

Portage County

Community Health Improvement Plan

2016-2019

Progress Report



Improving the Health
of Portage County

**Portage County
Community Health Improvement Plan
Progress Report**

Decrease Obesity

Action Step	Responsible Person/Agency	Timeline	Progress
Implement Mindful by Sodexo and other Healthier Hospitals Initiatives			
<p>Year 1: UH Portage Medical Center will research Mindful by Sodexo and other Healthier Hospitals Initiatives.</p> <p>Collaborate with nutrition services to assess the current food and beverages in the hospital cafeterias, vending, meetings, and gift shops.</p> <p>Implement the Mindful program in at least one of the following priority areas:</p> <ul style="list-style-type: none"> • Healthy Cafeterias/Cafes • Healthy Vending Machines • Healthy Meetings and Events <p>Use marketing materials (posters, table tents, stickers, etc.) to better brand the program</p>	<p>Mindy Gusz, University Hospitals Portage Medical Center</p>	<p>July 1, 2017</p>	<p>Mindy provided email update, 1-10-17: She has met with UH nutrition services to assess the current food and beverages in the hospital, and is collaborating on the changes that have been and will be made in the cafeteria and vending machines. Changes that have been made thus far: only sugar-free fountain beverages, no longer any fried foods offered, nutritional information is posted for all offered entrees.</p> <p>4-11-17: Mindy: UH Portage cafeteria is in the process of being renovated. There will be a temporary dining area open during construction.</p> <p>Have a new Sodexo manager at the hospital who is a dietician, and will oversee their nutrition services.</p> <p>Continuing in cafeteria with only sugar-free fountain beverages, no longer any fried foods offered, and nutritional information posted for all offered entrees.</p> <p>March was national nutrition month. Held many engagement opportunities for the month at the hospital with the employees, including challenges regarding fruits and vegetables, hydration, and physical activity. Some of the resources regarding nutrition can be utilized in the community.</p> <p>A new free standing ED is coming in Kent on the corner of 261 and 43. Imaging services will also be available. July 1, 2017 is the expected date to open.</p> <p>Mindy shared the old proposal for a walking path (from Ravenna Seniors group) with new foundation person at the UH Portage site.</p> <p>7-18-17: Mindy: UH Portage cafeteria is currently undergoing a large renovation and is temporarily closed. Healthier choices including an expanded salad bar will be implemented. Also targeting vending machines to offer healthier options. Hope to be completed by end of summer, and have more details by next meeting. Thoughtfulness being offered toward including local produce providers as well as consideration of foods served to patients, such as more organic foods, particularly regarding patients with certain diagnoses who may be more in tune to nutrition specifics.</p> <p>Health and Safety Day is this Saturday at UH Portage.</p> <p>No farmers market will be held at the hospital this year.</p> <p>10-10-17: Mindy: The new UH Portage cafeteria is open. Several goals are in place: labeling all menu items with calories and fat, only advertising healthy foods and beverages for children and adults, distributing healthier beverages (goal is for 80% of</p>

			<p>beverages purchased to be healthier beverage options... currently at 56%), a variety of vegan options have been added, have expanded vegetable and fruit choices on salad bar (which is one of the biggest selections in the UH system), no longer have deep fryers on the premises, and are mindful of low sugar and low sodium options. "Partners for a Healthier America" is where Sodexo turns for guidance on healthier options/choices.</p> <p>Similar changes have been made for healthier food choices for patients at the hospital as well.</p> <p>Have also moved to doing all own internal catering for events held at the hospital.</p> <p>Joe (PCHD) asked if the hospital has staff usage data pre and post renovations to the cafeteria. Mindy will explore getting this information, from a revenue standpoint (indicating that higher costs may also influence more staff to bring own meals.)</p>
Year 2: Implement the Mindful program in all three priority areas within the hospital		July 1, 2018	
Year 3: Introduce the program into other areas of the community (businesses, schools, churches, etc.)		July 1, 2019	

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Partner with Portage Park District to implement various programs/policies			
<p>Year 1: Partner with local communities across the county to promote park planning, funding and development.</p> <p>Increase awareness, access and use of parks:</p> <ul style="list-style-type: none"> • Improve trail quality and signage. • Promote and expand the "Wild Hikes Challenge." • Promote park and trail use through social media, Meetup groups, hiking clubs. • Partner with health care providers to distribute maps and brochures of parks and trails. <p>Initiate partnerships for Park Rx program.</p>	Christine Craycroft, Portage Park District	July 1, 2017	<p>1-10-17: Christine: Met with Steven Jones and William Benoit of UH hospitals to introduce them to the Portage Park District and discuss potential partnership in communication and promotion of services and programs, such as promoting Park District during UH corporate wellness screenings, promoting rehabilitation using trails, potential sponsorship of trail mile markers utilizing UH branding, etc.</p> <p>Currently revising Park District website, maps, brochures, etc.</p> <p>10 year plan is nearing finalization... not yet released</p> <p>Rory (Park District) has viewed 3 webinars regarding Park Rx... will be explored further, and discussed further with UH.</p> <p>Bill (Edinburg Twp) relayed info about a Regional Planning parks grant intending to increase collaboration among differing parks systems in the County, with one of the deliverables being a shared website and possible phone app.</p> <p>4-11-17: Rory (Portage Park District): Working on Wild Hikes Challenge... "Vibrant Green Spaces" is the theme for 2017. Trying to promote to all of the schools, scout groups and other civic groups in the county. Open to suggestions about where else to promote.</p> <p>Hiring a public engagement coordinator soon to assist with all marketing and outreach efforts.</p> <p>Looking to expand "meet up groups" in the area. The only current walking group in Portage County is the PC Trail Walkers.</p> <p>Portage Park District has had a lot of media coverage lately. Have acquired the Kent Bog property in Kent. Are expanding Headwaters Trail. Streetsboro extension to Franklin connector.</p> <p>10 year plan is complete and released. Will be posted on the website.</p> <p>-----</p> <p>Nancy Pizzino (Kent Parks & Recreation): Going for bond issue in November for a new 80,000 sq ft health and wellness center on Middlebury Rd., to be part of Fred Fuller Park.</p> <p>Working on a new connector on Hike & Bike trail to downtown Kent.</p> <p>Plan to launch a 6 month Health and Wellness Challenge in late April to begin May 1st and run through October. Open to anyone, and will include 6 month membership to current fitness facility, monthly incentives, monthly check list to keep track</p>

		<p>of points (general health, physical activity, stress, etc), partnering with UH for monthly seminars, pre and post fitness assessments. Will look at potential expansion into corporate challenges following completion of this initial challenge.</p> <p>*(group discussed reviewing how to best include Kent Parks & Recreation activities in CHIP progress moving forward... to be determined.)</p> <p>7-18-17: Rory (Portage Park District) introduced Andrea Metzler, the new Public Engagement Coordinator for the Park District. Working on providing more and better consistent signage on the trails, recognizing current deficiencies at some of the parks. Initially targeting mileage indicators on trails, followed by development of a plan to address other signage needs.</p> <p>Expanding promotion efforts. Have recognized more people using the parks this year than last year and participating in the Wild Hikes challenge. Working to gain brand awareness. Do not have a written media program, but will be developed.</p> <p>Andrea will be working on creating a Portage Parks Walking/Hiking group. Working on increasing the volunteer program for walking partners and other programming. (Have surveyed current volunteers and are signing up and training additional people.)</p> <p>Andrea will be overseeing the Parks Rx program. More to report next meeting.</p> <p>Looking ahead to year 2: still planning a pump track. Moving forward with 10 year plan, including new/different structures at Towner's Woods since pavilion burned down last year.</p> <p>Plan to hire 1 or 2 naturalists for nature hikes and other programming next year. (Currently few, conducted by volunteers and partner agencies.)</p> <p>10-10-17: Rory/Andrea (Portage Park District): Have been putting more presence on social media (Facebook), gaining likes and followers. Have resumed putting out a monthly newsletter and continue adding to the distribution list. Continue to promote the Wild Hikes challenge. Had new and more participants in 2017. Will begin planning for 2018 soon... looking for input on potential theme. Working on trail quality and additional signage (not a small task.) Are in the process of refreshing all kiosks at parks with new maps and information.</p> <p>Working with Natalie Caine-Bish at KSU to develop the Parks Rx program. Proposed budget was cut in half, but plan is to pilot the program working with one or two to-be-determined OBGYN or family physician/PEDS offices. Plan is to continue working on materials later this year, and to roll it out in early 2018.</p> <p>Going in to next year, planning to partner with Ravenna Parks and Recreation (through a grant) to look at the Cleveland Road Trail Head property as a possible location to implement a pump track.</p>
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<p>Year 2: Initiate and expand park programming for healthy recreation including walking and biking clubs.</p> <p>Distribute Parks Rx program materials to healthcare providers.</p> <p>Partner to create a pump track for bikes in association with the hike and bike trail.</p> <p>Add 3 miles of trails.</p>		July 1, 2018	
<p>Year 3: Expand participation in Parks Rx, Wild Hikes Challenge and group activities.</p> <p>Partner to develop a fitness trail with outdoor exercise equipment.</p> <p>Partner to offer community gardens and associated programming on park property.</p>		July 1, 2019	
Implement Complete Streets Policies within the City of Kent			
<p>Year 1: Raise awareness of Complete Streets Policy and adopt comprehensive complete streets policies.</p> <p>Gather baseline data on all of the Complete Streets Policy objectives.</p> <p>Plan and hold a meeting with city residents, city planners and other city officials in attendance to discuss future policy changes.</p>	Jeff Neistadt, Kent City Health Department	July 1, 2017	<p>Jeff provided email update, 1-10-17: He has met with the Kent City Service Director and city engineers, and they are beginning to compile baseline data... expect to have that data to share at next quarterly CHIP progress meeting.</p> <p>4-11-17: Jeff: Has met several times with city engineer, and reviewed years worth of collected data. Will collate and report findings at next meeting. Everything seems to start and end in the city, with few connectors within and through the city. Plan to review best methods (and potential funding sources) to connect existing trails. Will involve many players including city engineer, parks and rec., etc.</p> <p>Looking ahead to include Safe Routes to School... Becky (PCHD) will link with Kim Trowbridge (NEOMED) for planned effort under Injury Prevention priority.</p> <p>7-18-17: no updates at this time.</p> <p>10-10-17: Michael (Kent City Health Department): The hike and bike trail state route 59 segment is currently under construction. It runs from the Tannery Park through the Walgreens parking lot, to the Esplanade. The trail along the river behind the old Dale Adams building has had some work done to it because of the new Riverside building renovations. This new trail connector will connect the Esplanade to Tannery Park.</p>
<p>Year 2: Begin to implement the following Complete Streets Objectives:</p> <ul style="list-style-type: none"> • Increase in total number of miles of on-street bicycle facilities, defined by streets and roads with clearly marked or signed bicycle accommodations. • Pursue and achieve Bike-Friendly Community status from the League of American Bicyclists, or Walk-Friendly Community status from walkfriendly.org. 		July 1, 2018	
Year 3: Continue efforts from years 1 and 2.		July 1, 2019	

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Decrease Obesity

Action Step	Responsible Person/Agency	Timeline	Progress
Develop a Portage County Obesity Coalition			
<p>Year 1: Establish the basic principles of the coalition and develop evaluations for progress.</p> <p>Recruit community leaders, stakeholders, school RN's and primary care physicians to sign up and become members of the coalition.</p> <p>Announce the coalition through press releases and social media outlets. Work to establish a mailing list serv to send updates to the community.</p> <p>Complete an action plan and set 2-3 goals that the coalition will work towards implementing.</p> <p>Begin to determine resources and begin to secure funding.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach</p>	<p>July 1, 2017</p>	<p>1-10-17: Natalie: Has gone through old list of participants in former Portage County Obesity Prevention Coalition that became inactive in 2009, updating information, and plans to send email at the end of January regarding an initial meeting planned for February (with hopes to then meet monthly, also having workgroups.) She has been seeking funding, but has not found much to "fit" this aim. Has participated in 2 webinars (funded from ODH MCH grant) for ODH Healthy Communities program, intending to ultimately utilize and correlate with that assessment data and thus not "reinvent the wheel."</p> <p>Natalie provided email update, 4-11-17: KSU has started a coalition under an ODH grant, which will become the steering committee for the expanded obesity coalition. Currently in the assessment stages of a grant looking at the health status of children in the county... would be good to be able to move both initiatives forward together due to potential grant funding. For the grant 2-3 goals and an action plan must be created. After the assessment is complete in late May or early June, will be able to move to the next step of an action plan.</p> <p>7-18-17: Natalie: Obesity Coalition has been brought together through the ODH MCH grant. Includes representatives from KSU Center for Nutritional Outreach, PCHD, WIC, JFS, and Portage Parks. Met in May and June. An assessment was conducted supplementing data from the CHA, regarding child physical activity and nutrition. Working on creating an Action Plan to hopefully be funded by the new MCH grant for FY18 (\$15,000 has been bookmarked for programming.) The next Obesity Coalition meeting is scheduled for 8/3/17.</p> <p>Natalie indicated that many programs that were previously funded by the MCH grant are no longer funded. Karen (PCHD) offered that perhaps these previously-funded programs might be funded by other resources, such as United Way. Natalie reported that KSU had applied for a Portage Foundation grant that was not funded. Natalie indicated that the preferred no-longer-funded program to reinstate due to its reaching of the largest number of children for the lowest cost is the Munch Bunch program. This program focuses on limiting plate waste and encouraging students to eat the produce that has been provided in front of them.</p> <p>Mindy (UH Portage) asked if we should be looking to Akron Children's Hospital and UH Portage resources to reach pediatric populations they see, and if any of these programs might be able to be funneled through the Community Benefit. Natalie reported that she has not had any problems with referrals to the nutritional programs from the physicians.</p> <p>*See addendum with additional detailed notes</p>

			<p>10-10-17: Becky (PCHD): Coalition has been formed with members representing Maternal Child Health (as dictated by the ODH MCH grant). PCHD intends to expand the Coalition membership in 2018 to include all partners interested in this initiative.</p> <p>An action plan with identified initial goals has been created and submitted to ODH for approval. ODH has cut Obesity funding drastically. Grant funding if approved will be \$9,000 less than anticipated.</p> <p>The Coalition will work to complete as many as possible of the objectives identified in the report as areas of concern through additional/alternate potential funding sources.</p>
<p>Year 2: Continue to work towards goals set and maintaining the coalition</p> <p>Secure funding for goals.</p>		July 1, 2018	
<p>Year 3: Continue efforts from years 1 and 2.</p>		July 1, 2019	
Implement the Prescription for Health Program			
<p>Year 1: Research Prescription for Health program.</p> <p>Obtain baseline data to document need for Prescription for Health.</p> <p>Contact potential clinic and farmer's market partners. Schedule and attend meetings with potential partners – discuss the program and requirements for participation.</p> <p>Finalize clinic and program partners.</p> <p>Decide what program materials are needed.</p> <p>Develop program materials.</p>	<p>Jeneane Favaloro, AxessPointe Community Health Center</p>	July 1, 2017	<p>1-10-17: Becky (PCHD) shared update info provided to her by Jeneane: Jeneane has consulted the NEOMED Food Market for farmer's market partner information, and with intent to maximize data collection effectiveness. She further plans to work with JFS and WIC to compile data regarding food stamps, farmer's markets, etc, toward supporting Prescription for Health program need.</p> <p>4-11-17: Jeneane: Researched a program that was implemented in Michigan. Is reviewing that program guidance to determine how we could best implement this in Portage County.</p> <p>Having conducted a brief initial SWOT analysis of the county, has identified strengths as having several farmers markets and county leaders who are engaged. Weaknesses include lack of funding, reimbursement questions, lack of transportation, follow-up challenges (CHW implementation?) Opportunities exist to explore efforts of abundant partners, and who can be engaged to prescribe, distribute, and partner on "both ends."</p> <p>Mindy (UH Portage) suggested possible implementation of assessment of food insecurities on the inpatient questionnaire at the hospital, as a potential mechanism for referrals to the prescriptions for health and other county resources.</p> <p>Amy (WIC) and Kevin (PCHD) engaged in further discussion regarding the proposed Food HUB in PC through a Regional Planning grant exploring the potential and proper model for PC. This could potentially serve in alignment with Prescriptions for Health and farmers markets activities.</p>

			<p>7-18-17: Joe (PCHD): Jeneane is no longer with AxessPointe. Joe will be looking towards the larger CHIP group and soliciting for someone to take the lead moving forward on this Prescription for Health program Action Step, particularly if Jeneane's replacement at AxessPointe, Ana Theisen, is unable to do so. There is a meeting of the CHIP Steering Committee next week, during which this will be further discussed.</p> <p>10-10-17: No updates at this time. Ana Theisen has expressed interest in exploring this activity. AxessPointe new building opened on 9/19. This opening caused a delay in updated CHIP activities from Ana.</p>
Year 2: Implement the Prescription for Health Program in at least 1 location with accompanying evaluation measures.		July 1, 2018	
Year 3: Double the number of locations offering the Prescription for Health program.		July 1, 2019	
Incorporate families and children into community physical activities			
<p>Year 1: Obtain baseline data on races and other organized physical activities in the county and if they offer a child or family component</p> <p>Provide at least one Community related program promoting physical activity and families.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach & The Portage County Obesity Coalition</p>	July 1, 2017	<p>1-10-17: Natalie: Working on compiling info regarding events (limited) and organizations that provide physical activity services. Discussed possible need to alter future Action Steps due to difficulty in establishing baseline data regarding event participation.</p> <p>Planning a Family Fitness Day on KSU campus in May, with a 5K and fun run. Currently in process of seeking university approval. Trails have been decided upon, and wish to make the event free as well as provide t-shirts to participants. Also seeking donors for family activity resources such as inflatable obstacle courses, etc.</p> <p>Natalie provided email update, 4-11-17: The planned Family Fitness Day community program on KSU campus will NOT be occurring in May, because the university did not grant approval at this time.</p> <p>Kent State University Center for Nutrition Outreach is currently working with a non-profit organization and has signed a contract with them to create a fun run series to be offered to families in our community this summer. It will be 5 week fun run series that engages both parents and children, called the Healthy Kids Running Series. Becky (PCHD) mentioned that this program will be similar to the "Girls on the Run" program.</p> <p>Are compiling a list of races and organized physical activities in the county to be completed by July 1.</p>

			<p>7-18-17: Natalie: Working with Kent Parks and Portage Park District to implement a 5 week long Healthy Kids Running Series beginning September 17th. Races are for children 12 and under, with lengths dependent on age. Educational and community health engagement opportunities will be available for parents each week at the races.</p> <p>A list of events and organizations providing physical activity services has been developed, but is not yet comprehensive for Portage County. The list will be shared during the October CHIP meeting to better ensure that a full year's worth of programming is compiled.</p> <p>10-10-17: Becky (PCHD): The Healthy Kids Running Series was held on a Sunday in September. The event was not well attended (less than 5 participants). The program partner, New Balance, indicated they are not interested in repeating. Natalie is appealing to them to reconsider with revisions to the program to better match our community, and is looking at working with graduate students to create marketing materials to host such an event again in the spring.</p> <p>Mindy (UH Portage) suggested that we coordinate as community partnering agencies to host collaborative/joint events at combined times and/or locations to maximize attendance and impact. Perhaps tie events to previously successful events/days. Further discussion included the need for all partners to make use of existing, or create a shared new, community events calendar. Possibly organize a collaborative event planning meeting this winter.</p> <p>Natalie provided an email update, 10-10-17: Currently working on compiling a program list of all events available in Portage County that are physical-activity related, that will be available online when completed.</p>
Year 2: Increase child and family participation at organized physical activity events by 5%		July 1, 2018	
Year 3: Increase child and family participation at organized physical activity events by 10%		July 1, 2019	

