

# DISTANCING MASKING DISINFECTING

## PRACTICE SOCIAL DISTANCING



Keep at least six feet apart from others.  
Don't go into crowded places.  
Avoid large gatherings.  
Work from home if possible.  
Grocery shop at off-peak hours.

## WEAR A MASK

It is recommended that all persons (over the age of two) wear a cloth mask.

The cloth facing covering should:

- fit snugly against the side of your face
- be secure with ties or ear loops
- include multiple layers of fabric
- allow for breathing without restriction
- be able to be washed and machine dried without damage

**My mask  
PROTECTS YOU**



**Your mask  
PROTECTS ME**



## DISINFECT SURFACES DAILY

Wipe down all high-touch surfaces often and daily.  
Include items such as door handles, computer mouse  
and keyboards, cell phones, light switches, etc.



**DO NOT INGEST DISINFECTANT PRODUCTS**



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