

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Injury Prevention

Action Step	Responsible Person/Agency	Timeline	Progress
Increase the Use of Safe Sleep Practices			
<p>Year 1: Work with local partnering agencies to train staff on Safe Sleep practices.</p> <p>Collaborate with trained organizations to implement infant Safe Sleep policy/system level changes within their organizations.</p> <p>Provide Portage County agencies serving families with children under the age of 1 year with Safe Sleep education materials to be distributed to their clients/customers/patients.</p> <p>Provide pack n' plays to families who are in need of a safe sleep environment for their infant.</p>	<p>Becky Lehman, Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p>Year 2: Train additional community members to serve as Safe Sleep ambassadors.</p> <p>Implement a community wide Safe Sleep campaign.</p> <p>Continue to provide pack n' plays to families who are in need of a safe sleep environment.</p> <p>Explore collaborations with the UH Portage Medical Center birthing center targeting the 48-72 hour hospital stay following birth.</p>		<p>October 1, 2018</p>	<p>1-16-18: Becky: Provided agency training on Safe Sleep to Children's Advantage staff on 10/23/17 and to PMHA on 1/10/18.</p> <p>PCHD provided 18 pack n' plays from October-December 2017 to community residents.</p> <p>4-17-18: Becky (Kevin): 48 pack n' plays were distributed from January 1- March 31.</p> <p>Working with Amanda's Garden to provide training to daycare staff on safe sleep practices.</p> <p>Met with UH Portage Medical Center birthing center to ensure that they are up-to-date on PCHD's Cribs for Kids program. Provided a Safe Sleep framed poster for the birthing center.</p> <p>7-17-18: Becky: PCHD continues to work with community partners to distribute pack n' plays. In June, Becky followed up to all the partnering agencies to make sure the trained staff was still in place, see if they needed any additional training on safe sleep, and to ensure they were still using the Cribs for Kids program to serve clients as identified.</p> <p>33 pack n' plays were distributed from April 1 –June 30. PCHD (Ali) also provides follow up calls to participants who received a pack n' play. This allows the opportunity to ensure the client is able to use the pack n' play, as well as to ensure they are receiving all services they need. This proves to be a successful program since a relationship with the client has already been established during the safe sleep class.</p> <p>10-16-18: Becky: The 2018 MCH grant was completed on 9/30/18. The grant ran from 10/1/17-9/30/18. 146 Portage County residents were educated on safe sleep and received pack n' plays. In October, PCHD was notified that Portage County would not be receiving funding for the Cribs for Kids program due to high county health ranking scores (Portage County is 41 out of 88 in infant mortality in the state of Ohio). PCHD is looking for funding to continue the Cribs for Kids program.</p>
<p>Year 3: Work with Portage County Commissioners to create a resolution to ban bumper pad sales in Portage County.</p>		<p>October 1, 2019</p>	

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Implement a Safe Kids Coalition			
Year 1: Research implementation of a Safe Kids Coalition.	Becky Lehman, Portage County Combined General Health District and Kim Trowbridge, Northeast Ohio Medical University	October 1, 2017	
Year 2: Create a Safe Kids Coalition: include partnering agencies, (ex: Healthcare agencies, fire and police departments, county-wide agencies and organizations.) Explore gun safety programming.		October 1, 2018	<p>1-16-18: Becky: Talking with Summit County Safe Kids Coalition and Safe Kids Ohio to learn more about coalition expectations, objectives, etc. for the purpose of establishing a Safe Kids Coalition in Portage County. Goal is to have first coalition meeting by July 1.</p> <p>Kim: Has email prepared to send out to potential coalition members. Working on list of contacts to invite. Heather (Akron Children's/Safe Kids) will send Portage County individuals (who have been attending Summit County Safe Kids) to our coalition.</p> <p>Becky: Researching existing gun safety educational materials. Heather has some Akron Children's resources to share, including pamphlets with gun safety questions to ask child care providers.</p> <p>Kim indicated some EMRs include the question of whether there is a gun in the home.</p> <p>Anne (PCHD): Ravenna City PD donated gun locks to PCHD to be given to families who need them.</p> <p>4-17-18: Becky (Kevin): Becky and Ali met with Kim Trowbridge to discuss next steps in the implementation of the Safe Kids Coalition. Additional meetings will be held.</p> <p>Kim: Are compiling contact/partner lists, to combine next meeting. Will then begin developing coalition by-laws and position descriptions. (Have Ohio and Summit County examples to work from.) Aiming to hold the first coalition meeting in July.</p> <p>Rose (PCHD): PCHD received gun locks from the Ravenna PD, and distributed to multiple county representatives along with gun safety info/educational materials at the District Advisory Council meeting on 3/21/18. Looking to obtain more, and distribute and promote gun safety at multiple upcoming activities/events.</p> <p>Jean (United Way) passed out to the group a Community Impact Health dashboard, developed in alignment with the CHIP activities to guide agencies and others in the community of relevant priorities, indicators, and outcomes for proposed projects submitted to United Way requesting funding.</p> <p>7-17-18: Becky: PCHD has completed the very scripted process of beginning a Safe Kids Coalition. Becky, Ali, and Kim will be meeting next week to discuss next steps toward building the coalition.</p> <p>There are 10 focus areas Safe Kids addresses. Portage County will identify relevant topics of interest to focus on, through collaboration and</p>