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Action Step	Responsible Person/Agency	Timeline	Progress
Implement a Healthier Choices Campaign			
<p>Year 1: Work with Portage County Obesity Coalition and the KSU Center for Nutrition Outreach to develop a Healthier Choices Campaign.</p> <p>Secure funding to create campaign materials.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach & The Portage County Obesity Coalition</p>	<p>July 1, 2017</p>	<p>1-10-17: Natalie: Concerned regarding ability to implement this program, due to lack of funding. Had hoped that ODH CMH grant would allow alignment, but due to changes in grant it will not. Will attempt funding via internal KSU grant, but doubtful since it is research-based. Will reach out to the Portage Foundation and, per Becky (PCHD) suggestion, United Way for possible funding. This program is costly including need to buy rights to, and use, its branding. May possibly need to alter this Action Step to reflect a campaign of PC's own design, based upon ODH assessment data, our local outcomes, and hopeful future ODH funding. Regardless, will need to find sustainable funding to implement and continue.</p> <p>Natalie provided email update, 4-11-17: Have not been able to find funding to pursue the Healthier Choices program thus far. Natalie believes the best option going forward is to amend this strategy to align with the current grant on child health that she is working with and doing a health assessment for. The next stage of the grant will be to create interventions based on the assessment data. She believes this will provide a greater possibility for funding, to continue this strategy in a revised but viable manner.</p> <p>7-18-17: Natalie: Concerned that the Healthier Choices Campaign is more of a communications campaign. They can be short lived and not sustainable. Knowledge and awareness does not translate into behavior change which is needed for reduction of obesity. The Obesity Coalition is looking at other programming that can be used in Portage County.</p> <p>The Healthier Choices Campaign is also expensive, and Natalie expressed concern that even the programs that have been proven to work in the past in our community are no longer funded. Working on programming that can be funded by the MCH FY18 grant. Need to make sure that the programming meets the needs of Portage County residents. She proposes going into year 2 that we re-structure this Action Step to align more with these proven programs, especially if funding can be secured through the grant.</p> <p>*See addendum with additional detailed notes</p> <p>10-10-17: Amy (WIC): Reported that Natalie and the Coalition are working with JFS to help increase farmers market vouchers and SNAP cards for fresh fruits and veggies use in Portage County. "Stark Fresh" is a program in Stark County that has a mobile unit that travels to low-income families throughout the community, to sell fresh produce, and they accept vouchers and SNAP cards. They also support community gardens. Natalie is working to coerce them into extending into Portage County,</p>

			<p>and has received initial feedback that they are interested in further exploring this possibility.</p> <p>There was further discussion on farmers markets and the possibility of pursuing bringing one back to Ravenna City.</p> <p>Further discussion involved the need to revise and reorganize this Action Step going forward, to better align with actionable and intended activities aimed at promoting healthier eating and living.</p>
<p>Year 2: Roll out the Healthier Choices Campaign to schools, youth centers, local gyms, and healthcare offices as pilot centers.</p> <p>Continue fundraising.</p>		July 1, 2018	
<p>Year 3: Roll out campaign to entire County</p> <p>Continue fundraising.</p>		July 1, 2019	
<p>Increase nutrition/physical education materials being offered to patients by primary care providers</p>			
<p>Year 1: Work with primary care physicians and offices to assess what information and/or materials they are lacking to provide better resources for overweight and obese patients.</p> <p>Develop nutrition/physical education tool kits to provide to primary care physicians that include dietitian referral information.</p> <p>Obtain funding for toolkit printing and training.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach & The Portage County Obesity Coalition</p>	July 1, 2017	<p>1-10-17: Natalie: KSU is now branded, and thus ALL info distributed to PCPS is being updated, to be completed by February and redistributed by April. Approximately 50-55 PCP and OBGYN offices are identified, to receive info/educational material packets containing more than 100 pages of info. Partners can submit materials to Natalie to be included.</p> <p>Funding is provided from within KSU program.</p> <p>Amy (WIC) asked if including info to family practice docs. Natalie indicated not at this time.</p> <p>Amy advised of a "Parenting at Mealtime and Playtime" healthy habits and obesity prevention training for healthcare providers to be held at Summit County Public Health on April 7... she will attend and share info.</p> <p>Natalie provided email update, 4-11-17: Have pulled materials together, but haven't found money for printing. She is able to do some of the printing through KSU Center for Nutrition Outreach, but cannot pay for the rest. Has been seeking local grant funding for this, but has not found any as yet. She suggests that it may be necessary to implement a modified version of what had been planned, based on limitations with funding.</p> <p>Mindy (UH Portage) indicated that she will plan to connect Natalie with Wendy Meadors, who is the UH Hospitals physician liaison for Portage County, to properly strategize this effort with regard to the current resources physicians have access to, as well as the process that primary care doctors use to access, deliver, and document distribution of</p>

			<p>nutrition information. Mindy indicated that it is a difficult process to get things added to the EMR (electronic medical record.)</p> <p>7-18-17: Natalie: Nutrition and physical activity toolkits are available for printing, but there is no funding to do the printing, etc. Approximate cost for the needed 100 toolkits is \$1200.</p> <p>Mindy (UH Portage) shared concern if the toolkits would be cost-effective and utilized by physicians, and questioned if there might be other resources to assist in this intended effort. EMRs document when a physician provides education. This toolkit would not. Moving forward, perhaps research could be done to determine if physicians would utilize the toolkits, and to strategize the best method to achieve the goal.</p> <p>Natalie provided email update,10-10-17: This initiative is too expensive and there is no funding for copying and organizing of manuals.</p>
<p>Year 2: Offer trainings for PCP offices on nutrition and physical activity best practices, as well as referral sources.</p> <p>Enlist at least 3 primary care physician offices.</p> <p>Continue fundraising.</p>		July 1, 2018	
<p>Year 3: Offer additional trainings to reach at least 50% of the primary care physician offices in the county.</p>		July 1, 2019	

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Expand the Personal Improvement Program (PIP) in schools			
<p>Year 1: Increase awareness among schools about the PIP program. Meet with school superintendents, after school program directors, and other school staff.</p> <p>Explore feasibility of expanding the program to other schools.</p> <p>Explore funding opportunities to expand program.</p>	<p>William McCluskey, Edinburg Township</p>	<p>July 1, 2017</p>	<p>1-10-17: Bill: Planned to start PIP at West Main Elementary in fall '16... delayed due to principal changes. Looking to establish resource list (including exercise physiologists) and acquire existing BMI baseline data from phys ed teachers, and implement further testing of those students ID'd as obese or underweight.</p> <p>Met with Ravenna mayor, who indicated RAC would not be involved with any programs.</p> <p>Met with NEOMED, hoping for instructors' participation.</p> <p>Ravenna Health Board unable to assist with potential expansion into Rootstown schools.</p> <p>4-11-17: Bill: Met with Ravenna Schools superintendent and shared past success of the program... gained approval to tentatively implement the program at West Main Elementary in January 2018.</p> <p>Ravenna Health Board will coordinate the speakers.</p> <p>Would like to get the parent/teacher association involved.</p> <p>Is an all volunteer program, and is seeking potential grant funding and/or donors (for equipment, snacks, t-shirts, bussing costs, and possible stipends for KSU student instructors.)</p> <p>Putting together an activity card file for the activities, for standardization, particularly for if/when program expands to other schools.</p> <p>7-18-17: no updates at this time.</p> <p>10-10-17: Bill: Met with Dennis Honka with Ravenna Schools, who is interested and would like to have the program at West Main. The state requires physical education instructors to collect and record BMI and other data. Previously, the PIP program did the BMI testing, etc. Moving forward, looking at if the instructor data might be shared with the PIP program, or possibly with the Board of Health.</p> <p>Has put together a list of resource needs to implement the program. Next step is to share with various groups and get speakers in place to meet the needs.</p> <p>Hoping to start the program at West Main in January and run it through to the end of the school year.</p>
Year 2: Implement program in at least 3 after-school programs.		July 1, 2018	
Year 3: Continue efforts from years 1 and 2.		July 1, 2019	

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Action Step	Responsible Person/Agency	Timeline	Progress
Implement postpartum weight loss educational program at WIC			
<p>Year 1: Initiate "Healthier You" program to provide targeted nutrition education, breastfeeding support, recipes and physical activity recommendations to encourage healthy weight reduction to postpartum WIC mothers.</p> <p>Establish a Facebook group to appeal to millennials.</p>	Amy Cooper, WIC Director	July 1, 2017	<p>1-10-17: Amy: Program began October 1, 2017. Specifically targeting any mom ID'd as having excess weight gain during pregnancy. Program is overwhelming with new baby... need to explore appointments a bit later, and implement better marketing.</p> <p>Had created closed Facebook group and distributed 100 brochures... no one yet signed up.</p> <p>Ali (PCHD) offered to promote program during car seat and pack n' play appointments.</p> <p>4-11-17: Amy: Facebook group continues to have limited participation. 63 program flyers were distributed to new moms and to partnering agencies. Social media activities will be a component of greater focus pursuant to grant for next year.</p> <p>Hoping to hold "Mom and Me" walks/events in local parks. Nancy (Kent Parks & Recreation) indicated that they attempted these last year with little success, but would like to try again this year. She noted there was a cost involved for participants. Nancy offered resources to assist Amy in starting these up.</p> <p>7-18-17: Amy: Since the last meeting, WIC distributed 55 Steps to a Healthier You brochures. Facebook is still not being utilized to full potential. (WIC is posting more content, but is not seeing much community response/engagement.) A large event is being held on August 7th for Breastfeeding Awareness. Hoping this will boost social media usage, and help foster additional meeting groups, etc.</p> <p>10-10-17: Amy: Distributed 90 program flyers this past quarter to moms identified as having gained excessive weight during pregnancy.</p> <p>Two dieticians attended the train the trainer session of Mothers in Motion program, which was well received by the dieticians. Plan to share associated videos with moms ready to make behavior changes (in the Stages of Change model).</p>
<p>Year 2: Expand "Healthier You" to include involvement of community partners.</p> <ul style="list-style-type: none"> Collaborate with Portage Parks District to promote family (Mom and Me) walks in the park <p>Offer quarterly meet-ups of WIC mothers – offer education by community partners such as car seats, smoking cessation, stress management, safe sleep and baby wearing, as well as cooking demonstrations, breastfeeding education and mom-to-mom support.</p>		July 1, 2018	
Year 3: Continue efforts from years 1 and 2.		July 1, 2019	

Portage County CHIP Obesity Progress Report

Additional Meeting Notes:

4-11-17: Mindy (UH Portage): Shared that the Windham Renaissance Center has a small garden that the library has managed. Mindy has connected them with the OSU Extension office and 2 master gardeners. There is a 5 year master plan (being done by the master gardeners) to expand the Renaissance Center court yard (which is protected from animals and theft) to be utilized for monthly free food drives, creating a mechanism for provision of fresh produce.

7-18-17: Keith (Sequoia Wellness): Looking at how they could work with and partner with these initiatives. Definitely interested in helping with promotion of many of the programs and activities. Would like to take a more active role working with community partners, and have interest in exploring options for their participation on the Obesity Coalition. They also have dieticians on staff. Sequoia has a run club where they use the Portage Parks. Hike meet-ups may also be an area of collaboration. Wild Hikes Challenge is another program of interest for collaboration. Interested in promoting the Healthy Kids running series to their members. Also would like to look further into the Prescriptions for Health.

Joe (PCHD) engaged Sequoia in a brief discussion regarding their Workplace Wellness program. Mindy (UH) indicated that the hospital also has such a program. Karen (PCHD) suggested consulting Mike Thompson with the Portage Safety Council for information on employers in the county offering workplace wellness programs. The groups suggested that following the first year review, this may be an opportunity for an additional Action Step to be added to the Obesity CHIP priority.

10-10-17: Jean (United Way) suggested considering changing this Priority name to something more positive. Joe (PCHD) suggested HEAL: Healthy Eating Active Lifestyle. Can be discussed at upcoming annual review meeting, and will need to be approved by the Steering Committee.

Jackie (Sequoia Wellness) provided email update, **10-10-17:** Are in process of 2018 Strategic Planning. Preparing a Diabetes Education program to be rolled out in 2018 open to the public as well as members. Offer a weight management program, "Sequoia 360", on a quarterly basis. Exercise & Nutrition program, "Nourish & Move", has several programs scheduled throughout the year... the introductory "Nourish your Mind/Move with Meaning" is available to be delivered free of charge to area groups/organizations. It is primarily geared toward the older population, but is appropriate for a wide audience. Are meeting with the Rootstown Trustees to discuss future planning of events at the Rootstown Community Park to increase Park awareness and utilization. Would like to plan meetings with representatives of the Ravenna City Park and the Portage Park District to explore similar partnership opportunities. Sequoia provides information regarding the SOAR student-run NEOMED free clinic at various community events if/when students are unable to attend. Worksite Wellness program is available to area businesses, and can be tailored to individual needs, sizes, and budgets.

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Mental Health Services

Action Step	Responsible Person/Agency	Timeline	Progress
Increase awareness and accessibility of available mental health services			
<p>Year 1: Educate school personnel and social workers in at least three local school districts on the availability of mental health services</p> <p>Create a presentation on available mental health services and present to Portage County area churches, Law Enforcement, Chamber of Commerce, City Councils, Portage College students majoring in social work, etc.</p> <p>Support and disseminate an informational brochure that highlights all organizations in Portage County that provide mental health services.</p>	<p>Karyn Hall, Mental Health & Recovery Board of Portage County</p>	<p>July 1, 2017</p>	<p>1-11-17: Joel (MHRB) on behalf of Karyn: 6 schools educated on availability of mental health services.</p> <p>Several individuals presentations given to educate various agencies/audiences along with materials distributed. Some focused on opioid addiction, but mental health issues/services incorporated in, due to frequent dual diagnoses.</p> <p>MHRB has created and distributed several informational brochures highlighting available services, including "red and white" cards, "street cards", etc.</p> <p>*See addendum with additional detailed notes</p> <p>4-12-17: Karyn: Met with three school districts to review mental health programming & services. Provided training to Streetsboro School District Aides and to Streetsboro Fire Department Staff.</p> <p>Distributed materials at Hidden in Plain Sight event.</p> <p>Local NAMI group created a music video "Fighting the Stigma" from the Out of the Shadows campaign to address stigma surrounding mental health. Debuted at Coleman in February, and will be shared through social media and at school events.</p> <p>*See addendum with additional detailed notes</p> <p>7-19-17: Karyn: Met with employees of two school districts to review mental health programming and services. Reached school counselors, children's mental health professionals, and parents with info concerning youth suicide and discussing the Netflix series "Thirteen Reasons Why."</p> <p>Promoted the Crisis Text Line 741741 to youth and the general public.</p> <p>May was Mental Health Month, with associated promotion and presentations.</p> <p>*See addendum with additional detailed notes</p> <p>10-11-17: Karyn: July-September, advertised the Crisis Text Line on PARTA buses, in the newspaper, and through social media.</p> <p>Promoted Suicide Prevention Awareness Month in September through social media.</p> <p>Continue to provide trainings and presentations on mental health services to area schools, agencies, etc., including a presentation to the Streetsboro Chamber of Commerce in September.</p>

			Karyn asked if this group would like her to collect and report on each individual agency's relevant activities beyond those conducted by the MHRB. The group stated this specific detailed information would be beneficial to receive at these quarterly meetings in the future.
Year 2: Educate school personnel and social workers in all local school districts on the availability of mental health services. Continue presentations on available mental health services to Portage County groups.		July 1, 2018	
Year 3: Continue efforts of years 1 and 2 and expand outreach		July 1, 2019	
Increase the number of primary care physicians screening for depression during office visits			
Year 1: Collect baseline data on the number of primary care physicians that currently screen for depression during office visits. Research screening tool with other 4 priorities.	Paul Dages, Suicide Prevention Coalition and Joel Mowrey, Mental Health & Recovery Board of Portage County	July 1, 2017	<p>1-11-17: Paul and Joel: To date, no baseline data on PCP screenings for depression has been collected. Discussed collaboration with other CHIP priorities involving PCP listings, screenings, etc.</p> <p>Ohio providing SBIRT screening training focused on substance use disorder. At least 1 PC provider to receive training... plan to assess thereafter and explore possibility of adding incorporation of depression/suicide screening.</p> <p>Paul mentioned he's been advised by Amy Lukes (NEOMED) of a 8-9 step "canned tool" survey doctors use with a mental health focus... recommended exploring further.</p> <p>Rich (Veterans Services) recommended consulting the Ravenna Veterans clinic on any VA or other tools they may be using.</p> <p>*See addendum with additional detailed notes</p> <p>4-12-17: Paul and Joel: This activity overlaps with substance abuse and other CHIP priorities, and needs to be reviewed by the Steering Committee to combine resources and coordinate a collaborative effort. Intent is to work together on compiling list of primary care physicians and reach out to them collectively as opposed to several times separately in addressing the different priorities' objectives.</p> <p>Paul has spoken with Renee Klaric from UH Portage and Amy Lukes from NEOMED about the PHQ9 questionnaire depression screening tool, and has heard that some PCPs do not ask the final question which regards suicidality, for unknown individual reasons.</p> <p>Rich (Veteran's Services) mentioned that he helped connect PCHD with Christina Stewart from Veterans Affairs to begin discussions regarding further collaborations.</p> <p>Joel indicated that SBIRT screening training will be attended this month by Jen Parmenter from FCS.</p> <p>Discussed potentially reaching out to the Youngstown Federally Qualified Health Center to discuss the mental health screening tool/s they currently have in use.</p> <p>Joel suggested that Jeneane from AxxessPointe might also be a valuable participant with this Action Step.</p>

