	Nursing Presentation on Addiction Services Oncology room	UH Portage	17
1/29	Addiction Services Presentation Portage Judges Meeting	UH Portage	10
2/6	Mental Health Roundtable for School Counselors & Administrators	MHRB, Coleman, Children's Adv, Townhall II	30
2/9	Mental Health Health Class Presentation Streetsboro High School	Coleman	85
2/10	21 <sup>st</sup> Century/Brown Middle School Parent and Student presentation on addiction	Townhall II	
2/15	Opiate Presentation for Health Class Streetsboro High School	MHRB	85
2/16	Waterloo School Staff presentation Addiction	Townhall II	
2/16	Ravenna School Staff presentation Mindfulness and Child Abuse	Coleman & Townhall II	
2/20	Kent State presentation	UH Portage	65
2/28	Prevention Service & Programming in the Community presentation KSU Professional Development Class	Townhall II	
3/1	Leadership Portage County Health Day Presentation	UH Portage	25
3/5	Mental Health First Aid	Coleman & MHRB	13
3/6	Mental Health First Aid	Coleman & MHRB	13
3/7	Youth Leadership Fair	MHRB & Children's Advantage	500
3/10	Community Awareness on Addiction with Project DAWN Mantua Center Christian Church	MHRB, Townhall II, Health District, Start Talking Portage	25
3/13	Aurora Women's Wellness Fair	MHRB	25
3/15	Opiate Presentation for Health Class Windham High School	MHRB	30
3/16	Operation Street Smart	Kent State	50
3/17	NEOMED Body and Beyond Health Fair	Townhall II	
3/17	Kent Chamber of Commerce Expo	Townhall II	
4/11	Addiction presentation – Aurora Chamber luncheon	UH Portage	75-100
4/11	Mental Health & Addiction discussion United Church of Christ Women's Fellowship	MHRB	15-20
4/11	Community Safety Meeting – Windham Schools	Children's Advantage	
4/12	Mental Health & Addiction presentation Kent Chamber Luncheon	MHRB	50
4/12	Mental Health & Addiction signs & symptoms, resources KSU Class presentation	Townhall II, Children's Advantage	
4/17	None for Under 21 high school senior presentation	Safe Communities, UH Portage	1800
4/19	Care Coalition Panel on Addiction	UH Portage, Townhall II, PCHD	30
4/19	Aurora High School Staff Training on mental health	Children's Advantage	
4/20	Portage Superintendent presentation on services	MHRB, Children's Advantage, Coleman, Townhall II	12
4/20	Skeels Community Health Fair	MHRB, PCHD	30

<b>Date</b>	<b>Event</b>	<b>Agency</b>	<b>Attendees</b>
4/21	Family Conference on Addiction	MHRB, PCHD, Townhall II	75-100
4/26	Recovery Awareness Walk	MHRB, Townhall II	30
5/2	Windham Resource Fair	MHRB, Townhall II	75-100
5/2	Portage Senior Center Addiction Presentation	Townhall II	30-50
5/16	Maplewood Staff Training	Children's Advantage, Townhall II	75-100
5/17	Portage Learning Center Superhero event	Townhall II	
5/19	Steps of Change	MHRB, Townhall II	150-200
5/30	Crestwood Administrator presentation on services	MHRB & Children's Advantage	15
6/14	Community Awareness	MHRB, Townhall II, Health District	20
6/22	Workplace Health & Safety Expo	MHRB, Townhall II, PCHD	100
6/26	Mental health & addiction issues & resources KSU Medical Student class	MHRB	35
6/28	Senior Forum	MHRB, Townhall II, PCHD	100+
6/30	Kent Heritage Festival	MHRB	500+
7/16-20	Crisis Intervention Team Training for Educators	MHRB, Police, Agencies	30
8/4	Charlestown Festival	MHRB	200
8/16	Buckeye Resource Fair	MHRB, agencies	30
8/18	UH Streetsboro Health Fair	MHRB	200
8/20	Maplewood Staff Training	MHRB, Coleman	80
8/22-27	Randolph Fair	MHRB, Health District	1000
8/24	Crestwood School Staff Training	MHRB, Children's Advantage	150
8/27	JAG Middle School Staff Training	MHRB, Children's Advantage	30
8/31	Overdose Awareness Day	OhioCAN, MHRB, Townhall II	50
9/1	Hope Illuminated	Family & Community Services	
9/10-11	Mental Health First Aid	MHRB, Coleman, PCHD	20
9/14	OhioMAS training for physicians	MHRB, UH Portage	30
9/15	Ravenna Balloon A Fair	MHRB, Townhall II, FCS	1000
9/20	KSU Opiate Conference	Townhall II	50
9/29	NAMI Walk	MHRB & agencies	50
10/3	United Way Kick Off Event	Townhall II	50
10/6	Child Support Fall Festival	Townhall II	100