			<p>discussion of current efforts, during the first few meetings of the coalition.</p> <p>Jackie (Sequoia): Expressed interest in Sequoia participating on the coalition. Sequoia will be hosting the Safety Around Water program at their facility in partnership with Akron YMCA and Rootstown Elementary School in the fall, beginning with 2nd graders. Educating on basic safety around water, then further promoting swimming lessons.</p> <p>Rose (PCHD): Working with NEOMED undergrad students to develop a handout on gun safety, to be provided to physicians to assist them in talking with their patients/families about gun safety. Gun locks are also available. Would like to expand to offer the information to all agencies.</p> <p>Kim: This student gun safety group is very motivated to make this project successful. The students will give proposals to legislators from 3 counties for possible funding. Poster presentations will be this Friday at NEOMED.</p> <p>Laura (JFS): 4H just started a new shooting club. They are often looking for community projects, and may be able to help with the promotion of the safety materials. Laura will get the info to Rose.</p> <p>10-16-18: Ali (PCHD): Sent out invitation letter for initial Safe Kids Coalition meeting to be held 10/25, to multiple community partners. Only 10 respondents thus far. Will send a follow-up email this week. Will also meet with Kim Trowbridge this week to finalize agenda and plan.</p> <p>Becky: PCHD distributed gun locks during the Randolph Portage County fair in partnership with Ravenna City PD. A brochure was made with assistance from NEOMED students and shared with Ravenna City PD who passed them out with gun locks at the Ravenna Balloon Affair.</p> <p>Jackie (Sequoia): Safety Around Water program first round is in progress in partnership with the YMCA. 100 2nd graders at Rootstown Schools are participating. This is the same program held at Barberton Schools.</p>
<p>Year 3: Host at least 2 community events that offer community awareness and education on childhood injury prevention strategies.</p>		<p>October 1, 2019</p>	
Implement Safe Routes to School			
<p>Year 1: Collect baseline data on current Safe Routes programs in Portage County. Gather information on what types of activities are offered, how many people attend the activities, how often activities take place, and location.</p> <p>Identify key stakeholders to collaborate and develop a plan to start or expand Safe Routes Programs. Develop program goals and an evaluation process for tracking outcomes.</p> <p>Look for funding sources to incentivize participation in the Safe Routes program.</p>	<p>Kim Trowbridge, Northeast Ohio Medical University</p>	<p>October 1, 2017</p>	
<p>Year 2: Collect baseline data on current Safe Routes programs in Portage County. Gather information on what types of activities are offered, how many people attend the activities, how often activities take place, and location.</p> <p>Identify key stakeholders to collaborate and develop a plan to start or expand Safe Routes Programs. Develop program goals and an evaluation process</p>		<p>October 1, 2018</p>	<p>1-16-18: Mary Ellen (NEOMED): Completed county needs assessment in December. Sent surveys to all school administration and transportation departments in the county. Next step is to create a strategic plan, beginning today, to be completed by May.</p> <p>Kim indicated that the plan will be completed before the first Safe Kids Coalition meeting, with</p>