			<p>7-19-17: Karyn (MHRB): No baseline data has been collected. Local staff (FCS) received SBIRT training.</p> <p>Steering Committee needs to discuss and plan this action step in coordination with the other CHIP priorities and with UH Portage, AxxessPointe, and the VA.</p> <p>Joe (PCHD) offered the thought of working with NEOMED (Dr. Lee and Dr. Boltri) to coordinate this as an MPH student project. The group agreed this may be a great approach. The Steering Committee meets next week and will include this in the discussion.</p> <p>Mary (Children's Advantage) reported that Children's Advantage works with KSU students moving into the MD program at NEOMED to talk to them about mental health and mental health screenings. May be an opportunity for some alignment.</p> <p>10-11-17: Joel: UH Portage and affiliated physicians are asking screening questions regarding depression as well as tobacco, alcohol, and other substance use. They are utilizing the Patient Health Questionnaire (PHQ) tool within the framework of the Electronic Medical Record system, PHQ2 (4). They sent Joel the list of questions. If a person answers affirmatively, then another screen opens to ask further questions. Unity Health Network, a group of providers in Portage and Summit counties also does the PHQ2. They don't ask the suicidal questions (part of the PHQ4), but focus on tobacco, street drugs and alcohol; and use the AUDIT-C scale. Referrals are built into the system for those with identified needs.</p> <p>Because existing screening tools are in use, a new screening tool will not be created as indicated within this Action Step. Will need to be revised accordingly.</p> <p>Joe (PCHD) offered that perhaps the revised focus should be to continue research on identifying PCPs practicing in the county who are not affiliated with UH, and determining what EMRs they use and if they conduct these or similar types of screenings. Might be a possible MPH student project.</p> <p>Joel met with Amy Lee at NEOMED to discuss such a possible student project. Were uncertain how to best proceed. Should be brought back to the Steering Committee for further guidance.</p> <p>Mark (PCHD) offered to assist in this process in whatever way feasible within the other health care facilities.</p> <p>Wendy (KSU College of Nursing): Spoke regarding the HRSA KSU Nursing grant, and indicated they will not be using a scripted screening tool. The program will have mental health professionals working collaboratively with the nursing students to help refer individuals to resources based on identified needs.</p>
Year 2: Pilot the protocol with one primary care physicians' office.		July 1, 2018	
Year 3: Increase the number of primary care physicians using the screening tool by 25% from baseline.		July 1, 2019	

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Mental Health Services

Action Step	Responsible Person/Agency	Timeline	Progress
Expand Evidence-based Programs and Counseling Services Targeting Youth and Families			
<p>Year 1: Research Life Skills, QPR, ROX, Strengthening Families, and the Incredible Years programs.</p> <p>Continue the implementation of Red Flags to the Portage County School Districts.</p>	<p>Karyn Hall, Mental Health & Recovery Board of Portage County</p>	<p>July 1, 2017</p>	<p>1-11-17: Joel (MHRB) on behalf of Karyn: Have formed a Suicide Prevention & Youth Mental Health Education Committee, working in collaboration with the Portage County Suicide Prevention Coalition, but with primary focus on schools and school programs. Currently gathering information from each school district on which bullying, suicide prevention, and drug prevention programs they utilize... will meet in February to review findings.</p> <p>The Red Flags program continues to be implemented in PC schools.</p> <p>*See addendum with additional detailed notes</p> <p>4-12-17: Karyn: The Suicide Prevention & Youth Mental Health Education Committee met in February and reported on the information gathered from the school districts regarding their bullying policy/programs, suicide prevention, and drug prevention programs. The next committee meeting will be held in May.</p> <p>Will have a full report on the Red Flags program following the end of the school year.</p> <p>7-19-17: Karyn: Suicide Prevention and Youth Mental Health Education Committee met in May. They researched and considered many programs including those listed under this Action Step. Have decided to focus on those programs already in place within Portage County schools: Red Flags, Lifeskills, PBIS (Positive Behavior Intervention Support), and Start with Hello. Also looking to gain further information regarding the PAX program.</p> <p>Becky (PCHD): Reported that PCHD is working with a grant from SCPH and has 3 health educators trained in an interactive educational program called "Say it Straight" aimed at empowering students toward positive communication, self-awareness, social responsibility, and behaviors. This program is targeted to be implemented at KSU and Hiram.</p> <p>10-11-17: Karyn: Has an Implementation Training for the Red Flags program for counselors, etc., scheduled for November 14th.</p> <p>A Streetsboro elementary school teacher working on his masters program collaborated with MHRB to produce and distribute packets of information on programs and services at all open houses within the school district this year.</p> <p>There was recommendation to the Sales and Use Tax Committee to fund a submission from Children's Advantage to provide case managers in the school districts. Recommendation was to fund 6 case workers (each to serve 2 districts) as opposed to the</p>

			<p>requested one for every school district. Are awaiting the decision.</p> <p>MHRB leads the Youth Mental Health Education, Suicide Prevention, and Bullying Committee which meets regularly to plan coordinated activities in schools each year. Fit into the Positive Behavior Interventions and Supports (PBIS) model the schools use. This year are focusing specifically on bullying programming.</p>
<p>Year 2: Increase awareness and participation of available programs.</p> <p>Collect data on Red Flags and other programs being utilized.</p> <p>Implement at least 1 of the programs in 1 new location or school and/or in additional grade levels.</p>		July 1, 2018	
<p>Year 3: Continue efforts to implement the program(s) in at least one grade level in each school district</p>		July 1, 2019	

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Mental Health Services

Action Step	Responsible Person/Agency	Timeline	Progress
Provide mental health first aid trainings			
<p>Year 1: Obtain baseline data on the number of trainings that have taken place.</p> <p>Market the training to Portage County area churches, schools, Rotary Clubs, Law Enforcement, Chamber of Commerce, City Councils, Kent State University students majoring in social work/mental health, Coleman services, non-clinician departments and organizations, etc.</p> <p>Provide at least 2 trainings</p>	<p>Karyn Hall, Mental Health & Recovery Board of Portage County</p>	<p>July 1, 2017</p>	<p>1-11-17: Joel (MHRB) on behalf of Karyn: Ashley Baden (Coleman) is a certified MHFA trainer, who completed 7 trainings with over 50 individuals in 2015 and 2016, including KSU students and faculty, Coleman, Townhall II, Children's Advantage, and the VA. MHRB paid for her training. Pam (Coleman) indicated that the KSU training also involved a "train the trainer" component to further the reach. Becky (PCHD) indicated that Ashley also marketed the training to PCHD, but logistics must be worked out as it would be desirable for all staff.</p> <p>Between July and December 2016, one training was held with 13 attendees from Coleman Professional Services operations department.</p> <p>*See addendum with additional detailed notes</p> <p>4-12-17: Karyn: Mental Health First Aid trainings were provided to 6 individuals on the Coleman staff on 3/22/17 and 3/29/17.</p> <p>Kathy Myers, another Coleman employee, was trained as a trainer for MHFA Youth.</p> <p>Ashley Baden (MHFA trainer at Coleman) and Jeff Futo, police officer with Kent State Police have met regarding upcoming MHFA for Public Safety class.</p> <p>Are looking at opening up the trainings to the public.</p> <p>7-19-17: Karyn: Had met the goal of at least 2 trainings previously. No additional trainings were provided during April – June 2017.</p> <p>10-11-17: Karyn: Will be holding the first mental health first aid class open to the public on November 6th and 7th, from 8am to noon both days, at the Sue Hetrick building in Coleman. Thus far, all trainings have been conducted with agencies and organizations. This training will be basic and not suitable for such mental health professionals. Will be ideal for front-line staff or other individuals who engage directly with the public. Is not limited to Portage County residents. Ashley Baden will be providing the class. Cost is \$25 per person. Participants will receive a certificate if complete the full 8 hours.</p>
<p>Year 2: Provide 2 additional trainings and continue marketing efforts.</p>		<p>July 1, 2018</p>	
<p>Year 3: Continue efforts from year 2.</p>		<p>July 1, 2019</p>	

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Mental Health Services

Action Step	Responsible Person/Agency	Timeline	Progress
Increase awareness of trauma informed care			
<p>Year 1: Continue community trainings on trauma informed care and adverse childhood experiences (ACEs).</p> <p>Continue to train clinicians on evidence-based trauma programs.</p>	Mental Health & Recovery Board of Portage County	July 1, 2017	<p>1-11-17: Joel (MHRB): Trauma is indicated as a majority cause and contributor to mental health and substance use disorders during all MHRB community presentations. All 4 contract agencies funded by MHRB conduct trauma trainings for clinical staff. Children's Advantage has a specialized trauma clinic. Nicole Bartlett of Children's Advantage conducted trauma trainings for police officers (focused also on their own trauma) in October 2016. She also has scheduled a training in March for Streetsboro Schools bus and classroom aides/support staff.</p> <p>*See addendum with additional detailed notes</p> <p>4-12-17: Joel: Nicole Bartlett of Children's Advantage conducted trauma informed care trainings with Juvenile Detention Center staff, probation officers, and correction officers.</p> <p>The March training was conducted with Streetsboro Schools bus and classroom aides/support staff.</p> <p>Will also link with April 25 de-escalation trainings.</p> <p>7-19-17: Karyn (MHRB): Nicole Bartlett conducted two trauma informed care trainings at the Juvenile Detention Center; one for probation officers and one for the detention staff. She also gave three trauma presentations at the Portage County Jail for correction officers.</p> <p>The Children's Advocacy Center of Portage County provided a Human Trafficking and Complex Trauma workshop at UH Portage on 6/16/17.</p> <p>10-11-17: Joel: Annual conference on opiate addiction will be held on October 31st at NEOMED. One of the featured speakers is Dr. Jamie Marich who will discuss the relationship between trauma and addiction, and trauma treatments.</p> <p>Will also be working with Dr. Marich to provide 4 agency clinicians 2-day training in the spring on Eye Movement Desensitization and Reprogramming psychotherapy treatment. Will be funded with grant dollars.</p>
Year 2: Continue efforts of year 1.		July 1, 2018	
Year 3: Continue efforts of years 1 and 2.		July 1, 2019	

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Mental Health Services

Action Step	Responsible Person/Agency	Timeline	Progress
Establish a youth-focused community center at the former Mantua Center School			
Year 1: Explore options, community partnerships, and funding sources for renovation and development of the former Mantua Center School into a "Center Café" community center offering teens and young adults a healthy community space to build positive peer and mentor relationships and explore new opportunities, hobbies, and career paths	Jeff Jackson, Hilltop Christian Church – Mantua and Chad Delaney, Mantua Center Christian Church	July 1, 2017	<p>1-11-17: No updates at this time.</p> <p>4-12-17: Chad: Hope to create afterschool program for Crestwood School students. Former Mantua Center School was bought by Twp Trustees. In April, a proposal was accepted to populate this space, and are forming a Board to coordinate and plan this. In the meantime, have discussed using Hiram College possible space, but insurance issues need to be worked out. 145 kids have expressed interest via survey. Superintendent Toth stated that he would provide bussing to the community center. Hope to incorporate Drug Free Clubs of America as well, in the fall.</p> <p>7-19-17: No updates at this time.</p> <p>10-11-17: Chad: Church currently provides meals on the weekends. Four meals per weekend serving approximately 70 children at this time. Also started a free clothing center, serving approximately 100 people every other month. Started a "voices of care" to build awareness among the congregation regarding available care.</p> <p>Have a retired counselor who wants to begin a support group for families dealing with addiction.</p> <p>Chad is also involved with Start Talking Portage, the local opioid awareness group, who are looking to begin a Narcotics Anonymous service in the area.</p> <p>The center now has a name: "The Community Center at Mantua Center", and is about to open pending finalizing contracts to lease. Not all renovations are complete, due to decision to wait to renovate to meet the needs of the renters of the space. One large space to act as a conference center/meeting hall is nearing completion. The elevator should be done in the next few weeks. Aiming to make full use of the building. Goal is to bring services to Mantua. Working with United Way to start a program to support teachers with a supply store.</p> <p>Looking at an after-school program as well, hoping to pilot in January. Surveyed students to see if there is interest and received an overwhelming positive response. Target age would be middle school students. Crestwood superintendent stated willingness to bus kids to the after-school program last year. Will consult to determine if this remains a viable option for this year. Hiram College has expressed interest in housing the program, but Mantua Christian Church's insurance coverage is insufficient to meet requirements. To house the program within the Community Center, Chad stated they would need a sponsoring agency for liability and funding concerns.</p>

			Sue Meyer (Faithful Servants): suggested exploring partnering with the Hiram College School of Education. Such a collaborative might provide a mutual benefit in that the program may be able to be covered under the college's insurance alleviating those and other funding issues for the church, and it would offer a great onsite hands-on learning opportunity for the college students.
<p>Year 2: Complete renovation and open the community center.</p> <p>Work with community partners to establish and expand programs including:</p> <ul style="list-style-type: none"> • Local artist co-op including artist mentoring/teaching • Life skills and employment networking • Homework assistance • Education and social service programs including mental health and substance abuse, etc 		July 1, 2018	
<p>Year 3: Expand programming</p> <p>Establish a community meeting room and offer additional community-wide programming including all CHIP priorities</p> <p>Incorporate a Social Enterprise Incubator</p>		July 1, 2019	

Portage County CHIP Mental Health Progress Report

Additional Meeting Notes:

1-11-17: Joe (Coleman) stated that the state hospital is overrun with referrals with mental health needs, impacting outpatient services and creating service issues “across the board.” He indicated there are currently approximately 26 individuals on the waiting list needing (as Joel indicated) emergency crisis care. Joel further offered that state hospitals capacities has been dramatically reduced over the past several years, and that 70% of the clients are court ordered forensic individuals.

7-19-17: Joe (PCHD) indicated that he had invited Joel Mowrey of the MHRB to attend a recent meeting regarding the coming free medical clinic in Windham at the Windham Renaissance Family Center. The main hub of the clinic will be the medical component, but plan for "offshoots" of additional services to include dental and mental health services, hoping to consolidate and establish provision of mental health services and counseling within this clinic. The clinic is set to open October/November of 2017.

Karyn (MHRB) offered that a past issue in Windham has been residents not wanting to be seen going into a counselor due to the stigma within such a small community. This would be alleviated by being incorporated as part of a broader health clinic and within the Renaissance Center.

Mary (Children's Advantage) shared that walk-in assessments are taking place at the Open Diagnostic Clinic at Children's Advantage. Are available Mondays, Tuesdays, and Thursdays from 9-3, and Wednesdays 9-2. Are conducting suicide training for Aurora Schools staff and doing Cultural Competency training for Crestwood Schools.

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Portage County
Community Health Improvement Plan
Progress Report

Decrease Substance Abuse

Action Step	Responsible Person/Agency	Timeline	Progress
Develop & implement a community based comprehensive plan to reduce alcohol & drug abuse			
<p>Year 1: Hold an annual conference to educate the public and organizations.</p> <p>Plan community awareness campaign.</p> <p>Establish working committees for the Substance Abuse Coalition (the Oversight Committee).</p>	<p>Joel Mowrey, Mental Health & Recovery Board of Portage County</p>	<p>July 1, 2017</p>	<p>1-11-17: Joel: MHRB/PCHD/Ohio Attorney General's office held Opioid Epidemic awareness conference at NEOMED on October 13, 2016.</p> <p>Portage Substance Abuse Community Coalition (Prevention Committee) discussing potential campaigns. Have contact local radio WNIR to schedule meeting for possibilities. Record Courier articles planned. Plan to meet with Summit ADM Board in 2017 to discuss mutual awareness campaigns that may include WKSU.</p> <p>Portage Substance Abuse Community Coalition has established 3 working committees: Prevention, Advocacy, and Treatment. Each have met twice.</p> <p>*See addendum with additional detailed notes</p> <p>4-12-17: Karyn (MHRB): Began discussing at the last Portage Substance Abuse Community Coalition meeting the annual conference, which will be in October. Discussed topics, audience, and speakers. May possibly hold 2 conferences or 1 conference with 2 tracks of education (one focused on "clinical"/agency audience, and one focused on "consumer"/community member audience.) This will be the third consecutive annual conference as a joint venture between MHRB and PCHD.</p> <p>Karyn shared that a Project DAWN community event was held on 2/11/17 at NEOMED, with over 100 people in attendance.</p> <p>Joel indicated that there is a special section entitled "Family Matters – Addiction: Discovery to Recovery" published in papers by Record Publishing distributed throughout Portage and Summit Counties. MHRB has submitted several articles inside and an ad on the back page.</p> <p>The Portage Substance Abuse Community Coalition and its 3 sub committees continue to meet monthly.</p> <p>7-19-17: Karyn: Annual conference being planned. Will be held October 31 at NEOMED from 1-5pm. Decided not to split into 2 conferences or tracks.</p> <p>Provided multiple presentations and community awareness events, and attended the Ohio's Opiate Conference in Columbus.</p> <p>The Portage Substance Abuse Community Coalition and its 3 sub committees continue to meet monthly.</p> <p>*See addendum with additional detailed notes</p> <p>10-11-17: Karyn (MHRB): Annual conference is planned for October 31st at NEOMED from 1-5pm. Can hold up to 300 people, and have 150 people already registered.</p>

			<p>Community awareness events continue, with inclusion of Project DAWN education and Naloxone distribution. Held events this past quarter in Kent and Edinburg.</p> <p>Provided a presentation on mental health and addiction to the Streetsboro Chamber of Commerce.</p> <p>The Portage Substance Abuse Community Coalition and its 3 sub committees continue to meet (monthly for prevention and treatment, with advocacy now moving to an "as needed" basis.)</p>
Year 2: Hold annual conference; continue efforts from year 1.		July 1, 2018	
Year 3: Hold annual conference; continue efforts from years 1 and 2.		July 1, 2019	
Increase treatment options for those with substance use disorder			
<p>Year 1: Support Quest/Townhall II with the startup of their MAT clinic & ambulatory detox.</p> <p>Work with Coleman to expand their MAT program.</p> <p>Continue to explore MAT program with AxessPointe.</p> <p>Explore other treatment options for detox, recovery housing, etc.</p>	Joel Mowrey, Mental Health & Recovery Board of Portage County	July 1, 2017	<p>1-11-17: Joel: In partnership with ComQuest, Townhall II has completed renovations to building and will soon open MAT clinic.</p> <p>Coleman has a small Suboxone program for clients with both mental health and addiction issues, and has increased Vivitrol prescriptions with emphasis on individuals re-entering the community from jail.</p> <p>AxessPointe still planning a MAT program, but awaiting move to shared facility on Gougler Ave. with Family & Community Services.</p> <p>UH Portage Medical Center began Medical Support Program in November 2016 to provide individualized treatment to those in active withdrawal. Summit Psychological Associates now has a Vivitrol program in their Ravenna offices. MHRB exploring further treatment options relevant to utilized services of Oriana House and the CIRC center.</p> <p>*See addendum with additional detailed notes</p> <p>4-12-17: Joel: Townhall II and ComQuest continuing to move towards starting up their MAT clinic.</p> <p>UH Portage Medical Support Program is running. Criteria for participation is that the person must be in withdrawal for at least 24 hours, and have the means to pay for the program.</p> <p>MHRB currently pays for PC residents to attend programs available in Summit and Stark counties.</p> <p>Coleman continues their small program, and are prescribing Vivitrol to clients more than Suboxone, since it is demonstrating greater success as well as people staying in the program longer.</p> <p>AxessPointe still planning to start a MAT program, but is still delayed due to construction of new location.</p> <p>7-19-17: Karyn (MHRB): Applying for a grant with the state to expand MAT with Coleman and Townhall II and add recovery coaches to work with the agencies and UH Portage.</p>