**Substance Abuse Prevention Programming Provided in Portage County**

**2017/2018 SCHOOL YEAR**

**Aurora**

Too Good for Drugs: 1, 4

**Crestwood**

Project Alert: 6, 7, 8

**Field**

Project Alert: 6

**James A Garfield**

Too Good for Drugs: K, 3, 5

Project Alert: 7, 8

**Kent**

Project Alert: 6

**Ravenna**

Project Alert: 7, 8;

**Rootstown**

Too Good For Drugs: 1, 2

**Southeast**

Too Good For Drugs: 3

Project Alert: 6, 7, 8

**Streetsboro:**

Too Good for Drugs: K, 1

Project Alert: 8

Truth About Drugs: 9

**Waterloo:**

Too Good for Drugs: K, 1, 4, 5

**Windham:**

Too Good for Drugs: K, 1, 2, 3, 4, 5, 6, 8

Truth About Drugs: 9

**St. Patrick's**

Project Alert: 7, 8

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**Families First**

Aurora (Craddock Elementary), 7 weeks in Fall 2017 with 16 families

Portage Learning Centers, 4 weeks, 15 parents (no children)

Rootstown United Methodist Church, 4 weeks in Spring 2018 with 8 families

**Families Understanding Addiction**

3 sessions, 10 attendees

## Substance Abuse Prevention Programming Provided in Portage County

### 2018/2019 SCHOOL YEAR

#### **Aurora**

Too Good for Drugs: 1, 4

#### **Crestwood**

Too Good for Drugs: K, 1, 2, 3, 4, 5

Project Alert: 6, 7, 8

#### **Field**

Too Good for Drugs: 4 (Suffield), 9

Project Alert: 6

#### **James A Garfield**

Too Good for Drugs: K, 3, 5, 10

Project Alert: 7, 8

#### **Kent**

Project Alert: 6

#### **Ravenna**

Project Alert: 7, 8,

Too Good for Drugs: 10

#### **Rootstown**

Too Good For Drugs: 1, 2, 4

#### **Southeast**

Too Good For Drugs: 3

Project Alert: 6, 7, 8

#### **Streetsboro:**

Too Good for Drugs: K, 10

Project Alert: 8

#### **Waterloo:**

Too Good for Drugs: K, 1, 2

#### **Windham:**

Too Good for Drugs: K, 1, 2, 3, 4, 5, 9

Project Alert: 6, 8

#### **St. Patrick's**

Project Alert: 8

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### Additional Information Regarding Substance Abuse Prevention Programming Provided in Portage County:

#### **Elementary Grades: Too Good For Drugs**

Too Good for Drugs is an evidence-based, skill-building program promoting positive attitudes and behavior, while fostering healthy relationships, resistance to substance abuse and conflict, and resistance to negative peer pressure and influence.

Students develop skills in

- Goal setting
- Decision making
- Conflict resolution
- Effective communication
- Social and emotional competency

Developed by the Mendez Foundation, the program is taught in 10 sessions and offered to grades kindergarten-5.

## **Additional Information Regarding Substance Abuse Prevention Programming Provided in Portage County:**

### **Middle School: Project ALERT**

Through a series of 10 comprehensive lessons, Project ALERT motivates students against drug use, cultivates new non-use attitudes and beliefs, and equips teens with the skills and strategies they will use to resist drugs.

The course is offered to grades 6-8 and was developed by the RAND Corporation.

### **High School: Truth About Drugs & Life Skills**

The Truth About Drugs provides effective, fact-based drug education for students in grades 9-10 in up to 6 sessions.

The LifeSkills program teaches prevention-related information, promotes anti-drug norms, teach drug refusal skills, and foster the development of personal self-management skills and general social skills for grades 11-12.

### **High School: Too Good For Drugs & Violence**

The evidence-based Too Good For Drugs & Violence High School prepares students with the skills they need for academic, social, and life success. Lessons and activities provide practical guidance on dating and relationships, the impact of social media on decision making, resolving conflicts, and refusing negative peer pressure.

This course is offered for one grade level in each school district.

### **Families First**

Parent and child education through themes such as parenting styles, communication, self-esteem, discipline, parent/child needs, stress management, problem solving, building supports and school readiness.

### **Families Understanding Addiction**

Educates and informs family members and loved ones about addiction and the recovery process.