<p>for tracking outcomes.</p> <p>Look for funding sources to incentivize participation in the Safe Routes program.</p>			<p>intent that this will be one of the first activating the coalition will be working on. Hope is to implement in schools this September.</p> <p>4-17-18: Kim: Safe Routes will be the first initiative of the coming Safe Kids Coalition. Now have a strategic plan (to be presented with the assessment by Mary Ellen today following this meeting.) Includes timelines to follow along with ODOT resources and guidelines for implementation. Will be a Safe Routes task force. Planned to roll programs out school district by district, and will need a lot of school and community participation for greatest success. Current plan is to begin with initial implementation at Kent City schools, in collaboration with the Kent City HD and city engineers Complete Streets endeavor.</p> <p>7-17-18: Kim: Have the excellent Safe Routes to School assessment and strategic plan completed by Mary Ellen. These will be used by the Safe Kids Coalition to get this initiative off the ground, as one of the first activities of the coalition.</p> <p>Mike (Kent City HD): Jeff plans to move forward with discussions with Kent City Schools beginning in the fall toward implementation of Safe Routes to School. Kent City Schools were identified as highest risk/greatest need through the assessment and strategic plan.</p> <p>10-16-18: Ali (PCHD): Safe Routes will be one of the initial components discussed and worked toward through the Safe Kids Coalition.</p> <p>Mike (Kent City HD): The Kent City walkability assessment that will be completed soon will pair with the Safe Routes to School assessment and lead toward development of the initial Safe Routes to School project with Kent City School district.</p>
<p>Year 3: Recruit individuals to serve as walking/biking leaders.</p> <p>Decide on the locations, walking routes and number of walking/biking groups.</p> <p>Link the walking/biking groups with existing organizations to increase participation. Consider faith-based organizations, schools, community-based organizations, and health care providers.</p> <p>Begin implementing the program with 1 new school district.</p> <p>Raise awareness and promote the Safe Routes programs.</p> <p>Evaluate program goals.</p> <p>Increase the number of Safe Routes programs by 25%.</p> <p>Look for funding sources to incentivize participation in the Safe Routes program.</p>		<p>October 1, 2019</p>	

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Expand the evidence based Fall Risk Reduction Program			
<p>Year 1: Research STEADI balance assessment tools. Determine best locations to hold the Matter of Balance program (ex: Senior Centers, churches, etc.)</p>	<p>Ali Mitchell, Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p>Year 2: Work with physicians for referrals to Matter of Balance program. Increase number of Matter of Balance programs offered throughout the county.</p>		<p>October 1, 2018</p>	<p>1-16-18: Ali: No progress to report at this time. 3 total MOB programs were conducted in 2017 by PCHD.</p> <p>Becky (PCHD): Hiram intern currently working on updated physician list. Once complete, will enable opportunity to work with them for referrals to MOB.</p> <p>4-17-18: Becky (Kevin – PCHD): PCHD is working on scheduling MOB classes now to be held in the summer and fall. Goal is to have 3 sessions complete by end of 2018.</p> <p>7-17-18: Becky (PCHD): No MOB classes thus far, as had been awaiting receipt of updated curriculum. PCHD will work with Sequoia and UH Portage to host classes this fall. All 3 have trained MOB coaches.</p> <p>Will work on updating brochure to include the 3 agencies, and will send out information on MOB to physicians as soon as the contact list for physicians in Portage County is updated and finalized.</p> <p>Lynnette (PCHD) indicated that Colleen from Aurora Senior Center contacted her and would like to schedule a MOB class this fall.</p> <p>Jim Bucks from Streetsboro Fire was identified as an additional community resource regarding fall risk reduction efforts.</p> <p>10-16-18: Becky (PCHD): PCHD is holding a MOB program at Aurora Senior Center in October. There are 25+ participants.</p> <p>PCHD mailed out letters in September to Portage County physicians to promote the Matter of Balance program. Lynette has received calls from physicians and discussed potentially hosting MOB classes in those offices if the physicians can provide the needed 6 to 15 participants for the program.</p> <p>Jackie (Sequoia): Sequoia is currently holding a MOB class with 15 participants. 10 are members, and 5 are non-members, so they are excited that the word is getting out. Have been receiving very positive feedback from participants. Have 4 people currently on the wait list for the next scheduled class. In their strategic plan they are aiming to have 2 to 3 classes next year.</p>
<p>Year 3: Continue to increase Matter of Balance program in multiple locations.</p>		<p>October 1, 2019</p>	