			<p>Coleman is currently planning to expand their program,</p> <p>AxessPointe remains on hold due to construction of new facility. New building should be open in August. Uncertain when thereafter the MAT program will begin.</p> <p>Townhall II/Comquest should be starting up their MAT clinic soon.</p> <p>10-11-17: Joel: Townhall II is getting closer to opening their MAT clinic with Comquest. Need final approvals from State Pharmacy Board and the DEA. Hoping to open this fall.</p> <p>MHRB was awarded a 3-year grant through SAMSHA for \$176,000 per year, focused on increasing MAT efforts in the community. Plan to use to assist Townhall II and Coleman with their programs. There is also a large focus to support the use of peer support specialists, working to link individuals with agency programs and services. Medical Withdrawal Management is also a focus to be developed and grown in collaboration with Coleman and UH Portage, also utilizing the assistance of peer support specialists. Currently have few suboxone treatment doctors in Portage County.</p> <p>A community justice grant is funding Coleman and Townhall II to work with jails helping get people into treatment and back into the workforce.</p> <p>Renee (UH Portage) provided email update, 10-3-17: UH has hired an addictionologist to oversee primary care physicians who are treating patients for addiction. UH Addiction Services is expanding capacity for substance abuse disorder treatment in Portage County. Will continue to expand integrated treatment services.</p> <p>Joel: there is additional state funding available for regional detox. \$1 million per region is available, to open or expand detox facilities. Is working with Renee to write a grant to help individuals without insurance be able to receive treatment at the UH Portage Medical Support Program.</p> <p>Wendy (KSU College of Nursing): Has been awarded a 4-year grant from the Health Resources and Services Administration. Primary focus is to get psychiatric care nursing students experience in integrated care settings. Kim Williams is the lead, and will be partnering with the Kent School system (high school and middle school), taking students to screen for mental health, addiction, anxiety and depression. Will also implement brief motivational intervention and refer to treatment as needed. Grant is not just for Portage County. Is in planning stages, but plan to place students in additional sites in Portage County and offer opportunities to help develop integrated care settings. Joel stressed the importance of working together with MHRB and their agencies, to ensure coordination and not duplication of efforts and services.</p> <p>Karyn (MHRB): discussed the Red Flags (mental health) program training available for school counselors.</p>
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<p>Year 2: Research Community Trials Intervention to Reduce High-Risk Drinking.</p> <p>Collect data and monitor success rate of MAT programs</p>		July 1, 2018	<p>*4-12-17: Joel: looking ahead to this year 2 Action Step, proposes to remove the "Research Community Trials Intervention to Reduce High-Risk Drinking" due to unfamiliarity with decision to include. Group discussion involved alcohol still an important component related to this priority, and merit in retaining this objective and researching this further with possible designation of a specific responsible person to carry forward with this next year.</p>
<p>Year 3: Continue efforts of years 1 and 2</p>		July 1, 2019	
Implement and increase prevention programs			
<p>Year 1: Continue to introduce "Too Good For Drugs" to school administrators.</p> <p>Research parent program already in place with Townhall II.</p> <p>Identify groups (youth, faith community, sports, etc) and how to reach them.</p> <p>Secure funding for program.</p>	<p>Karyn Hall, Mental Health & Recovery Board of Portage County</p>	July 1, 2017	<p>1-11-17: Joel (MHRB) on behalf of Karyn: Too Good For Drugs and Project Alert is being expanded into more schools and grade levels this year. (Discussed revising Action Step language to include Project Alert)</p> <p>Townhall II continues to expand family programs. (Discussed revising Action Step language to "Continue and expand family programs at Townhall II"): Families First - 12 families attended in Aurora in fall 2016; Family Addiction Series – have established a webinar format for participation by families for which transportation is a barrier.</p> <p>Hidden in Plain Sight to be held January 18 at Crestwood. Community Drug Awareness event with Project Dawn distribution to be held February 11 at NEOMED</p> <p>Exploration of additional funding sources is in progress.</p> <p>*See addendum with additional detailed notes</p> <p>4:12:17: Karyn: Added kindergarten to receive Too Good for Drugs in Streetsboro. Presented info to Aurora City Schools and Windham middle and high schools (hoping that next school year they will schedule).</p> <p>Sarah McCully (Townhall II) presented the need for more funding to add prevention personnel to the Sales & Use Tax Advisory committee. UH Portage also presented a proposal for a school drug education program (Brain Power and the Brain.)</p> <p>Joel and Karyn attended the Drug Free Clubs Workshop (for high school students).</p> <p>Townhall II will work with Kent Parks and Recreation to hold a Youth Empowerment Summer Camp (TYES) in June/July for children ages 10 to 14 that will include drug prevention and life skills programming.</p> <p>*See addenda with additional detailed notes</p> <p>7-19-17: Sarah (Townhall II): Among the Too Good for Drugs, Project Alert, and Lifeskills programs; served 3,143 students in Portage County schools during the 2016/2017 school year. This is a substantial increase from the 1,559 students served during the 2015/2016 school year.</p>

			<p>The increase was in large part due to Ravenna City Schools participating in the programs across eight grade levels.</p> <p>Sarah discussed the successes they've been experiencing with Townhall II's Youth Empowerment Summer (TYES) Camp. Is a six week summer camp partnering with Kent Parks and Rec for 5th – 8th grade students. 23 kids were enrolled this year, from throughout the county. Kids received Project Alert lessons and received life skills and other programming, and went on multiple field trips. This provides a great opportunity for these kids ages 11-14 to have something fun and beneficial to do over the summer to help them avoid getting into trouble. Used Townhall II's youth prevention money to help fund the camp, and total cost for each student is just \$50. Karen (PCHD) offered that this should be largely publicized, and the group agreed that enrollment would likely be greater next year.</p> <p>*See addendum with additional detailed notes</p> <p>10-11-17: Sarah (Townhall II): Too Good for Drugs and Project Alert is now in every Portage County school district (with at least one, and with both in most.) Southeast Schools was last to participate. Are currently in 3rd grade, and will expand into additional grade levels in future. Windham Schools now hosts the programs in kindergarten through 5th grade, and are looking at adding middle school.</p> <p>Families First program continues. Has been in place for 20 years. Is a 6-week program for the whole family. Is held in the evening, provides dinner, and involves an activity that relates to the session topic. Parents receive specialized education and kids receive the Too Good for Drugs curriculum. Currently 16 families enrolled in Aurora at Craddock Elementary. In 3rd week and has sustained enrollment. Planning to hold the program in the summer at Hiram Christian Church, with invitations to be sent to the surrounding schools.</p> <p>Townhall II works with the King Kennedy Center and Skeels Community Center in the summer months to hold both programs, which are well attended.</p> <p>Joel (MHRB) indicated there is a request for funding through the sales tax committee. MHRB will continue funding.</p>
<p>Year 2: Expand "Too Good for Drugs" to preschools, aftercare programs, community groups.</p> <p>Outreach to PTA and other parent organizations.</p>		July 1, 2018	
<p>Year 3: Increase the number of schools and grade levels offering "Too Good For Drugs" by 25%.</p>		July 1, 2019	

Portage County
Community Health Improvement Plan
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Decrease Substance Abuse

Action Step	Responsible Person/Agency	Timeline	Progress
Implement and increase harm reduction initiatives			
<p>Year 1: Increase Naloxone kit distribution.</p> <p>Research needle exchange.</p> <p>Promote the drug drop off locations</p>	<p>Becky Lehman, Portage County Combined General Health District and Karyn Hall, Mental Health & Recovery Board of Portage County</p>	<p>July 1, 2017</p>	<p>1-11-17: Becky: Have completed 100% of PC law enforcement agencies carrying Naloxone (including Sherriff and Highway Patrol.) Set goal of one 2-hour community event/conference per month. With the revision of the CPR curriculum to include Naloxone, PCHD is partnering with PC Safety Officer to include Naloxone promotion and provision, and in process of ensuring all staff in county buildings are trained and provided Naloxone kits.</p> <p>No progress at this time on researching needle exchange program. Plan to explore lessons learned from Summit and Cuyahoga counties programs.</p> <p>Drop off box locations lists and information cards in process of being distributed to pharmacies, fire departments, libraries, etc... should be completed by end of January 2017.</p> <p>*See addendum with additional detailed notes</p> <p>4-11-17: Becky: Continuing to schedule a Project DAWN community event each month: Rootstown NEOMED on 2/11/17, Streetsboro City Hall on 4/1/17, Aurora Inn on 4/22/17, Ravenna King Kennedy Center on 5/6/17.</p> <p>PCHD continues partnering with Portage CPR Training to conduct Project DAWN classes in conjunction with CPR classes. Project DAWN kits are in all AED kits in the county buildings.</p> <p>Provided Project DAWN training to Nelson Ledges "security staff" on 4/8/17.</p> <p>Currently targeting law enforcement agencies to offer re-trainings to staff as needed based on the one year anniversary of their initial training.</p> <p>No progress on researching needle exchange program.</p> <p>Karyn: The Prevention Committee of the Portage Substance Abuse Community Coalition distributed rack cards listing the medication drop off boxes locations to all pharmacies and some funeral homes in the county. These cards and Detera (drug deactivation and disposal) pouches were also highlighted at the Community Awareness event held at NEOMED on 2/11/17 with an audience of over 100 people. Detera pouches are also available at Acme stores.</p> <p>Drug take back day will be 4/29/17, with 2 collection locations: Water Resources Lab on Infirmary Road and UH Portage Medical Center parking lot. Two of these events are held each year.</p> <p>7-19-17: Becky: Continuing to schedule and hold community events. St. Joe's in Randolph on 5/27/17.</p>

		<p>PCHD continues partnering with Portage CPR Training to conduct Project DAWN classes in conjunction with CPR classes.</p> <p>PCHD provided in-depth substance abuse in Portage County training, which included Project DAWN, to Portage County Safety Council on 6/16/17.</p> <p>PCHD (under the direction of Ohio Mental Health & Addiction Services) is working with law enforcement to update their policies on how they distribute Project DAWN kits, for the purpose of reducing the amount of expired doses being replaced.</p> <p>PCHD offered re-training to all law enforcement agencies. Aurora City PD was re-trained on 4/26 and 4/28. Brady Lake PD is no longer in service and were thus removed from the Project DAWN list.</p> <p>Becky and Kat (PCHD) have reached out to Summit County Health District to set up a meeting to discuss their needle exchange program. PCHD will also be contacting Stark County to discuss their needle exchange program.</p> <p>Joe (PCHD) reported that PCHD is moving to the Needle Shark sharps container for 2018. This needs to be considered as needle exchange and disposal plans are explored.</p> <p>Justin (Kent City Health Department) discussed issues with training staff regarding needle sticks, bloodborne pathogens, and sharps handling. Noted awareness of issues with sheriffs getting stuck with needles in drug drop boxes, despite signage not to dispose of them there.</p> <p>Looking forward to year 2, Karyn (MHRB) indicated she would like to add working toward incorporating Quick Response Teams in Portage County. She discussed the structure, operation, and successes of such teams in other areas. Would like to explore using a peer support person instead of a counselor, potentially through grant funding. Would need to present to City mayors and chiefs, and likely pilot a team in one city.</p> <p>10-11-17: Becky: Continue to hold and schedule community events, with attempts to hold one per month. Edinburg United Church on 8/10/17 and Kent United Church on 9/23/17.</p> <p>PCHD provided in-depth Project DAWN training and education on substance use to staff of Help Me Grow/Early Intervention and Portage County Board of DD.</p> <p>Ohio Department of Mental Health and Addiction Services has been providing funding for first responders and the Ohio Department of Health has been providing limited funding for the community.</p> <p>PCHD continues partnering with Portage CPR Training to conduct Project DAWN classes in conjunction with CPR classes.</p> <p>Karyn (MHRB) shared that the coroner's office believes that Project DAWN is saving lives and the use of Naloxone is helping to reduce overdose deaths, particularly due to police and first responders using the kits.</p>
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Year 2: Collect data on effectiveness of Narcan (ex: lives saved, drug overdose deaths.)		July 1, 2018	
Year 3: Continue efforts of years 1 and 2.		July 1, 2019	
Increase the number of health care providers screening for drugs and alcohol			
<p>Year 1: Collect baseline data on the number of emergency departments, primary care and specialty care providers that currently screen for drug and alcohol abuse.</p> <p>Research a screening tool.</p>	<p>Joel Mowrey, Mental Health & Recovery Board of Portage County (to coordinate with the other CHIP committees working with primary care providers)</p>	July 1, 2017	<p>1-11-17: Joel: To date, no baseline data on ED, PCP, or other providers screenings for drug and alcohol abuse has been collected. Discussed collaboration with other CHIP priorities involving PCP listings, screenings, etc.</p> <p>Ohio providing SBIRT screening training focused on substance use disorder. At least 1 PC provider to receive training.</p> <p>Rich (Veterans Services) recommended consulting the Ravenna Veterans clinic on any VA or other tools they may be using.</p> <p>Joel offered that no "one" tool is likely or practical (even SBIRT contains several)... what is most important is that providers are screening and in a way that works.</p> <p>*See addendum with additional detailed notes</p> <p>4-12-17: Joel: This activity overlaps with Mental Health and other CHIP priorities, and needs to be reviewed by the Steering Committee to combine resources and coordinate a collaborative effort. Intent is to work together on compiling list of primary care physicians and reach out to them collectively as opposed to several times separately in addressing the different priorities' objectives. Joel further suggested the possibility of establishing a subcommittee group among various CHIP priority participants to collaborate on addressing this intent.</p> <p>Coleman changed their protocol to add a substance abuse component into their client screening.</p> <p>Joel will be further researching the SBIRT training and screening protocol, and consulting with AxessPointe to determine what they have in place for screening.</p> <p>Rich (Veteran's Services) suggested we look further at other healthcare providers such as the VA and Home Instead to see what types of screening they may conduct.</p> <p>7-19-17: Karyn (MHRB): No baseline data has been collected. Local staff (FCS) received SBIRT training.</p>

			<p>Steering Committee needs to discuss and plan this action step in coordination with the other CHIP priorities and with UH Portage, AxessPointe, and the VA.</p> <p>Joe (PCHD) offered the thought of working with NEOMED (Dr. Lee and Dr. Boltri) to coordinate this as an MPH student project. The group agreed this may be a great approach. The Steering Committee meets next week and will include this in the discussion.</p> <p>10-11-17: Joel: UH Portage and affiliated physicians are asking screening questions regarding depression as well as tobacco, alcohol, and other substance use. They are utilizing the Patient Health Questionnaire (PHQ) tool within the framework of the Electronic Medical Record system, PHQ2 (4). They sent Joel the list of questions. If a person answers affirmatively, then another screen opens to ask further questions. Unity Health Network, a group of providers in Portage and Summit counties also does the PHQ2. They don't ask the suicidal questions (part of the PHQ4), but focus on tobacco, street drugs and alcohol; and use the AUDIT-C scale. Referrals are built into the system for those with identified needs.</p> <p>Because existing screening tools are in use, a new screening tool will not be created as indicated within this Action Step. Will need to be revised accordingly.</p> <p>Joe (PCHD) offered that perhaps the revised focus should be to continue research on identifying PCPs practicing in the county who are not affiliated with UH, and determining what EMRs they use and if they conduct these or similar types of screenings. Might be a possible MPH student project.</p> <p>Joel met with Amy Lee at NEOMED to discuss such a possible student project. Were uncertain how to best proceed. Should be brought back to the Steering Committee for further guidance.</p> <p>Wendy (KSU College of Nursing): Spoke regarding the HRSA KSU Nursing grant, and indicated they will not be using a scripted screening tool. The program will have mental health professionals working collaboratively with the nursing students to help refer individuals to resources based on identified needs.</p>
<p>Year 2: Introduce a screening, brief intervention, and referral to treatment model to physicians' offices and UH Portage ED & Urgent cares.</p> <p>Pilot the model with one primary care office and ED.</p>		July 1, 2018	
<p>Year 3: Increase the number of primary care physicians using the model by 25% from baseline.</p>		July 1, 2019	

Portage County
Community Health Improvement Plan
Progress Report

Decrease Substance Abuse

Action Step	Responsible Person/Agency	Timeline	Progress
Advocate for substance abuse and criminal justice issues			
<p>Year 1: Organize methods for sharing information and call in/email campaigns to legislators.</p> <p>Support and promote the effectiveness of the Portage County Mental Health & Drug Courts.</p> <p>Advocate for Medicaid for people in jail</p>	<p>Joel Mowrey, Mental Health & Recovery Board of Portage County</p>	<p>July 1, 2017</p>	<p>1-11-17: Joel: Plan to organize call in/email campaigns to legislators through Advocacy Committee of the Portage Substance Abuse Community Coalition. Joel and Karyn (MHRB) will attend "Legislator's Day" in Columbus on 1/31/17 to discuss issues with local state reps and senator.</p> <p>PC has a certified Mental Health Court, and will have certified Drug Court very soon. Coleman is actively involved in both courts to provide treatment and help avoid re-incarceration.</p> <p>Is a state proposal to only "suspend" as opposed to terminate Medicaid coverage upon incarceration. MHRB supports, but hopes ultimately to achieve Medicaid payment for treatment services in jail.</p> <p>*See addendum with additional detailed notes</p> <p>4-12-17: Joel: The Advocacy Committee of the Portage Substance Abuse Community Coalition sent a letter to the Director of the Ohio Dept of Mental Health and Addiction Services to address Portage County's disparities in and lack of receiving federal funding for the MHRB (We are tier 0 which equals no funding, based on statistics which do not account for impacts of PC residents that are accounted for in surrounding counties.)</p> <p>MHRB also wrote a letter/article on behalf of the Portage Substance Abuse Community Coalition supporting the use of Narcan and providing other important information regarding addiction and treatment, in response to an unfavorable letter regarding Narcan posted in the paper from a judge from Cuyahoga County.</p> <p>MHRB also passed a resolution stating that we have an epidemic and adding some updated local statistics to the given state statistics for review by legislators and other interested stakeholders.</p> <p>Karyn and Joel met with Senator Ecklund in Columbus, who then came to our 2/11/17 NEOMED Project DAWN event.</p> <p>State Representative Sarah LaTourette visited Garrettsville Schools with Karyn to see the Too Good for Drugs program being done, and later contacted Tracy Plouck, Director of the Ohio Dept of Mental Health and Addiction Services regarding the letter sent to her by the Advocacy Committee.</p> <p>We now have a certified Drug Court with Judge Becky Doherty.</p> <p>No known updates on the state proposal to suspend as opposed to terminate Medicaid for people in jail.</p>

			<p>7-19-17: Karyn (MHRB): The Advocacy Committee of the Portage County Substance Abuse Community Coalition has been advocating for Medicaid funding at the state and national levels through email and phone campaigns. Have had frequent contact with representatives with which they have established familiarity. Continually remind of the needs.</p> <p>10-11-17: Joel: Held a meeting with representatives from Governor Kasich's office on August 16th at the Kent Free Library, structured like a townhall forum/community discussion, with participation by several community agencies and officials. Lack of funding and mandating continuum of care were primary messages conveyed. Portage County receives a disparately low level of funding compared to surrounding counties. Are still awaiting the follow-up report from the governor's office.</p> <p>Townhall II is hiring peer support specialists to work within the criminal justice system and with the jail.</p> <p>MHRB has been asking its constituents to advocate for Medicaid expansion and against proposed federal legislation, particularly at the state level.</p> <p>Discussion included the efforts at the federal level to repeal the Affordable Care Act. MHRB is advocating to federal level politicians against this.</p> <p>UH is experiencing difficulties with some managed care insurances' resistance to pay for addiction treatment services.</p>
Year 2: Continue efforts of year 1.		July 1, 2018	
Year 3: Continue efforts of years 1 and 2.		July 1, 2019	
Implement a Tobacco and Smoke Free Policy on Kent State University campuses			
Year 1: Kent State University will implement a Tobacco and Smoke Free Campus Policy as a component of the Healthy Campus Initiative.*	Shay Davis Little, Kent State University	July 1, 2017	<p>1-11-17: Becky (PCHD): Policy is completed, and will be fully implemented as of 7/1/2017.</p> <p>No further updates at this time.</p> <p>Shay provided email update, 4-12-17: Are interviewing Kent State of Wellness Director candidates this week and this individual will be their representative to the CHIP meetings and efforts. The new policy will be implemented July 1, 2017 and they are continuing their engagement efforts and communications about this change. The complete policy can be found via this link: http://www.kent.edu/policyreg/university-policy-regarding-smoking-and-tobacco-use-kent-state-university</p>

			<p>4-12-17: Becky (PCHD) indicated that signs have been posted around campus.</p> <p>7-19-17: Karyn (MHRB) indicated that she and Joel met yesterday with the new Kent State of Wellness Director, Melissa Celko. She will work under Shay's direction, and will become the KSU Health Campus Initiative representative with regard to future CHIP activities.</p> <p>The group discussed challenges with lack of enforcement capability with respect to the campus policy.</p> <p>10-11-17: No updates at this time, per email from Melissa Celko.</p>
Year 2: Continue efforts of year 1.		July 1, 2018	
Year 3: Continue efforts of years 1 and 2.		July 1, 2019	

* Please note that Kent State University has identified seven health priorities for the Healthy Campus Initiative: Smoking and Tobacco Use, Mental Health, Physical Activity, Nutrition, Alcohol and Drug Use, Preventive Care, and Safety. Specific strategies and actions steps in alignment with the priorities of this Community Health Improvement Plan will be further developed and incorporated into this plan and its ongoing progress measurement.

Portage County CHIP Substance Abuse Progress Report

Additional Meeting Notes:

1-11-17: Justin (Kent City HD) expressed concern with enforcement logistics of KSU Tobacco and Smoke Free Policy. He further offered that historically (though uncertain if continued) bars near the university advertised tobacco products with free samples... may be worth looking into in an effort to prevent/reduce youth tobacco use.

4-12-17: Karyn (MHRB) shared that the "None 4 Under 21" event will be held on 4/18/2017 at Hiram College. This is a powerful annual program of the Portage County Safe Communities Coalition targeting high school seniors to demonstrate the serious consequences of drunk driving and the impact drunk driving has on the lives of the drivers, the victims, and their families. Every school district in Portage County sends their high school seniors to this event. Speakers will include: a father of a child who died in a drunk driving accident, a young woman currently in jail for killing someone while driving intoxicated, and a man who killed his best friend while drinking and driving. The event also includes a Walk of Remembrance with the students passing by family members with displays of their lost loved ones. There are also mock crash site and funeral scenes for students to experience.

7-19-17: Joe (PCHD) indicated that he has been collaborating with KSU and Ravenna City PD with intent to implement "Spatial Video Geo-narratives" to assist with recognition of the substance use problem. This is an expanded GIS application that includes video and audio recordings from ride-alongs with law enforcement, mapping key locations and areas of drug activity based on key words identified. Plan to begin in Ravenna, and would like to expand to Streetsboro, Kent, perhaps Garrettsville, and the Sheriff's Department.

Sarah (Townhall II) shared information about the 5-week Addiction Series Family Program beginning August 22nd at Townhall II. This is a free program providing education and support for family members of individuals recovering from or living with addiction. It began approximately 2 years ago, and is provided 2 to 4 times per year as a list of interest is compiled. It is typically attended by 5 to 12 people, and has never had to be cancelled due to lack of interest. It can also be attended on-line for those unable to physically attend the sessions.

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Healthcare Access

Action Step	Responsible Person/Agency	Timeline	Progress
Increase community education on health insurance opportunities/utilization and support the implementation of Pathways Model or HUB			
<p>Year 1: Utilize Federal Navigator grantees and other sources to provide an in-person resource for educating and enrolling community members in health insurance plans throughout the county</p> <p>Explore the feasibility of using health kiosks.</p> <p>Explore opportunities for employees to become certified application counselors.</p> <p>Create a list of physicians that accept Medicaid products.</p> <p>Research the Community Pathways Model which addresses social determinants of health and increase access and health outcomes.</p> <p>Contact the Northwest Ohio Pathways HUB to present information on the Pathways Model to community stakeholders.</p>	<p>Jeneane Favaloro, AxessPointe Community Health Center</p>	<p>July 1, 2017</p>	<p>1-10-17: Jeneane: Difficult to know what available funding sources to expect due to changes in ACA and other healthcare changes expected with new president-elect. Will participate in a national call next week for further info regarding expectations.</p> <p>Health kiosk implementation limited due to all agencies on differing systems that cannot communicate with each other. Vision is perhaps a website hub where all could share info and ensure updated. Plans to research, but will be dependent upon potential funding.</p> <p>Has contacted Rebecca Abbot at JFS regarding sharing a CHW; and all 3 universities, believed to all have courses, to utilize interns paired with physicians and nurses to experience in-home situations. Becky is arranging with Greta Lax with U of Akron to present on how a Health Department can use CHWs.</p> <p>Working on compiling list of providers who accept Medicaid. Rose (PCHD) offered to provide info regarding pediatricians and private family practices (compiling for grant), and Renee (UH) offered to provide info regarding doctors accepting Medicaid for Suboxone treatment referrals (from UH Medical Support Program)</p> <p>Has made initial contact with reps from Community Pathways Model and NW Ohio Pathways HUB, but little info due to holidays... will follow up.</p> <p>4-11-17: Jeneane: Feasibility of health kiosks does not seem practical, due to differing reporting systems. Website hub has also proven more difficult than anticipated.</p> <p>CHWs are now in their practicums, and are hoping to get 2 CHWs for Portage County and be able to use them in the upcoming summer months. Will be utilized in access to care and outreach events and possibly in conjunction with churches and farmers markets. Also hope to utilize them in tying in to the prescription for health activity under the Obesity CHIP priority.</p> <p>Pathways HUB model should have good information coming soon from Summit County's implementation of it with regard to infant mortality.</p> <p>7-18-17: Ana Theisen (has replaced Jeneane Favaloro following her departure from AxessPointe): Currently utilizing the Mansfield Pathways Model for maternal and child health and infant mortality. She hopes to gain further information regarding this as she acclimates further to her new position in the Kent office/Portage County.</p> <p>Apart from this, AxessPointe has 2 CHWs currently working; one assigned to the Akron location, and one assigned to the Kent location.</p>

			<p>These CHWs can help to enroll patients in Medicaid. Additionally, they work with patients and healthcare providers to ensure patients keep appointments, etc.</p> <p>AxessPointe also has 2 full time certified application counselors (CACs.) Working on, during upcoming open enrollment, hiring an additional 1 or 2 CACs to ensure there is at least one trained at each site.</p> <p>Lacey (NEOMED): Reported that funding was pulled and there is therefore no longer a CHW program at NEOMED (and by extension, Hiram). Looking to add an additional day at the SOAR free clinic. Have applied for a different grant to fund hiring a staff person as a "CHW liaison" to assist in referring and linking patients with community resources beyond the scope of the clinic. She noted that SOAR does not conduct income or insurance status verifications.</p> <p>10-10-17: Ana (AxessPointe): AxessPointe new building opened on 9/19. This opening caused a delay in updated CHIP activities from Ana.</p> <p>Joe (PCHD): Met with SCPH Health Commissioner regarding HUB model. They have reported success, following nearly a year of implementing their model. SCPH employs CHWs, who are paid by/through JFS. Preliminary discussions regard the possibility of Portage County joining as one of the "spokes" of their HUB. Joe has been in communication with Portage County JFS (Rebecca and Mandy) about this possibility. JFS would promote and pay for CHWs and they would be housed inside of PCHD. Summit County Community Action Council would serve as the administration piece. Next steps are to meet and speak with Summit County JFS, Summit County Community Action Council and SCPH. Portage County JFS has expressed interest in continuing this discussion. This potential avenue is being explored since funding dissolved for the NEOMED CHW program and thus no entity in Portage County is currently known to be supporting CHWs.</p>
<p>Year 2: Research and seek start-up funding and select a pilot site to certify and hire community care workers (CHW)</p> <p>The selected pilot site will complete Pathways training through the Northwest Ohio Pathways HUB and begin enrolling clients into the program.</p> <p>Increase number enrolled in health insurance plans by 5%</p>		July 1, 2018	
<p>Year 3: Continue efforts from years 1 and 2</p> <p>Increase the number of sites and CHWs</p>		July 1, 2019	

Portage County
Community Health Improvement Plan
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Increase Healthcare Access

Action Step	Responsible Person/Agency	Timeline	Progress
Support collaboration between local universities and healthcare agencies through other social service agencies and graduate opportunities			
<p>Year 1: Create a task force with local universities and healthcare providers to discuss workforce needs and gaps in the community.</p> <p>Create a formal arrangement between universities and providers to provide external internships and graduate assistantships.</p> <p>Universities can use these opportunities to recruit more students into their programs.</p>	<p>Asha Goodner, Hiram College and Heather Beard, Kent State University College of Public Health and Amy Lee, Northeast Ohio Medical University and CHIP steering committee</p>	<p>July 1, 2017</p>	<p>Amy and Asha provided email updates, 1-10-17: They have met with Heather, and to begin are compiling a table of all coursework across the 3 universities involving experiential learning, and collecting final estimates of student numbers for each such class. Once complete, will meet to discuss next steps.</p> <p>4-11-17: Amy: Have started an inventory of course work with an experiential project learning component at KSU/Hiram/NEOMED. However, the requirements for accredited schools of public health programs are changing, and so it is currently unclear how the format of such courses may be affected.</p> <p>Are trying to pinpoint who will have the authority and/or be the coordinator of such programs at participating local agencies, and what are the projects that are being put on the back burner due to lack of manpower resources that could be viable possible student projects. Will continue assessing how these efforts can best be coordinated.</p> <p>7-18-17: Amy: Not much is occurring over the summer. NEOMED and KSU are currently working on accreditation revisions, changing and updating curriculums to meet the new sets of competencies. This may lead to additional opportunities for students to participate in community projects. Going forward, intend to meet with the other universities and organize a plan to determine how to prioritize and distribute project needs among the schools/students; ensuring specialty areas are properly utilized. Would like the subgroups from among all of the various CHIP priorities to report to this committee any project needs.</p> <p>Joe (PCHD) reported that he is looking to develop an intern curriculum for PCHD that would streamline information regarding desired potential projects from each division to be uploaded onto the PCHD website intern page. This would enable students and universities to view this information and apply directly for those projects. Amy would like to include such desired projects information for all agencies, not just PCHD, and Joe indicated an openness to potentially hosting all of these potential projects as provided by partner agencies. Amy indicated that some projects may take a semester to plan and then a semester or two to carry out, as well as the need to "triage" the students/projects to ensure all three universities are properly utilized and within available timeframes.</p> <p>10-10-17: Amy: Met with Heather and Asha. There have been lots of changes in the university settings. KSU College of Public Health has reorganized into one unit, so changes are being made for how potential student projects will be vetted going forward. Amy will reach out to Ken Slenkovich, Assistant Dean at KSU College of Public Health, for further information/direction.</p>

			<p>Amy reported that Hiram College has started an undergraduate program in public health. Very few students currently participating. Asha has provided Amy the contact info to reach out to Christopher Mundorf at Hiram College for more information.</p> <p>Looking at areas of expertise that each school has for community programming as well.</p> <p>Amy would like to determine one single point of contact at each institution for agencies to correspond with regarding needs and potential student projects.</p> <p>Joe (PCHD) shared his intention to implement a curriculum for interns/practicum students, and to have a dedicated page on the PCHD website to list potential projects with application materials. Amy recommended that proposed projects take into account the level of students (undergrad, masters, PhD), and offered that web posting may be best suited logistically for projects that do not have necessary defined timelines (in order to best match with student availability.)</p> <p>Kevin (PCHD) led a discussion about coordinating community needs/projects with student availability. Amy stressed that having a single point of contact at the schools will assist this effort, but the schools likewise need the guidance from the agencies on what their needs are for potential projects. Hoping that the CHIP process will help illuminate some such projects.</p> <p>Michael (Kent City Health Department) indicated that they just became an academic health department. Are early in the process of guiding students toward projects that meet KCHD needs, as well as assisting in aligning student areas of interest with other agency needs and activities. Substance abuse is an area often identified thus far, and have connected with MHRB toward this effort. Currently working with 12 students (11 undergraduate and 1 graduate (criminal justice).)</p>
Year 2: Create formal arrangements with at least 3 providers in the county.		July 1, 2018	
Year 3: Continue efforts of years 1 and 2.		July 1, 2019	

Portage County
Community Health Improvement Plan
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Increase Healthcare Access

Action Step	Responsible Person/Agency	Timeline	Progress
Increase transportation through a county Transportation Plan			
<p>Year 1: Establish collaborative effort between public health, transportation, community service, and local health care organizations to assess and address transportation needs.</p> <p>Identify existing public health data relating social determinants of health and transportation. Plan and conduct a Transportation Needs Assessment to gather public input.</p> <p>Analyze survey results, including successes, challenges, and recommendations for future projects.</p> <p>Release data to public.</p>	<p>Becky Lehman, Portage County Combined General Health District and Karen Towne, Portage County Combined General Health District</p>	<p>July 1, 2017</p>	<p>1-10-17: Becky: Transportation Needs Assessment Coalition held 1st meeting 11-15-16 and discussed barriers. Next meeting will be 2-16-17 to discuss current services and review 5 surveys planned to collect input/data from transportation providers, healthcare providers, community agencies, and residents.</p> <p>Rich (Veterans Services) discussed transportation barriers for veterans, and Becky invited him to participate in the Coalition.</p> <p>Jeneane just compiled a Managed Care Organization grid regarding various insurance plans, some offering up to 10 rides for services... will offer info to Coalition.</p> <p>4-11-17: Becky: Second coalition meeting was held on 2/16/17. Seven distinct surveys were created: (Hospitals-Labs/Diagnostic/Outpatient, Hospitals-ED, Healthcare Providers, Transportation Agency level, Transportation Drivers, Community/Social Service Organizations, and Portage County Residents).</p> <p>Began distributing agency surveys on 3/1/17. Received direction from ODH to stop further distribution of any surveys until we receive IRB Exemption.</p> <p>We are still on target per the grant to release the Transportation Needs Assessment report by the end of October.</p> <p>Claudia (PARTA) indicated funding issues are affecting them as well and their ability to assist people in getting to appointments. As a result, will be changing the first call ride share option.</p> <p>7-18-17: Karen: Reiterated seven surveys were designed. Received IRB exemption on 6/21/17. Surveys were re-distributed to Transportation Coalition and partnering agencies. Surveys are available on paper and via SurveyMonkey link. To date, have received back 442 surveys completed, 357 of which were from residents.</p> <p>Next steps include survey data analysis and creation of the Transportation Needs Assessment report. This report will guide the Transportation Coalition for recommendations of an Action Plan for future projects. PCHD proposed \$15,000 in next year's MCH grant cycle to be put toward identified project/s (pending ODH approval.)</p> <p>Would like to collaborate with the Access to Healthcare Coalition to discuss possible avenues to best utilize the money. Preliminary considerations include potentially working with the proposed Windham free clinic and possibly PARTA as well to assist residents in accessing the clinic.</p>

			<p>Lacey (NEOMED): Indicated that NEOMED is not a stop on PARTA's route on Saturdays, which is when the student SOAR clinic is operated. She further discussed measures such as gas cards that she is aware of from past experience that have been utilized when funding is available to assist residents with transportation issues. She would like to be included on the Transportation Coalition to add to the discussion creative ways to address transportation barriers and projects.</p> <p>Rebecca (JFS): Reported that Medicaid-eligible persons have access to transportation passes for healthcare appointments. She reported that this program is not widely used, and that an additional issue that needs discussed is that even with incentives, many times patients simply do not come to their appointments.</p> <p>Amy (NEOMED) questioned whether or not there may be viable ways to incorporate social media to help with these issues as well.</p> <p>10-10-17: Becky: Transportation Needs Assessment report is complete. A press release highlighting findings and community partners went out 10-5-17. The assessment report will be distributed to coalition members and posted on PCHD website. Are asking coalition members and community partners to also post on their websites. Discussion has already begun on potential strategies to address identified gaps of services. PCHD was awarded a small amount of money from the ODH MCH grant to help implement potential strategies.</p> <p>Bricey (NEOMED): The SOAR student-run free clinic did an assessment of their patients and where they come from. Most are from the Rootstown area, and they determined that they are receiving patients who have transportation and not those that don't. This was confirmed during their booth discussions at the county fair, wherein they received feedback that they are not serving the needs of individuals without transportation, as PARTA does not have a route to NEOMED on Saturdays. They are looking at alternative methods (Uber vouchers and RSVP drivers) to assist patients in getting to the clinic.</p>
<p>Year 2: Invite community stakeholders to attend a meeting to discuss transportation issues in Portage County.</p> <p>Create strategies to address gaps and increase efficiency in transportation.</p> <p>Address strategies to increase the use of public transportation and reduce stigma.</p> <p>Begin implementing strategies identified.</p>		July 1, 2018	
<p>Year 3: Increase efforts of years 1 and 2.</p> <p>Facilitate follow-up surveys to gauge the public's response to strategies that have been addressed and collect outcome measures.</p>		July 1, 2019	

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Healthcare Access

Action Step	Responsible Person/Agency	Timeline	Progress
Develop an Access to Care Coalition			
<p>Year 1: Collaborate with community organizations, local health care organizations, churches, schools, and other community groups to create an access to care coalition.</p> <p>Raise awareness of the coalition and recruit volunteers to carry out action steps listed in the Portage County Community Health Improvement Plan.</p> <p>Gather baseline data on access to care gaps in the community. Use this information to create additional action steps as needed.</p>	<p>Jeneane Favaloro, AxessPointe Community Health Center and Joseph Diorio Portage County Combined General Health District</p>	<p>July 1, 2017</p>	<p>1-10-17: Jeneane: Access to Care Coalition held 1st meeting 12-7-16 and discussed who's doing what, how plan to communicate between meetings, where each feels lacking in providing care to their patient populations, and how to improve service in those areas.</p> <p>This Coalition will oversee and help guide all activities under this Priority, and will facilitate development of revised or additional Action Steps as efforts progress.</p> <p>4-11-17: Joe: Coalition met on 3/1/2017... Reviewed baseline data from CHA. Had discussions regarding NEOMED student clinic, and areas and populations throughout the county (Windham) that are underserved.</p> <p>On 3/6/2017, held a meeting at Windham to discuss their underserved healthcare population which was attended by the mayor, school superintendent, and representatives from NEOMED, AxessPointe, PCHD, and the Windham Renaissance Center. Mayor offered space, land, etc. to implement and expand healthcare services into Windham. UH Portage was not represented at this meeting, but hope to gain their participation at the scheduled follow-up meeting on May 9th.</p> <p>On 3/28/2017, PCHD (Joe and Dr. Arredondo) met with UH Portage to discuss access to healthcare, and stress the need for their participation in these efforts. They expressed an interest and willingness to collaborate, and indicated that if unable to provide personnel, may still be able to assist with provision of resources and materials due to their receipt of premium pricing.</p> <p>On 4/12/2017, PCHD (Rose, Joe, Dr. Arredondo) will be going to KSU to speak with Dr. Broom in the Nursing Dept. about the possibility of establishing a clinic using nursing students with oversight by a nurse practitioner. Further intend to update them on the current happenings in PC with regard to access to care.</p> <p>On 4/17/2017, PCHD will be meeting at AxessPointe to be introduced to Dr. Scott and again discuss the happenings surrounding access to healthcare in PC.</p> <p>On 4/20/2017, PCHD will be meeting with Dr. Baltry at NEOMED in regards to the NEOMED student clinic. Again providing updates on the access to healthcare happenings in PC.</p> <p>5/9/2017 will be the next meeting in Windham to further discuss access to healthcare issues there.</p> <p>7-18-17: Joe: Will be sending out surveys to the members of the Access to Healthcare Coalition to request information from their agencies regarding health care access data, barriers, funding, etc.</p>