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Expand the Child Passenger Safety Program			
<p>Year 1: Continue to implement the Car Seat Program at Portage County Health District.</p> <p>Continue to participate in the Ohio Buckles Buckeye program.</p> <p>Raise awareness of the program and the importance of car seat safety.</p> <p>Research additional funding to increase the number of available car seat technicians.</p>	<p>Ali Mitchell, Portage County Combined General Health District and Becky Lehman, Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p>Year 2: Continue efforts from year 1.</p> <p>Provide car seat check events throughout the county throughout the year.</p>		<p>October 1, 2018</p>	<p>1-16-18: Ali: 112 convertible car seats and 16 booster seats were distributed in 2017.</p> <p>PCHD had a site visit from OBB Program Coordinator from ODH in November. Reported that PCHD ran a quality OBB program with no changes needed. Heather (Akron Children's) reiterated that those positive comments and excellent PCHD site visit were reported to ODH.</p> <p>One car seat check event was held in October during JFS Health Fair.</p> <p>New additional trained car seat tech on PCHD staff (Kim Plough).</p> <p>4-17-18: Becky (Kevin): 41 convertible car seats and 10 booster seats were distributed from January 1- March 31, 2018.</p> <p>Car seat event is scheduled on May 19th at the Click it or Ticket event in Aurora. PCHD is also scheduled for a car seat check event at Portage Learning Centers Family Day on May 17th at Portage County fairgrounds, and KSU Child Development Center on May 23rd.</p> <p>PCHD wrote and received a grant from Ravenna Elks Lodge for \$2000 for the purchase of car seats and to hold an event at the Ravenna Elks Lodge.</p> <p>7-17-18: Becky: PCHD provided 31 convertible car seats and 6 booster car seats to Portage County residents from April 1 - June 30, 2018.</p> <p>Three car seat check events were conducted from April 1 - June 30, 2018.</p> <p>PCHD provides ongoing training to JFS staff on car seat safety.</p> <p>10-16-18: Becky/Ali: PCHD distributed 20 convertible car seats and 11 booster seats from July 1- September 30, 2018.</p> <p>One car seat check event was held in July at UH Portage. Four car seat check events have been held from January 1-September 30, 2018.</p> <p>PCHD is working with Akron Children's Hospital to hold a child passenger safety technician course here in Portage County. More info to follow.</p>

			<p>Ali held a car seat education class at Atwater Early Head Start for parents and kids. Head Start has 2 certified car seat technicians, but it is unclear how they are utilized.</p> <p>Jackie (Sequoia): Expressed interest in implementing a car seat check event at one of Sequoia's family events.</p>
<p>Year 3: Continue efforts from year 2.</p> <p>Collaborate with other organizations to offer off-site car seat clinics in various locations of the community.</p>		October 1, 2019	
Expand Activities of Safe Communities Fatal Crash Review			
<p>Year 1: Collaborate with county-wide partners to review fatal crash reports, identify trends, and recommend countermeasures to reduce preventable crashes and increase public awareness of Portage County traffic-related deaths through media releases.</p>	Lynette Blasiman, Portage County Combined General Health District	October 1, 2017	
<p>Year 2: Continue efforts from year 1 to meet Fatal Crash Review Board requirements.</p>		October 1, 2018	<p>1-16-18: Lynette: Ended 2017 with 9 total fatal crashes, many involving non seatbelt use. (Second lowest in 50 years... 3 years ago has just 8.)</p> <p>0 fatal crashes from 4th quarter October-December. (Second year in a row this has been the case.)</p> <p>Had a front page report in Record Courier this past weekend on fatal review for the year. Heather (Akron Children's) reported that it was in the Akron Beacon as well.</p> <p>Next awareness events will be focused around the Super Bowl.</p> <p>4-17-18: Lynette (Kevin): Had 1 fatal crash in the 1st quarter January-March. Reviewed on 4/11/18.</p> <p>Awareness events: None for Under 21 program going on today, 4/17/18, at Hiram College, and coming up is the Click it or Ticket kickoff event on 5/19/18.</p> <p>7-17-18: Lynette: Portage County's "ceiling number" for annual fatal crashes is 12. Have had 2 thus far in 2018. Had had 5 at this point in 2017. "Failure to yield" was indicated as cause of both this year. Last fatality was motorcycle related and involved alcohol. The Motorcyclist was not at fault.</p> <p>The associated media release was issued July 12th.</p> <p>In 2017, Portage County was ranked 10th in Ohio for volume of total crashes, yet currently have had just 2 fatalities this year. Funding for the program is based upon the number of fatal crashes occurring.</p> <p>Through OSU Extension, as a new member of Safe Communities, there is a new program in collaboration with the juvenile court system, where if a teen goes through juvenile court with any minor violation, they will be required to go through additional driver safety training.</p> <p>The 2019 Safe Communities grant will place a focus on commercial vehicles.</p> <p>10-16-18: Lynette: Had 3 fatal crashes this quarter. Year-to-date is 5 total fatal crashes. Are on track for a low year... in 2014 had a record low 8 fatal crashes</p>