			<p>The intent is to then combine this data for the county as a whole, to be shared and reviewed by the Coalition. Can then collectively develop strategies to address the issues and barriers, and develop plans to implement those strategies to overcome the identified barriers.</p> <p>Joe provided an update about the free medical clinic coming in Windham. Dr. Sue Meyer from Faithful Servants will be running the clinic. Looking at opening in November. Plan to initially establish it as an "urgent care" clinic. Dr. Meyer is working on securing physicians to volunteer for the clinic. Also collaborating with KSU to get their nurse practitioner students involved with the clinic. UH Portage has agreed to assist with supplies and needed testing beyond the scope of the clinic (at low or no cost). Will be utilizing the Windham Renaissance Family Center (has a space with separate entrance/exit). Hope to expand to offer both dental services and mental health services in the future. Have held discussions with AxessPointe and MHRB regarding these services. Ideally hope to have these services located on site at the Windham clinic. If not possible, hope to work with PARTA to arrange an agreement for transportation of patients to these other services.</p> <p>10-10-17: Joe: The Coalition met last week. They reviewed data from the CHA as well as 7 additional data sets provided by coalition members. Among the information shared was a physician listing, and ER data. Over an 18-month period, identified approximately 56,000 ER visits with chief complaints. Joe is working with the hospital to gain additional data identifying where those patients came from. Also discussed a number of emerging issues with regard to access to healthcare. Moving forward, next steps are to look at underserved and unserved populations in Portage County, and begin to identify gaps and develop strategies to address them.</p>
<p>Year 2: Develop strategies collaboratively to address gaps/barriers.</p> <p>Begin implementing strategies.</p>		July 1, 2018	
<p>Year 3: Continue and expand upon efforts from years 1 and 2.</p>		July 1, 2019	

Portage County CHIP Access to Healthcare Progress Report

Additional Meeting Notes:

1-10-17: Rich (Veterans Services) shared further information regarding VA healthcare qualifications, restrictions, and challenges for veterans, and issues with hospital referrals and getting bills paid.

Jeneane (AxessPointe) shared that PARTA is offering a course she believes this Friday on utilization of their services. She will share any information learned with the group.

Renee (UH) stated that Robinson Memorial Hospital transitioning to UH Portage Medical Center is bringing many additional services to Portage County improving residents' access without having to be directed to Cleveland, etc. They are hiring several doctors to come to Portage, and seeking other approvals for service expansion pursuant to their "continuous performance improvement" mantra. The hospital is "packed" all the time now as a result. A new cancer center has opened, Rainbow Babies has been brought in, a \$3 million renovation to the ED is underway, and the new Medical Support Program for drug detox has launched. (Have had 14 or 15 individuals participate in this program thus far, and all have gone directly into treatment thereafter.) Renee expressed that in addition to transportation issues, a major barrier is very high insurance deductibles (as much as \$4000) limiting individuals ability to seek care. She further offered to compile a comprehensive list of the available UH services in Portage County now, and share with the group.

4-11-17: Mindy (UH Portage) suggested that the American Cancer Society can offer transportation to individuals who need healthcare under a volunteer system, and might be useful to bring into the Transportation access efforts. She further indicated that UH Portage intention is to provide healthcare close to home.

Claudia (PARTA) indicated they are looking at restructuring their demand/response system and criteria to combine rides and services (contractual services) to be more efficient in serving the public, and further align with access to care efforts.

Heather and Alex (Akron Children's Hospital): Becky invited them be represented on the Transportation Coalition. They indicated that transportation is not one of their targets at the hospital, and will need to further discuss. ACH has 6 part time CHWs at the hospital, specifically working with the refugee population. Summit County is following the HUB model, particularly with focus on infant mortality. Grant funding is available to identify people at greatest risk and put them into pathways to meet their needs. CHWs are a large part of this process in assisting with connecting people to the proper programs and services. Heather indicated further that the HUB model has been successful in the Toledo area, addressing more than infant mortality. She said they have also looked at the "Health Leads" model as an alternative, but found it to be very costly and they are thus not actively pursuing this model.

Jeneane (AxessPointe) has a CHW in Summit to address infant mortality through the HUB. However, she feels there is not enough sustainable data at this point to determine success.

7-17-17: Joe (PCHD) opened discussion about population health and barriers in communication amongst public health nurses, EMS, UH Portage, and physicians during communicable disease investigations; and a proposed project to educate/work with all parties regarding the full scope of these efforts and relationships. Amy Lee (NEOMED) proposed that Joe and Dr. Arredondo present this at a physician CME conference. Karen (PCHD) offered her support and the perspective as a public health nurse who worked in communicable disease investigation.

Keith (Sequoia Wellness) attended to see where their efforts might be able to support this priority. He indicated that every member who joins has a behavior assessment, and questioned if the HRA (for their clients) might include questions that would help in gathering data about access to healthcare issues and/or providers. Lacey (NEOMED) will provide marketing materials to Sequoia on when the SOAR clinic is open and its services, so they can advise their members.

Amy (NEOMED) stated that Sequoia may have a role to play in many of the CHIP priorities, including Mental Health due to the social nature of their activities.

Jackie (Sequoia) discussed desire to provide routine health forums at Sequoia to bring in community residents beyond their membership. Lacey expressed excitement at getting students from her Outreach group engaged in these potential projects. Amy also expressed support and interest in involving students from her programs.

Joe (PCHD) reported that he visited the NEOMED SOAR clinic on Saturday, and found the clinic to be well ran and modern. He highlighted the unique aspect of having their pharmacy program also involved, to assist in determining needed prescriptions at lowest possible cost. Lacey indicated that they also offer medication management services to patients. Amy reported that there are MPH students working in the clinic as well. Lacey further indicated the plan to eventually incorporate the SOAR clinic into the curriculum at NEOMED, beyond its current volunteer structure.

10-10-17: Jean (United Way): indicated that United Way has gone to a 3-year funding cycle. They are studying the needs of Portage County. Started with education, then looked at income. They have identified priority areas, key indicators, and measurable outcomes. When continuing on to looking at health, they recognized that the CHIP process has already done this work. Are requesting a compilation of key indicators and measurable outcomes for the activities identified in the CHIP. The majority of community impact funding goes to healthcare initiatives, with two branches: physical and mental. Timeline is to have this completed by April.

Bricey (NEOMED) indicated that the SOAR student-run free clinic will be expanding to operating two days per month, the first and third Saturdays each month, beginning in January 2018.

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Injury Prevention

Action Step	Responsible Person/Agency	Timeline	Progress
Increase the Use of Safe Sleep Practices			
<p>Year 1: Work with local partnering agencies to train staff on Safe Sleep practices.</p> <p>Collaborate with trained organizations to implement infant Safe Sleep policy/system level changes within their organizations.</p> <p>Provide Portage County agencies serving families with children under the age of 1 year with Safe Sleep education materials to be distributed to their clients/customers/patients.</p> <p>Provide pack n' plays to families who are in need of a safe sleep environment for their infant.</p>	<p>Becky Lehman, Portage County Combined General Health District</p>	<p>July 1, 2017</p>	<p>1-10-17: Becky: PCHD is in the process of scheduling agency trainings on Safe Sleep at HMG, Safer Future, Coleman Pregnancy Center, and WIC. Training has been scheduled for Children's Services in January.</p> <p>PCHD will work with trained organizations on updating policies and/or helping them create policies to include Safe Sleep practices.</p> <p>PCHD will continue to provide educational materials on Safe Sleep to be delivered to clients, customers, and patients.</p> <p>PCHD distributed 8 pack n' plays this past quarter. Targeting distribution of 20 per month, for a total of 150 pack n' plays provided to families in need by September 30, 2017.</p> <p>4-11-17: Becky: Children's Services staff was trained on safe sleep on 1/25/17. HMG will be trained on 4/13, Coleman Pregnancy will be trained on 4/26, and WIC will be trained on 5/30. Working on scheduling Safer Futures.</p> <p>PCHD will work with trained organizations on updating policies and/or helping them create policies to include Safe Sleep practices.</p> <p>PCHD will continue to provide educational materials on Safe Sleep to be delivered to clients, customers, and patients.</p> <p>PCHD distributed 24 pack n' plays this quarter. PCHD will be using the safe sleep demonstration at health fairs, etc. to promote safe sleep practices and the Cribs for Kids program. A total 150 pack n' plays will be distributed by 9/30/17.</p> <p>PCHD has been working with a Safe Sleep Initiative group with JFS to provide safe sleep sacks and educational materials to UH Portage birthing center, WIC, and Children's Services. 150 packets have been distributed thus far... up to 600 mothers will receive.</p> <p>Bobbi (Catholic Charities): For parents with children 0 to 2 years of age who live in the home, provide safety kits with \$250 worth of home safety materials. Participants must be income eligible. Invited group suggestions for inclusions into these package provisions.</p> <p>7-18-17: Becky: Help Me Grow/Early Intervention was trained on safe sleep on 4/13/17. Coleman Pregnancy on 4/26/17. Children's Services (new staff), PCHD Children with Medical Handicaps staff, and PCHD Health Ed staff on 5/22/17. WIC on 5/30/17.</p> <p>A budget revision to ODH MCH grant was submitted in June to increase the amount of agencies being</p>

			<p>trained on Safe Sleep. Additional agencies will be identified pending approval.</p> <p>PCHD continues to work with trained organizations on policies including Safe Sleep practices, and continues to provide Safe Sleep educational materials for clients, customers, and patients. Heather Wuensch (Akron Children's Hospital) discussed issues and successes in working with agencies on safe sleep policies in Summit County, and expressed a willingness to share developed policies with PCHD.</p> <p>PCHD distributed 16 pack n' plays this quarter. Continues to use Safe Sleep demonstration at health fairs, etc. to promote Safe Sleep practices and the Cribs for Kids program.</p> <p>Laura (JFS) indicated that they received information from Summit County and are looking to implement a Safe Sleep checklist for serviced families to sign off on receipt of the education component.</p> <p>Becky shared the work of the Safe Sleep Initiative (with JFS, Children's Services, PCHD, and WIC) continues to distribute information packets and safe sleep sacks to patients delivering at UH Portage.</p> <p>10-10-17: Becky: Using ODH MCH grant dollars (grant ending September 30, 2107), distributed 141 pack n' plays, and provided 141 follow up calls to families receiving pack n' plays (to ensure the proper use of pack n' play, provide follow up education on ABC's of safe sleep, and provide referrals as needed to partnering agencies such as WIC, Coleman Pregnancy, Catholic Charities, etc.)</p> <p>Provided a total of 7 agency trainings on safe sleep. These agencies will provide education and pack n' plays (provided by PCHD) to identified individuals without a safe sleep environment for their baby. All seven agencies implemented a safe sleep protocol.</p> <p>Ali (PCHD) indicated that UH Portage continues to distribute safe sleep sacks and educational materials developed by the Safe Sleep Initiative at their birthing center, and she will be in contact to see if more are needed.</p> <p>Joe (PCHD) asked if UH Portage has been reporting distribution data for their baby box program. Becky will contact them for that information to share in future meetings.</p>
<p>Year 2: Train additional community members to serve as Safe Sleep ambassadors.</p> <p>Implement a community wide Safe Sleep campaign.</p>		July 1, 2018	
<p>Year 3: Work with Portage County Commissioners to create a resolution to ban bumper pad sales in Portage County.</p>		July 1, 2019	

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Injury Prevention

Action Step	Responsible Person/Agency	Timeline	Progress
Implement a Safe Kids Coalition			
Year 1: Research implementation of a Safe Kids Coalition.	Becky Lehman, Portage County Combined General Health District and Kim Trowbridge, Northeast Ohio Medical University	July 1, 2017	<p>1-10-17: Becky: With Ali (PCHD), met with Kim Trowbridge (NEOMED) on December 14, 2016 to discuss the feasibility of starting a Safe Kids Coalition in Portage County. There had been an established Safe Kids Coalition of Portage County in the past. Becky reached out to Safe Kids Worldwide and learned that Akron Children's Hospital is the lead agency for Safe Kids Ohio. Becky submitted application to them on 1-9-17 to establish a Safe Kids Coalition in Portage County. Anticipate results by next quarter CHIP meeting. Following approval, will ID appropriate members and create.</p> <p>4-11-17: Becky: Becky has begun the process of applying to become a Safe Kids Coalition. The contract has been reviewed by our prosecutors and is now back to Safe Kids legal department. The goal is to start a Safe Kids Coalition by next quarter.</p> <p>Kim, and Heather (Akron Children's Hospital): have participated in Safe Kids in Summit County. They built a PC chapter in the past, which disbanded; and now is organized as Safe Kids Worldwide, down to local coalitions. Heather shared that Safe Kids Worldwide is excited to see Ohio coalitions grow, especially when sharing injury data.</p> <p>Geared towards child safety; has expanded to include up to age 18. Focus areas have increased to encompass all safety issues, including button batteries, wheeled sports, teen safe driving, car seats, etc.</p> <p>Encourages working with partners involved with injury prevention. The Summit County coalition partners with General Motors, and car seat manufacturers. Working with local schools is up to the individual coalition.</p> <p>Sports injuries are up to #2 on list of child unintentional injuries, from #3.</p> <p>Funding related to Safe Kids programming may be available... for materials and/or programmatic components; not staff time. In general, dollars are limited, but materials can be provided. Safe Kids Coalitions can apply for other outside sources of funding under the "brand" of Safe Kids.</p> <p>Ali (PCHD): Received 116 bike helmets from the Put a Lid on It grant. Will be distributing them during a Bike Rodeo safety event on May 20th.</p> <p>7-18-17: Becky: Safe Kids Coalition contract was approved by PCHD Board of Health on 6/20/17. The final step is to have the contract signed by Safe Kids, and a final copy returned to PCHD. PCHD-signed copy was sent to Safe Kids on 6/22/17.</p>

			<p>Heather Trnka (Akron Children's Hospital) reiterated that the Portage County Safe Kids Coalition will operate as part of and under the umbrella of Safe Kids Worldwide, and discussed the benefits of such brand recognition and affiliation. Akron Children's Hospital is the home office of Safe Kids Ohio. She stressed that the focus is specific to reduction of unintentional injuries in children. Once the final contract is signed and returned, Heather will work with Becky on organizing who will be invited to participate on the Portage County Safe Kids Coalition, and how it will be set up and conducted.</p> <p>10-10-17: Becky: Safe Kids Coalition contract was signed by Safe Kids with a final copy sent to PCHD. Next steps will be to begin building the Safe Kids Coalition here in Portage County, meeting local needs as well as the goals and objectives of the statewide coalition. Plan to start Coalition building in December.</p> <p>Heather (Akron Children's Hospital): stated that the implementation of the Safe Kids Coalition will fit in nicely with activities currently being done by PCHD, and should assist in securing small grant funding for initiatives. Mission/vision/values is the first step in the process for the coalition.</p> <p>Kim: Has a very motivated student from NEOMED planning to conduct an assessment of Portage County school districts on what if anything they are currently doing regarding safe routes to school and/or bike safety. Will also include bussing questions and an assessment of police/fire departments for what they are currently doing on pedestrian/bike safety. This student and activity will also be assisting the Safe Kids Coalition in setting their goals and objectives with respect to the safe routes component of their plan.</p>
Year 2: Create a Safe Kids Coalition: include partnering agencies, (ex: Healthcare agencies, fire and police departments, county-wide agencies and organizations.)		July 1, 2018	
Year 3: Host at least 2 community events that offer community awareness and education on childhood injury prevention strategies.		July 1, 2019	

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Injury Prevention

Action Step	Responsible Person/Agency	Timeline	Progress
Implement Safe Routes to School			
<p>Year 1: Collect baseline data on current Safe Routes programs in Portage County. Gather information on what types of activities are offered, how many people attend the activities, how often activities take place, and location.</p> <p>Identify key stakeholders to collaborate and develop a plan to start or expand Safe Routes Programs. Develop program goals and an evaluation process for tracking outcomes.</p> <p>Look for funding sources to incentivize participation in the Safe Routes program.</p>	Kim Trowbridge, Northeast Ohio Medical University	July 1, 2017	<p>Kim provided email update, 1-12-17: No progress on collecting baseline data.</p> <p>Kim has identified key stakeholders as anyone involved in the Safe Kids Coalition (school boards, principals, safety coordinators, busing coordinators, local police and sheriff's departments, fire departments, PTA groups, local hospital, and crossing guard affiliates).</p> <p>Proposed funding sources to incentivize: Dairy Queen, McDonalds, and other places for free drinks, ice cream, and small fry incentive coupons. Local businesses with items such as magnets, pencils, book marks and the like for bags to give to walkers if events are held at schools. Lastly, T-shirt give-a-ways from local printing companies or small businesses.</p> <p>4-11-17: Kim: Had intended to begin collection of baseline data at this point, but due to loss of staff at NEOMED and associated time constraints, have not been able to begin data collection efforts. A student will be assisting in this process as a practicum project. Best time to do this is September.</p> <p>Hoping to do another graduate student project for the walkability and bikeability to schools survey program. GIS information to be reviewed as well for sidewalk issues, and mapping of good and problem areas to assess ease and safety of pathways to parks and schools.</p> <p>Thinking potentially one student to plan, and another to implement the October Walk to School Day. Safe Routes to School will be a county-wide plan... beginning with schools that have the most walking and biking students first and then branching out.</p> <p>Becky (PCHD) will provide Kim with the Washington Checklist baseline data done in 2008/09.</p> <p>Kim provided email update, 7-19-17: The student intended to begin work on this project this summer was not able to take courses. Intent is to start the project in August. May potentially have 2 students working on this project, with one doing the data collection for all of the schools, and the other conducting the walkability assessment. Kim hopes to have 2 students available for this during the fall semester, or at least one in the fall and another in the spring. Initial focus will be in prioritizing what data is most significant.</p> <p>10-10-17: Kim: Has a very motivated student from NEOMED planning to conduct an assessment of Portage County school districts on what if anything they are currently doing regarding safe routes to school and/or bike safety. Will also include busing questions and an assessment of police/fire</p>

			departments for what they are currently doing on pedestrian/bike safety. Will be conducting this assessment this fall. In the spring, plan to implement a program on pedestrian/bike/bus safety in 2 selected school districts.
<p>Year 2: Recruit individuals to serve as walking/biking leaders.</p> <p>Decide on the locations, walking routes and number of walking/biking groups.</p> <p>Link the walking/biking groups with existing organizations to increase participation. Consider faith-based organizations, schools, community-based organizations, and health care providers.</p> <p>Begin implementing the program with 1 new school district</p>		July 1, 2018	
<p>Year 3: Raise awareness and promote the Safe Routes programs.</p> <p>Evaluate program goals.</p> <p>Increase the number of Safe Routes programs by 25%</p>		July 1, 2019	
Expand the evidence based Fall Risk Reduction Program			
<p>Year 1: Research STEADI balance assessment tools.</p> <p>Determine best locations to hold the Matter of Balance program (ex: Senior Centers, churches, etc.)</p>	Ali Mitchell, Portage County Combined General Health District	July 1, 2017	<p>1-10-17: Ali: Has done some preliminary research on the STEADI program. It appears to be a program designed to be implemented by physicians via an assessment tool. Anne (PCHD) reported that UH Portage currently conducts a risk assessment for falls for every patient. Continued research will be conducted, including contacting the hospital and/or physicians' offices for additional info.</p> <p>Ali and Lynette (PCHD) are currently scheduling Streetsboro Senior Center for the Matter of Balance program.</p> <p>4-11-17: Ali: No new updates regarding researching of hospital or physician assessment tools.</p> <p>Ali and Lynette (PCHD) are scheduled to begin a Matter of Balance program at Prospect House in Ravenna (starting this week), and will be scheduling Maplewood Apartments in Streetsboro next in June or July. Both are low income housing for seniors.</p> <p>7-18-17: Becky (PCHD): Ali and Lynette (PCHD) completed the 8-week MOB class at Prospect House in Ravenna on 5/31/17. Maplewood Villas in Streetsboro class began 7/12/17.</p> <p>Lynette indicated that Nichols Woods in Ravenna just scheduled a new series to start the last week of September. (Had previously hosted MOB classes there April-June 2016.) She further highlighted the success of the program by indicating that 3 participants from the Prospect House program have continued to meet weekly to exercise together.</p> <p>Becky indicated that a list of potential MOB sites has been created and will be used to target locations to hold future MOB classes. Kyle (Kent City Health Department) offered to share a list of known prospective sites in Kent.</p> <p>Jackie (Sequoia Wellness) indicated that they will have 3 trained MOB coaches at the end of September, and will be establishing routine classes at the Sequoia facility. Becky shared that PCHD will add</p>

			<p>an additional MOB coach to their staff via this September training. Jackie further shared that balance assessments are included in Sequoia's exercise prescriptions.</p> <p>10-10-17: Ali: Has determined that the STEADI tools must be conducted by physicians' offices and cannot be implemented by PCHD. Plan to reach out to PCP offices in future regarding usage of the tools.</p> <p>PCHD completed MOB classes at Maplewood Villas in Streetsboro on 9/6/17. Began classes at Nichols Woods in Ravenna on 9/27/17. Is a repeat location. PCHD health educator Kim Plough was unable to attend September MOB coach training, but will be looking to receive this training when next available.</p> <p>Jackie (Sequoia Wellness) provided email update, 10-10-17: 3 Sequoia staff members completed the MOB Training program. Plan to offer 3 times in 2018 at Sequoia and the NEW Center on NEOMED campus.</p> <p>Joe (PCHD) suggested that Ali obtain information from the Falls Prevention Coalition regarding all entities' offerings of MOB and other such classes throughout Portage County, to share at future meetings.</p>
<p>Year 2: Work with physicians for referrals to Matter of Balance program.</p> <p>Increase number of Matter of Balance programs offered throughout the county.</p> <p>Pilot the STEADI assessments in at least one PCP office.</p>		July 1, 2018	
<p>Year 3: Implement STEADI assessments in at least 3 PCP offices.</p> <p>Continue to increase Matter of Balance program in multiple locations.</p>		July 1, 2019	
Expand the Child Passenger Safety Program			
<p>Year 1: Continue to implement the Car Seat Program at Portage County Health District.</p> <p>Continue to participate in the Ohio Buckles Buckeye program.</p> <p>Raise awareness of the program and the importance of car seat safety.</p> <p>Research additional funding to increase the number of available car seat technicians.</p>	<p>Ali Mitchell, Portage County Combined General Health District and Becky Lehman, Portage County Combined General Health District</p>	July 1, 2017	<p>1-10-17: Ali: PCHD continues to implement the car seat program where WIC income eligible clients receive a convertible or booster car seat when attend a car seat education class. 4 convertible and 1 booster seat was distributed in October, 4 convertible seats were distributed in November, and 5 convertible and 5 booster seats were distributed in December. PCHD held a car seat check event in November at the KSU Child Development Center. 16 car seats were checked/installed; 11 were installed incorrectly.</p> <p>OBB program provides 16 car seats to PCHD each half year.</p> <p>UH Portage hosted a child passenger safety technician course in the fall. They had 11 participants, none from Portage County. PCHD will work to have them host another class in 2017 and encourage community partners to have their staff trained as technicians.</p> <p>4-11-17: Ali: PCHD continues to implement the car seat program. 34 car seats were distributed January-March 2017.</p> <p>PCHD continues to participate in the OBB program.</p> <p>Car seat check events are scheduled for Portage Learning Centers on 5/11/17 and KSU Child</p>

			<p>Development Center on 6/20/17. Just ordered a vehicle topper tent so that we can conduct more car seat check events.</p> <p>PCHD is discussing with Rainbow Babies the possibility of hosting a car seat tech class here in Portage County. PCHD has been talking with Children's Services about the possibility of some of their staff being certified.</p> <p>7-18-17: Becky: PCHD continues to implement the car seat program. 43 car seats were distributed April-June 2017.</p> <p>PCHD continues to participate in the OBB program.</p> <p>Car seat events held: Portage Learning Centers 5/11, Fatherhood Event 6/17, KSU Child Development Center 6/20.</p> <p>Car seat education is provided at all health fairs that PCHD attends.</p> <p>UH Ahuja (Rainbow Babies) is holding a child passenger safety technician class at UH Portage on 9/8, 9/13, 9/15, and 9/16.</p> <p>PCHD will be sending new health educator Kim Plough to this training.</p> <p>10-10-17: Becky: 27 car seats were distributed July-September 2017.</p> <p>PCHD continues to implement OBB program, and continues to provide car seat education at all health fairs attended (including the PC Randolph Fair.)</p> <p>Car seat events were held on 7/22 at UH Portage and 9/16 at the Ravenna Walmart.</p> <p>UH Ahuja (Rainbow Babies) provided child passenger safety technician classes at UH Portage in September. PCHD Kim Plough became a certified car seat tech.</p> <p>PCHD has been working with Children's Services to train staff on car seat safety. They have implemented a policy mandating all home-visit staff attend the training.</p> <p>Heather (Akron Children's Hospital): Portage County is under Summit County OBB region 8 (now 6 counties), split from prior 15-county region 7. Will be monthly conference calls and hosted trainings. Is a coming initiative to support "transfer" of car seats when a county runs out, through the OBB/OPRC grant. Will have dedicated time availability of the OPRC technicians to assist with car seat check events.</p> <p>Joe (PCHD) discussed possibility of training law enforcement officers to identify car seat needs and offer referrals. Heather offered that a video exists to help train officers on car seat safety called Role Call.</p>
<p>Year 2: Continue efforts from year 1.</p> <p>Begin to offer open clinics once per month in addition to clinics made by appointment.</p>		July 1, 2018	
<p>Year 3: Continue efforts from year 2.</p> <p>Collaborate with other organizations to offer off-site car seat clinics in various locations of the community.</p>		July 1, 2019	

Portage County Community Health Improvement Plan Progress Report			
Increase Injury Prevention			
Action Step	Responsible Person/Agency	Timeline	Progress
Expand Activities of Safe Communities Fatal Crash Review			
<p>Year 1: Collaborate with county-wide partners to review fatal crash reports, identify trends, and recommend countermeasures to reduce preventable crashes and increase public awareness of Portage County traffic-related deaths through media releases.</p>	<p>Lynette Blasiman, Portage County Combined General Health District</p>	<p>July 1, 2017</p>	<p>1-10-17: Lynette: Final quarter 2016 had zero fatal crashes (First time in several years.) 2015 had 6 fatal crashes for the same quarter. In 2016 as a whole, there were 12 fatal crashes with 14 deaths. Of those 12 crashes, 50% were due to left of center, 33% drove off the roadways, and 42% were drug or alcohol related. 10 of the fatal crashes were at-fault male drivers between the ages of 20-74 and 2 were females ages 27 and 64. A media release highlighting these statistics and comparing 2015 vs 2016 trends will be sent out by 1-17-17.</p> <p>4-11-17: Lynette: There have been 0 fatal crashes in Portage County from January-March 2017. A media release was issued with this information.</p> <p>7-18-17: Lynette: Safe Communities is required to meet on a quarterly basis. Portage meets monthly on the first Monday of the month. Always well attended. Funded by the 3-year average of the number of fatal crashes. \$42,000 awarded this year. Grant dictates a minimum of 12 events per year. Per the grant, must hold quarterly meetings to review fatal crashes from that quarter. Had been since June 2016 without a fatal crash, but this past quarter from April to June Portage had 5 fatal crashes. A media release was issued on 7/11/17. Leading causes of death were failure to control and off roadways. In comparison, for 2 years in a row, left of center was the leading cause. Seatbelts were not worn in 3 of the crashes with a 4th unknown.</p> <p>10-10-17: Becky (PCHD): July 1-September 30, 3rd quarter 2017 had 4 fatal crashes. YTD fatal crashes for 2017 as of September 30th is 9. Fatal Review Board meeting is scheduled for 10/12/17 at 1:00 pm to review 3rd quarter crashes & trends. Media release to be submitted following the meeting.</p>
<p>Year 2: Continue efforts from year 1 to meet Fatal Crash Review Board requirements.</p>		<p>July 1, 2018</p>	
<p>Year 3: Continue efforts from years 1 and 2 to meet Fatal Crash Review Board requirements.</p>		<p>July 1, 2019</p>	

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Injury Prevention

Action Step	Responsible Person/Agency	Timeline	Progress
Expand Activities of Child Fatality Review			
Year 1: Collaborate with county-wide partners to review child fatality reports, identify trends, and recommend countermeasures to reduce preventable deaths and increase public awareness of Portage County child fatalities through media releases.	Rosemary Ferraro, Portage County Combined General Health District	July 1, 2017	<p>1-10-17: Rose and Anne (PCHD): There are 9 child deaths to review for the October-December 2016 quarter (2 of these were held over from the previous quarter). The meeting is scheduled for the end of January 2017. The goal of the review board is to determine if there are potential public health initiative(s) that could be implemented to reduce the number of child fatalities. Seeking to add a UH hospital representative to the committee. 90% of deaths reviewed in 2016 were children under the age of 1 year.</p> <p>4-11-17: Rose: Review meeting scheduled on May 2 for 4 cases from 2017 and 2 cases from 2016. UH Portage will be represented at the meeting...looking forward to discussion of the protocols and programs they have in place for pregnant women.</p> <p>Kim (NEOMED) asked about the "Centering Pregnancy" Program, and if there is one at UH Portage. Indicated Summa has one with 3 targeted curricula programs for low income pregnant women, pregnant women who are minorities and/or with other health disparities, and pregnant women who are addicted to heroin. She shared that they experience high rates of success due to social bonding and demonstrate higher physician visitation rates from participants. She said UH Portage had the program when it was Robinson Hospital. Rose will explore info at the May 2 meeting.</p> <p>7-18-17: Anne (PCHD): Is the CFRB Coordinator for Portage County. Last meeting was held 5/2/17. Reviewed 6 cases. Next meeting planned for September, with 6 to 7 child fatality cases to review thus far (1 car accident, 3 premature births, 1 SIDS investigation carried over from the previous quarter, and 2 congenital defects.) The 2016 annual report was completed in April 2017. There were a total of 17 child fatality cases reviewed in 2016.</p> <p>10-10-17: Rose: Had 6 child death cases last quarter; all less than one year of age. One identified as a SUID. The next meeting is planned for November, with 5 cases to review. Meeting attendance of the CFR Board has been steadily increasing.</p> <p>There was a recent article in the Akron Beacon Journal highlighting an increase of infants dying in Ohio.</p>
Year 2: Continue efforts from year 1 to meet Child Fatality Review Board requirements.		July 1, 2018	
Year 3: Continue efforts from years 1 and 2 to meet Child Fatality Review Board requirements.		July 1, 2019	

Portage County CHIP Injury Prevention Progress Report

Additional Meeting Notes:

1-10-17: PCHD partnered with the Portage County Safety Council to host a Winter Health and Safety Conference held at the Ravenna Elks on December 1, 2016. Presentations were given on cold and flu prevention (flu shots were offered), winter emergency preparedness, personal safety preparation for surviving winter weather, the importance of staying active, CO detectors, and practicing safe driving on winter roadways. The Ohio Bureau of Workers' Compensation also provided education on avoiding slips, trips, and falls.

7-18-17: Laura (JFS) will provide gun locks to PCHD to be distributed during the Portage County Randolph Fair.

**CHIP Report
January 2017
Karyn Hall and Joel Mowrey**

Priority #2 – Increase Mental Health Services

Action Step: Increase awareness and accessibility of available mental health services (Karyn)

Community Presentations: July 2016-Dec 2016

Note:

- 1) Six schools were educated on availability of MH services (see below)
- 2) Several presentations were used depending on the audience to educate about availability of MH services along with a material distribution
- 3) Mental Health and Recovery Board of Portage County has informational brochures that highlight organizations providing MH services

July	Crisis Intervention Team training for educators Week long class organized by Mental Health & Recovery Board. Staff from Portage School districts attended: Ravenna, Waterloo, Maplewood
July	Distributed information at KSU mini-health fair & UH Portage Health Safety Day
July	Presented to Start Talking Portage group on MHRB mental health & addiction treatments, services.
July	Met with Streetsboro School Counselors to review Red Flags and our programming offered
Aug	Presented Red Flags & MHRB overview to entire Ravenna City School District staff
Aug	MHRB quick overview at Township Trustees meeting
Aug	Randolph fair week, distributed MHRB materials
Aug	MHRB overview to Ravenna Kiwanis
Aug	Community Drug Awareness in Mantua – presented MHRB overview
Sept	Kent Rotary – presented MHRB overview
Sept	Democratic Women of Portage County – presented MHRB overview
Sept	Distributed information at Streetsboro health fair & Ravenna Balloon a-fair
Sept	Met with Southeast Middle School counselor to review Red Flags and our programming offered
Sept	Met with Field School counselor staff to review Red Flags and our programming offered
Sept	Met with State Representative Sarah LaTourette discuss MHRB and toured Townhall II
Sept	MHRB overview presentation to Portage County Senior Center
Sept	Community Drug Awareness in Hiram – presented MHRB overview
Oct	Community Drug Awareness in Atwater – presented MHRB overview

Oct	MHRB overview to Aurora Rotary
Oct	Crisis Intervention Team training: week long training for 17 police officer in Portage County
Oct	Distributed information at Aurora Community Showcase
Oct	Community Drug Awareness in Shalersville – presented MHRB overview
Oct	Met with State Representative Kathleen Clyde to discuss MHRB
Oct	Atwater presentation on drug awareness with MHRB overview
Oct	Distributed information at Rootstown Community Showcase
Nov	MHRB overview, depression awareness, Streetsboro Senior Center
Nov	Waterloo schools drug awareness panel, quick MHRB overview
Nov	MHRB presentation to Portage Leadership class
Nov	Mental Health presentation to Kent State criminal justice class
Dec	Met with Rootstown School counselors to review Red Flags and offered programs
Dec	Met with Streetsboro Elementary administrator to review MHRB & programs

Action Step: Increase the number of primary care physicians screening for depression during office visits (Joel)

- 1) To date, no baseline data has been collected on the number of primary care physicians that currently screen for depression. We need first to develop a list of primary care physicians in Portage County. Then we need to develop a very brief survey that asks each physician and/or practice if they are screening for depression, substance use disorders (priority 3), if they accept Medicaid to increase access (priority 4), and if they need materials on nutrition to prevent obesity (priority 1). If they are screening for depression and/or substance abuse, we need to ask if they will share their measures/questions. If not, would they be interested in piloting a screening measure in their practices.
- 2) Research screening tool: Current Ohio is providing free trainings on SBIRT (Screening, Brief Intervention and Referral to Treatment) that is a public health model for drug and alcohol screening. SBIRT has some recommended measures to use although most are focused on drug/alcohol. However, there are other screening tools for depression and suicide that could be added. We have at least one Portage county provider getting both basic SBIRT training and to become a SBIRT trainer. It is recommended that we wait until we get more information following this training. Of note, SBIRT can be billed to Medicaid

Action Step: Expand Evidence-based programs and counseling services targeting youth & families (Karyn)

- 1) Formed a Suicide Prevention & Youth Mental Health Education Committee to work on this action step. We are gathering information on each school district's current bullying, suicide prevention, and drug prevention programs. We will meet in February with our findings.

Members are:

Ashley Pruitt & DiAndra Gibson, Portage County Juvenile Court

Jennifer Browning, Ravenna School District

Chelsea Heim, Coleman

Mary McCracken, Children's Advantage

Sarah McCully, Townhall II

Joel Mowrey & Karyn Hall, Mental Health & Recovery Board

- 2) Red Flags continues to be implemented in Portage County schools (see list above)

Action Step: Provide Mental Health First Aid Trainings (Karyn)

Ashley Baden, Coleman Professional Services, is a certified MHFA trainer. The Mental Health & Recovery Board paid for her training in 2015. In 2015 and 2016 she has completed a total of 7 trainings with over 50 individuals now trained. Individuals receiving training are from Kent State (students and faculty), Coleman, Townhall II, Children's Advantage, and the Veteran's Administration.

From July-Dec 2016, one Mental Health First Aid Training was held with 13 attendees from Coleman Professional Services operations department.

Action Step: Increase awareness of trauma informed care (Joel)

For all Mental Health and Recovery Board of Portage County presentations in the community, trauma is mentioned as a majority cause and contributor to both mental health substance use disorder issues. All four contract agencies funded by the Board have been doing trauma trainings for clinical staff members and Children's Advantage has a specialized trauma clinic. The Board will continue to support agency staff obtaining additional trauma trainings.

Priority #3 – Decrease Substance Abuse

Action Step: Develop & implement a community based comprehensive plan to reduce alcohol & drug abuse (Joel)

- 1) An annual conference was held at NEOMED in October 2016 that was co-sponsored by the Portage County Health Department, Mental Health and Recovery Board of Portage County, and the Ohio Attorney Generals office.
- 2) The Portage Substance Abuse Community Coalition is actively discussing community awareness campaigns. WNIR has been contacted and a meeting will be held soon to see what awareness activities can be done with the local radio station. The Summit ADM Board is willing to have a meeting in 2017 to discuss mutual awareness campaigns that may include WKSU. Articles in the Record Courier are also being planned.
- 3) The Portage Substance Abuse Community Coalition has established three working committees (Prevention, Advocacy, and Treatment) that each have met twice.