			<p>for the year. The associated media release was issued but has not yet gone to print.</p> <p>Trends are considerably different from last year. Contributing causes range from failure to control, failure to yield (3 of them), and unsafe speed. All at-fault drivers were age 55 and older. (Last year, only 2 of the total 9 were 55 and older.) 3 of the 5 were motorcycle related. (Last year none were.) None were wearing helmets. 60% involved alcohol and or drugs. 80% occurred on rural roads.</p> <p>Ohio does not have a primary law for seat belt usage, thus drivers must be pulled over for other reasons in order to then be cited for not wearing a seat belt.</p> <p>There is a primary law in Ohio for drivers under 18 prohibiting cell phone usage while driving. For drivers over 18, it is a secondary law and the fines are less severe.</p>
Year 3: Continue efforts from years 1 and 2 to meet Fatal Crash Review Board requirements.		October 1, 2019	
Expand Activities of Child Fatality Review			
Year 1: Collaborate with county-wide partners to review child fatality reports, identify trends, and recommend countermeasures to reduce preventable deaths and increase public awareness of Portage County child fatalities through media releases.	Rosemary Ferraro, Portage County Combined General Health District	October 1, 2017	
Year 2: Continue efforts from year 1 to meet Child Fatality Review Board requirements.		October 1, 2018	<p>1-16-18: Rose: Last quarter saw 5 deaths (1 under 1 year of age.) 19 total deaths in 2017.</p> <p>Will be meeting with UH Portage next week to determine what education is being provided to new parents before leaving the hospital, and how it is delivered.</p> <p>Interested in exploring possibility of PCHD nurses providing newborn screening home visits 1 to 2 months after birth.</p> <p>Anne (PCHD): Next child fatality review meeting is scheduled for early February.</p> <p>4-17-18: Rose: Had 5 child deaths last quarter (January-March.)</p> <p>Met with UH Portage maternal and child health nurse manager, Cheryl Daily, on 1/22/18, to learn of services offered. UH does not have funding to do in-home nursing, but provides a lot of information and consultation regarding breastfeeding, baby care, safe sleep and car seat education, and heart and depression screenings. They also assist with referrals (and will set up appointments for mothers), and obtaining birth certificates and social security numbers. They have mothers sign contracts committing to never shaking the baby. They offer their cell phone numbers for all-hour correspondence, and they do post-partum follow-up calls after about a month.</p> <p>PCHD would still like to work toward being able to offer in-home nursing visits after moms and babies have been home for a month or 2.</p>

			<p>7-17-18: Rose: Had 7 (all natural) child deaths this quarter (April-June) that will be reviewed by the CFRB coalition, along with 5 carry-over cases with additional information to review from the previous quarter.</p> <p>Have followed up with UH Portage to ensure continuing services for new moms as reported previously.</p> <p>Laura (JFS): Recommended steps be taken by the CFRB to look at specific populations that seem to have high rates of child death, even if/though those populations are not high in Portage County.</p> <p>10-16-18: Rose: Had 3 child deaths this quarter (July-September.) CFRB coalition met in September. Total child deaths thus far for the year is 15. CFRB has reviewed 8 of those, with the additional 7 to be reviewed likely in January, due to holiday schedules and awaiting additional needed information for many cases, 2 of which are court pending.</p> <p>Of the 15 total child deaths, causes have been classified as: 8 natural, 2 suicide, 2 accident, 2 homicide, and 1 pending autopsy for determination.</p> <p>2017 Child Fatality Report is available on the PCHD website.</p> <p>Gun awareness programs and provision of gun locks have been conducted. Discussions of expanding suicide awareness programs have commenced.</p>
<p>Year 3: Continue efforts from years 1 and 2 to meet Child Fatality Review Board requirements.</p>		<p>October 1, 2019</p>	