Action Step: Increase treatment options for those with substance use disorders (Joel)

- 1) Townhall II has completed all physical renovations to its building and is getting close to opening a MAT clinic.
- 2) Coleman has a small Suboxone program for clients with both mental health and addiction issues and has recently increased its prescriptions of Vivitrol with an emphasis on individuals re-entering the community from the jail.
- 3) AxxessPointe is still planning to have a MAT program but needs to wait until it moves into a shared facility on Gougler Avenue with Family & Community Services.
- 4) UH Portage Medical Center opened in November 2016 a medical support service to treat people who are in active withdrawal that is individualized (e.g., abstinence, MAT). Summit Psychological Associates now has a Vivitrol program in their Ravenna offices.

Action Step: Increase the number of health care providers screening for drugs and alcohol (Joel)

- 1) To date, no baseline data has been collected on the number of health care providers that currently screen for drugs/alcohol. We need first to develop a list of primary care physicians in Portage County. Then we need to develop a very brief survey that asks each physician and/or practice if they are screening for depression (priority 2), substance use disorders (priority 3), if they accept Medicaid to increase access (priority 4), and if they need materials on nutrition to prevent obesity (priority 1). If they are screening for depression and/or substance abuse, we need to ask if they will share their measures/questions. If not, would they be interested in piloting a standardized screening measure in their practices.
- 2) Research screening tool: Current Ohio is providing free trainings on SBIRT (Screening, Brief Intervention and Referral to Treatment) that is a standardized national tool. We have at least one Portage county provider getting both basic SBIRT training and to become a SBIRT trainer.

Action Step: Advocate for substance abuse and criminal justice issues (Joel)

- 1) Through the newly formed Advocacy Committee with the Portage Substance Abuse Community Coalition, the plan is to organize methods for sharing information and call in/email campaigns to legislators. Joel and Karyn will be attending a "Legislators Day" in Columbus on 1/31/17 to meet

with local state representatives and senator to discuss the impact of substance use disorders in Portage County.

- 2) Portage currently has a certified Mental Health Specialized Docket in Portage County and any day will have a certified Specialized Drug Court. Coleman is actively involved in both courts to provide treatment for people to keep them from becoming re-incarcerated.
- 3) There is a proposal at the state level to only “suspend” and not terminate Medicaid coverage for people who become incarcerated. This will greatly help people re-instate their Medicaid coverage upon release from jail/prison and get immediate treatment rather than needing to wait for a month or more to get coverage for health services. Ultimate goal is to have Medicaid pay for treatment services in the jail but this is a much larger issue to achieve and involves the federal government with its rules and regulations.

Action Step: Implement and increase prevention programs (Karyn)

We formed a Prevention Committee of the Portage Substance Abuse Community Coalition and are working on these action steps that are outlined in the CHIP and other projects.

Members:

Alyce Jennings, Community; Becky Lehman, PCHD; Cathi Rufener, JFS; Frank Hairston, community; Gene Mills, MHRB; Greg McNeil, Cover2Resources; Jamie Sitko, MHRB; Joel Mowrey, MHRB; Karyn Hall, MHRB; Carly Frey, Kent Schools; Mim Cherrie, community; Sarah McCully, Townhall II; Peggy Chaffins, community; Susie Forgacs, PCHD; Susan White, Randolph Trustee; Thomas Romick, community.

The Prevention team at Townhall II and Karyn Hall at the Mental Health & Recovery Board are informing districts of our programming we offer free to the schools (funded by MHRB). We have added school districts and grade levels receiving the programming this year, and expect to schedule several more for spring 2017.

List of schools participating in Too Good for Drugs and/or Project Alert for 2016-2017:

Crestwood: K Safetyland – Too Good for Drugs

Garfield: K & 3rd grade – Too Good for Drugs

Kent: 6th grade – Project Alert

Ravenna: K, 1, 3, 5 - Too Good for Drugs; 6th – Project Alert

Rootstown: 1st - Too Good for Drugs

Streetsboro: 3rd - Too Good for Drugs; 8th – Project Alert

Waterloo: K - Too Good for Drugs

Family Programs with Townhall II: Townhall II currently offers these programs for families.

Family Addiction Series: A 5 week free course to provide education and support for the family members and loved ones (adults and children) of individuals recovering from, or living with, addiction. Held at Townhall II in spring, summer, and fall.

Families First: A 6 week free course for families that focuses on appropriate parenting skill building such as positive discipline techniques, problem solving, self-esteem building, and understanding of child development, however there will also be an entire session devoted to substance abuse and misuse and the child groups will be doing the Too Good for Drugs after school curriculum each evening. The families will

engage in a free family dinner and family activity before the sessions begin to enforce family togetherness. The class was held in Aurora Craddock School in fall 2016 and will be held in Hiram during the spring 2017.

Upcoming events:

Hidden in Plain Sight, January 18 in Crestwood (hosted by Start Talking Portage)

Community Drug Awareness with Project Dawn Distribution, Feb 11 at NEOMED

Action step: Implement and increase harm reduction initiatives (Karyn)

Promoting the drug drop off locations: The committee divided up the pharmacies in Portage County and are dropping off our Prescription Medication Drop Off Boxes list and information cards. These cards should all be distributed by the end of January.

**CHIP Report
April 2017
Karyn Hall – Mental Health & Recovery Board of Portage County**

Priority #2 – Increase Mental Health Services

Action Step: Increase awareness and accessibility of available mental health services (Karyn)

Summary: Met with three school districts to review mental health programming & services. Provided training to Streetsboro School District Aides and to Streetsboro Fire Department Staff.

Community Presentations/Meetings/Trainings: Jan 2017 – Mar 2017

- | | |
|-----|--|
| Jan | Met with representative from Atwater Fire Department and gave Mental Health Services and Addiction Recovery services brochures |
| | Material distribution at Hidden in Plain Sight event in Mantua |
| | MHRB & all agencies presented information to the newly created case manager division at Job & Family Services |
| Feb | Met with three groups of Kent State students working on projects focusing on suicide prevention |
| | Community Awareness Event – focused on substance abuse disorder but also highlighting mental health services |
| | Trained all shifts of Streetsboro Fire Department responders on mental health & addiction services |
| | Distributed materials at regional conference for school employees & parents (State Support Team Region 8) |
| | Met with James A Garfield School counselors to introduce Red Flags & strategies |
| | Met with Streetsboro Student Services Director to review mental health youth services & programs |
| | Trained Streetsboro Aides in mental health (3 part series) |
| Mar | Distributed materials at Youth Leadership training – Portage County high school students |
| | Met with Aurora City Schools curriculum director about mental health & drug prevention programs |
| | Met with Windham High School principal and student group about mental health & drug prevention programs and services in Portage County |

Action Step: Expand Evidence-based programs and counseling services targeting youth & families (Karyn)

Suicide Prevention & Youth Mental Health Education Committee met in February and reported on the information gathered from the school districts regarding their bullying policy/programs, suicide prevention, and drug prevention programs.

Action Step: Provide Mental Health First Aid Trainings (Karyn)

MHFA trainings: Coleman staff (March 22 & 29), 6 individuals trained
Kathy Myers, another Coleman employee, was trained as a trainer for MHFA Youth
Ashley Baden (MHFA trainer at Coleman) and Jeff Futo, police officer with Kent State Police met about upcoming MHFA for Public Safety class

Priority #3 – Decrease Substance Abuse**Action Step: Implement and increase prevention programs (Karyn)**

Added a grade level to receive Too Good for Drugs in Streetsboro this (kindergarten)

Presented the drug prevention program information to the Aurora City Schools Curriculum director and Windham Middle/High School principal.

Sarah McCully, Townhall II, presented the need for more funding to add additional prevention personnel to the Sales & Use Tax Advisory committee. UH Portage Hospitals proposed a drug education program for the schools, *Brain Power* and *The Brain*.

Attended *Drug Free Clubs* Workshop

Townhall II is working with the City of Kent to hold a Youth Empowerment Summer Camp for children ages 10-14. It will include drug prevention and lifeskills.

Action step: Implement and increase harm reduction initiatives (Karyn)

The Prevention committee distributed cards listing the Medication Drop Off Box locations to all the pharmacies in Portage County. These cards and the Deterra Pouches were also highlighted at the February Community Awareness event in Rootstown to an audience of over 100 people.

Townhall II: Alcohol and Drug Prevention Program Report for April 12, 2017

Sarah McCully – Townhall II

CHIP Priority #3 – Decrease Substance Abuse

At the time of our semiannual report, which captured the time frame of July 1, 2016 through December 31, 2016, we served 2, 491 Portage County students with a combination of Too Good for Drugs (K – 5), Project Alert (6 – 8), and Life Skills (high school). Too Good for Drugs has served the majority of these students (1, 570), Project Alert has served 659 students and Life Skills has served 162 students. The grade level that is receiving the most requests is currently the 3rd grade. Kindergarten is the second most requested grade followed by middle school, 1st grade, and 5th grade. The 2nd, 4th and high school grades are receiving the least amounts of requests. These numbers also reflect 2 after school Too Good for Drugs programs that were done in Aurora during the Families First program.

The schools that have been served to date with classroom instruction include Kent, Ravenna, James A. Garfield, Rootstown, Waterloo, Streetsboro and Crestwood. Crestwood Kindergarten received Too Good for Drugs for the first 2 weeks of school as part of their Safety Town education.

Schools on the schedule for May that are not listed above include Field Middle School and Mogador's 6th grade. We are continuing to serve Ravenna throughout the remainder of the school year as they have asked for nearly all of their grade levels to be served this year and we still have several elementary schools that we need to complete. We have new classes at Stanton, James A. Garfield and Streetsboro that will also be served this spring. April is a bit slower due to testing but May is packed with programming.

The guidance counselor at Katherine Thomas Elementary in Windham was to have individual teachers schedule Too Good with us this year. The teachers never scheduled, so Windham will not be served this year at the elementary level. Windham Middle School expressed some interest, so our specialists did reach out to the middle school personnel. It is possible that those students will receive Project Alert.

The Townhall II Youth Empowerment Summer Camp (TYES) is set to start June 5th. This camp is being held in conjunction with Kent Parks and Recreation and will be held at Davey Elementary School. This is an AoD Education and Life Skills summer camp that will serve pre-teens and teens 10-14 Years old. This will be a pilot run. The dates for the camp are June 5-July 21 from 7:45am-3:00pm. The program length is 6 weeks with approximately 3 field trips. The sessions are as follows:

Session 1: June 5-16, 2017- AoD Education (Project Alert)

Session 2: June 19-29, 2017 - Recreational Therapy (Students will learn from a Certified Recreational Therapist who will introduce them to gardening, journaling, scrapbooking, art, and other healthy alternatives to substance use)

Session 3: July 10-21, 2017 - Life-Skills Education (Students will learn how to interview for jobs as well as how to be a valuable employee. Students will also learn how to manage money and balance a check book.)

July 2017

Natalie Caine-Bish – KSU Center for Nutritional Outreach

**Findings from the Current County Child Physical Activity and Nutrition
Assessment Project and CHIP Progress Overview**

1. Physical Activity and Nutrition Needs Assessment Ongoing for Maternal and Child Health Grant
 - Important Findings from the Assessment:
 - 21% of children between the ages of 6-11 categorized as obese in Portage County
 - Only 45% of children 6-11 years old were physically active 5 days per week
 - Child Food Insecurity Rate in Portage County is 23.2% (State of Ohio rate is 14.8%)
 - But.....
 - Rate of Fast Food Availability above state average (.11 per 1000 residents for Portage County versus .18 for the state of Ohio)
 - Rate of Farmer's Market Availability below state average (.019 per 1000 residents for Portage County versus .034 for the state of Ohio)
 - WIC redemption and SNAP redemption sites below state average (.57 per 1000 residents for Portage County versus .74 for the state of Ohio)
 - No current funding for nutrition and physical activity **programming** at the local level

This data demonstrates the perfect storm for continued and progressive childhood obesity.

2. Continuation Application for Maternal and Child Health Grant
 - Grant Proposal submitted for monies in the following areas:
 - MightyPack program-food distribution through schools and community centers during the school year to children to bridge the gap of the National School Lunch Program. Proposed 100 bags/week for approximately 38 weeks/year.
 - Healthy Kids Running Series-will begin September 17th for 5 weeks. Races for children 12 and under will be organized with educational and community health engagement opportunities for parents each week at the races.
 - Working to establish partnerships with WIC and SNAP offices to improve redemption rates.

The grant will not fund nutrition and physical activity programs that were previously funded.

3. CHIP progress report for areas Natalie Caine-Bish is responsible for:
- Created Coalition for the Maternal Child Health grant. Emails went out to CHIP participants for volunteers to the coalition. Coalition met in May and June to work to create an action plan for CHIP that coincides with available funding through ODH Maternal and Child Health RFP. **Next meeting Thursday, August 3, 9am at the KSU Nixon Hall conference room.** Currently, volunteer membership include:
 - Natalie Caine-Bish, KSU Nutrition
 - Amy Cooper, Portage County WIC
 - Karen Towne, Portage County Combined Health District
 - Becky Lehman, Portage County Combined Health District
 - Kellijo Jeffereis, Portage County Job and Family Services
 - Christine Craycroft, Portage Park District
 - Andrea Metzler, Portage Park District
 - Providing the 5-week long Health Kids Running Series beginning September 17th.
 - Nutrition and physical activity toolkits are available for printing, but there is no funding. **Cost 100 Toolkits=\$1200**
4. Programming previously offered to Portage County, but funding is currently not available.
- Munch Bunch Program: Fruit and Vegetable Education during lunch time at local schools. 1x/wk for 10 weeks for 500 kids/school=\$500. Includes incentives, educational materials, and management of program.
 - KIDS Camp: Free 10 week dietitian led weight management program for overweight and obese children and their families=\$1,000/10 week session. Included 1 dietitian's time & program materials including food for cooking. Typical cost of programming weekly insurance co-pay or \$500 out of pocket expense.
 - Kids in the Kitchen: Dietitian led family cooking and nutrition education program. \$150 per session-each session has approximately 20-30 people enrolled. Includes dietitian's time, food cost for cooking and nutrition education materials. Typical cooking program cost per person is approximately \$50.
 - Individual Nutrition Services: Services for families with children with nutritional issues that cannot be solved in other group programming initiatives. \$25/hr. Patients are seen for 1hr for the 1st appt. Follow-up appointment are ½ hr. Typical cost of dietitian services is \$100+/hr.
 - 4321 Physical Activity/Nutrition communication campaign through schools. Approximately \$25/classroom. Includes poster's, educational materials for classroom, and incentives.

CHIP Report • July 2017
Karyn Hall – Mental Health & Recovery Board of Portage County
Priority #2 – Increase Mental Health Services

Action Step: Increase awareness and accessibility of available mental health services

Summary: Met with employees of two school districts to review mental health programming & services. Reached school counselors, children's mental health professionals, and parents with information concerning youth suicide and discussing the Netflix series "Thirteen Reasons Why" Promoted the Crisis Text Line 741741 to youth and general public.

Community Presentations/Meetings/Trainings: Apr 2017-Jun 2017

Apr Met with Windham Middle & High School counselor to review our programs & services

 Created and distributed information on talking to youth about the TV series "13 Reasons Why" to all Portage County school counselors and children mental health agencies and social media

 Participated in health fairs at Hiram College, Skeels Community Center, Brown Middle School

 Completed 3 part series of mental health training for Streetsboro school aides

May Mental health month: ads ran in Record Courier, display at the Streetsboro library

 Participated in health fairs at Windham Schools, Senior Celebration

 Mental health & drug awareness presentation to 9th grade students in Streetsboro health classes

Jun Advising Streetsboro teacher this summer on graduate class on mental health for his elementary school

Action Step: Increase the number of primary care physicians screening for depression during office visits.

No baseline data has been collected. Local staff (Family & Community Services) received SBIRT training.

Steering committee needs to discuss and plan this action step in coordination with the other CHIP priorities and with UH, AxxessPointe, and the VA.

Action Step: Expand Evidence-based programs and counseling services targeting youth & families

Suicide Prevention & Youth Mental Health Education Committee met in May. We researched many programs and decided to focus on Red Flags, Lifeskills, PBIS, & Start with Hello. We are still looking into PAX.

Action Step: Provide Mental Health First Aid Trainings

No trainings provided during April-Jun 2017.

Action Step: Increase awareness of trauma informed care

Nicole Bartlett presented two trauma trainings at JDC - one for probation officers and one for the detention staff. She made three trauma presentations at the jail for correction officers.

CHIP Report • July 2017
Karyn Hall – Mental Health & Recovery Board of Portage County
Priority #3 – Decrease Substance Abuse

Action Step: Develop & implement a community based comprehensive plan to reduce alcohol & drugs.

Coalition Conference is currently planned. It will be held Oct 31 at NEOMED from 1-5pm.

Community Awareness events:

Apr Presentations with Project Dawn held in Aurora & Streetsboro

 Presentation to senior residents of Nichols Woods

 Hidden in Plain Sight in Hiram

May Presentations with Project Dawn held in Ravenna

 Presentation at Beta Sorosis group luncheon

 Steps of Change – Awareness event by OhioCAN held in Ravenna

Jun Attendance at Ohio's Opiate Conference in Columbus

 Presentations with Project Dawn held in Randolph

Action Step: Increase treatment options for those with substance use disorder

Applying for a grant with the state to expand MAT with Coleman & Townhall II and add recovery coaches to work with the agencies and UH Portage. Coleman is currently planning to expand their program, AxessPointe is on hold, and Townhall II/Comquest should open soon.

Action Step: Implement and increase prevention programs

Numbers from Townhall II's Too Good for Drugs, Project Alert, & Lifeskills from the 2016/2017 school year. The previous school year numbers are included as well to show the increase.

2015/2016: 1,559 students

Aurora = 3rd

Crestwood = K, 3rd

Field = 6th

Garfield = K, 3rd, 6th

Kent = 6th

Mogadore = 6th

Streetsboro = 3rd

Waterloo = K

Windham = 3rd

2016/2017: 3,143 students

Crestwood = K

Field = 6th

Garfield = K, 3rd, 6th, 7th, 8th

Kent = 6th

Mogadore = 6th

Ravenna = K, 1st, 3rd, 5th, 6th, 7th, 8th, 10th

Rootstown = 1st

Streetsboro = K, 3rd, 8th

Waterloo = K, 1st, 8th

Action step: Increase the number of health care providers screening for drugs and alcohol

No baseline data has been collected. Local staff (Family & Community Services) received SBIRT training.

Steering committee needs to discuss and plan this action step in coordination with the other CHIP priorities and with UH, AxessPointe, and the VA.

Action step: Advocate for substance abuse and criminal justice issue

The Advocacy Committee of the Portage County Substance Abuse Community Coalition has been advocating for Medicaid funding at the state and national levels through email and phone campaigns.

Action step: Implement and increase harm reduction initiatives

Add Quick Response Teams to Year 2.